

05/17/19 **ARNOLD CLASSIC 2019 - Classic Women - Powerlifting**

Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/Cls/Event	IPF Points	Events Entered	Best Lifter
Lightweight																								
Aimee Grefen	RSA	F-LW-U	51.25	52	1	2003	FCP	80.0	85.0	87.5	87.5	30.0	35.0	40.0	40.0	90.0	100.0	110.0	110.0	237.5	1/F-LW-U//PL	444.74	PL	
Middleweight																								
Joan Swart	RSA	F-MW-U	60.10	63	4	1965	FCP	60.0	-70.0	70.0	70.0	50.0	55.0	-57.5	55.0	115.0	125.0	-135.0	125.0	250.0	1/F-MW-U//PL	436.69	PL	
Juliet Molife	ZIM	F-MW-U	56.05	57	12	2003	FCP	72.5	77.5	82.5	82.5	32.5	35.0	37.5	37.5	80.0	87.5	95.0	95.0	215.0	2/F-MW-U//PL	383.41	PL	
Heavyweight																								
Olivia Perotti	RSA	F-HW-U	70.25	72	10	1989	FCP	155.0	162.5	-167.5	162.5	77.5	82.5	87.0	87.0	150.0	162.5	170.0	170.0	419.5	1/F-HW-U//PL	692.45	PL	1
Lauren Norton	RSA	F-HW-U	108.55	84+	14	1989	FCP	160.0	-170.0	-180.0	160.0	100.0	110.0	115.0	115.0	170.0	190.0	-207.5	190.0	465.0	2/F-HW-U//PL	641.95	PL	2
Jozanne Hartzer	RSA	F-HW-U	70.65	72	9	1987	FCP	115.0	120.0	-125.0	120.0	55.0	60.0	-62.5	60.0	130.0	140.0	150.0	150.0	330.0	3/F-HW-U//PL	541.89	PL	3
Audrey Svongwa	ZIM	F-HW-U	71.15	72	8	1986	FCP	87.5	92.5	97.5	97.5	62.5	65.0	67.5	67.5	105.0	115.0	122.5	122.5	287.5	4/F-HW-U//PL	469.90	PL	
Linda Rubin	RSA	F-HW-U	76.85	84	11	1964	FCP	65.0	75.0	-80.0	75.0	45.0	50.0	-52.5	50.0	90.0	100.0	107.5	107.5	232.5	5/F-HW-U//PL	368.68	PL	

05/17/19 **ARNOLD CLASSIC 2019 - Classic Women - Bench Press**

Name	Team	Div	Bwt - kg	IPF Wt Cls	69	Birth Year	IPF Pts Code					BP-1	BP-2	BP-3	Best BP					Best BP	PI/Div/Cls/Event	IPF Points	Events Entered	Best Lifter
Middleweight																								
Megan Leighton	RSA	F-MW-U	58.15	63	3	1996	FCB					62.5	67.5	70.0	70.0					70.0	1/F-MW-U//BP	590.52	BP	2
Heavyweight																								
Christi de Jager	RSA	F-HW-U	96.55	84+	13	1986	FCB					90.0	95.0	-100.0	95.0					95.0	1/F-HW-U//BP	645.56	BP	1

Left Referee

Chief Referee

Right Referee

05/18/19 **ARNOLD CLASSIC 2019 - Classic Men - Powerlifting**

Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/Cl/Event	IPF Points	Events Entered	Best Lifter
Middleweight																								
Abdel Sanni	BEN	M-MW-U	79.60	83	47	1988	MCP	215.0	-225.0	-225.0	215.0	130.0	140.0	147.5	147.5	240.0	260.0	275.0	275.0	637.5	1/M-MW-U//PL	657.82	PL	2
Marcel Vorster	RSA	M-MW-U	69.60	74	41	1994	MCP	200.0	210.0	-215.0	210.0	130.0	137.5	-142.5	137.5	200.0	-210.0	-210.0	200.0	547.5	2/M-MW-U//PL	610.78	PL	
Bandile Khuzwayo	RSA	M-MW-U	82.55	83	46	1990	MCP	190.0	-210.0	-210.0	190.0	117.5	125.0	-132.5	125.0	235.0	245.0	255.0	255.0	570.0	3/M-MW-U//PL	564.56	PL	
Cameron Crawford	RSA	M-MW-U	78.30	83	50	1998	MCP	-175.0	175.0	185.0	185.0	115.0	-120.0	-120.0	115.0	210.0	220.0	-225.0	220.0	520.0	4/M-MW-U//PL	527.18	PL	
Tinotenda Masaite	ZIM	M-MW-U	71.35	74	44	1998	MCP	140.0	147.5	155.0	155.0	95.0	102.5	107.5	107.5	150.0	160.0	175.0	175.0	437.5	5/M-MW-U//PL	461.85	PL	
Tommie de Nysschen	RSA	M-MW-U	81.20	83	48	1963	MCP	120.0	130.0	0.0	130.0	121.0	125.0	127.5	127.5	130.0	145.0	155.0	155.0	412.5	6/M-MW-U//PL	389.87	PL	
Gavin Stanley	RSA	M-MW-U	69.90	74	42	2003	MCP	100.0	110.0	120.0	120.0	70.0	75.0	77.5	77.5	125.0	137.5	150.0	150.0	347.5	7/M-MW-U//PL	355.37	PL	
Heavyweight																								
Jean-Arthur Pretorius	RSA	M-HW-U	88.20	93	51	1992	MCP	210.0	220.0	230.0	230.0	152.5	157.5	162.5	162.5	280.0	-295.0	-295.0	280.0	672.5	1/M-HW-U//PL	651.81	PL	3
Archie Ayekpa	RSA	M-HW-U	90.80	93	53	1985	MCP	207.5	220.0	227.5	227.5	145.0	155.0	160.0	160.0	240.0	260.0	0.0	260.0	647.5	2/M-HW-U//PL	612.63	PL	
Ashley Beyers	RSA	M-HW-U	87.95	93	52	1990	MCP	170.0	180.0	190.0	190.0	105.0	110.0	-120.0	110.0	180.0	200.0	-220.0	200.0	500.0	3/M-HW-U//PL	463.78	PL	
SuperHeavyweight																								
Francois Maritz	RSA	M-SH-U	118.40	120	61	1993	MCP	300.0	310.0	320.0	320.0	200.0	210.0	215.0	215.0	300.0	315.0	-325.0	315.0	850.0	1/M-SH-U//PL	709.98	PL	1
Fezan Tiana Gustave	IVC	M-SH-U	120.70	120+	59	1988	MCP	260.0	280.0	-300.0	280.0	200.0	-210.0	-210.0	200.0	-250.0	250.0	300.0	300.0	780.0	2/M-SH-U//PL	637.64	PL	
Geoffroy Borri Quantchi	IVC	M-SH-U	107.10	120	58	1989	MCP	230.0	240.0	250.0	250.0	165.0	170.0	180.0	180.0	235.0	250.0	280.0	280.0	710.0	3/M-SH-U//PL	613.92	PL	
Denis Bensch	RSA	M-SH-U	115.10	120	60	1965	MCP	175.0	185.0	195.0	195.0	115.0	122.5	130.0	130.0	190.0	210.0	220.0	220.0	545.0	4/M-SH-U//PL	432.12	PL	

05/18/19 **ARNOLD CLASSIC 2019 - Classic Men - Bench Press**

Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code					BP-1	BP-2	BP-3	Best BP					Best BP	PI/Div/Cl/Event	IPF Points	Events Entered	Best Lifter
Lightweight																								
Diamoutene Alidou	IVC	M-LW-U	58.90	59	68	1977	MCB					140.0	165.0	-172.5	165.0					165.0	1/M-LW-U//BP	887.03	BP	1
Middleweight																								
Abdel Sanni	BEN	M-MW-U	79.60	83	47	1988	MCB					130.0	140.0	147.5	147.5					147.5	1/M-MW-U//BP	618.20	BP	3
SuperHeavyweight																								
Ian Furman	RSA	M-SH-U	120.00	120	62	1967	MCB					185.0	190.0	-195.0	190.0					190.0	1/M-SH-U//BP	613.29	BP	2

05/19/19 **ARNOLD CLASSIC 2019 - Equipped Men - Powerlifting**

Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code					BP-1	BP-2	BP-3	Best BP					Best BP	PI/Div/Cls/Event	IPF Points	Events Entered	Best Lifter
Heavyweight																								
Adrian Smith	RSA	M-HW	96.90	105	72	1995	MEP	240.0	260.0	275.0	275.0	185.0	200.0	-205.0	200.0	215.0	230.0	240.0	240.0	715.0	1/M-HW//PL	544.47	PL	2
Christo Schoonraad	RSA	M-HW	102.95	105	75	1963	MEP	250.0	-260.0	-262.5	250.0	175.0	180.0	187.5	187.5	245.0	260.0	267.5	267.5	705.0	2/M-HW//PL	520.90	PL	3
SuperHeavyweight																								
Kyle Noonan	RSA	M-SH	125.05	120+	77	1990	MEP	335.0	-345.0	0.0	335.0	-225.0	-225.0	225.0	225.0	310.0	-330.0	0.0	310.0	870.0	1/M-SH//PL	572.69	PL	1

05/19/19 **ARNOLD CLASSIC 2019 - Equipped Men - Bench Press**

Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code					BP-1	BP-2	BP-3	Best BP					Best BP	PI/Div/Cls/Event	IPF Points	Events Entered	Best Lifter
Heavyweight																								
Adrian Smith	RSA	M-HW	96.90	105	72	1995	MEP					185.0	200.0	-205.0	200.0					200.0	1/M-HW//PL	559.06	BP	2
Christo Schoonraad	RSA	M-HW	102.95	105	75	1963	MEB					175.0	180.0	187.5	187.5					187.5	2/M-HW//BP	516.18	BP	3
SuperHeavyweight																								
Ian Furman	RSA	M-SH	119.60	120	78	1967	MEB					225.0	230.0	235.0	235.0					235.0	1/M-SH//BP	563.34	BP	1

05/19/19 **ARNOLD CLASSIC 2019 - Equipped Women - Powerlifting**

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Heavyweight																								
Jacqui Rees	RSA	F-HW	94.55	84+	66	1980	FEP	150.0	167.5	180.0	180.0	100.0	-107.5	107.5	107.5	150.0	165.0	175.0	175.0	462.5	1/F-HW//PL	529.46	PL	1
Christi de Jager	RSA	F-HW	96.25	84+	67	1986	FEP	90.0	155.0	-170.0	155.0	137.5	-145.0	150.0	150.0	140.0	150.0	160.0	160.0	465.0	2/F-HW//PL	528.65	PL	2

05/19/19 **ARNOLD CLASSIC 2019 - Equipped Women - Bench Press**

Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code					BP-1	BP-2	BP-3	Best BP					Best BP	PI/Div/Cls/Event	IPF Points	Events Entered	Best Lifter
Middleweight																								
Megan Leighton	RSA	F-MW	58.45	63	64	1996	FEB					95.0	-100.5	100.5	100.5					100.5	1/F-MW//BP	592.76	BP	2
Joan Swart	RSA	F-MW	60.35	63	65	1965	FEB					-67.5	-67.5	-67.5	0.0					0.0		0.00	BP	
Heavyweight																								
Christi de Jager	RSA	F-HW	96.25	84+	67	1986	FEB					137.5	-145.0	150.0	150.0					150.0	1/F-HW//BP	629.87	BP	1
Jacqui Rees	RSA	F-HW	94.55	84+	66	1980	FEB					100.0	-107.5	107.5	107.5					107.5	2/F-HW//BP	521.87	BP	3