

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Du Preez Fanie

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Master 1 Men - 120+kg
With a Total of **155.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Furman Ian

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Master 2 Men - 120+kg
With a Total of **200.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Horn Malone

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Master 1 Men - 120kg
With a Total of **200.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Van Wyk Craig

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Master 2 Men - 120kg
With a Total of **180.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Bucarizza Benedict
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Open Men - 120kg
With a Total of **232.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Bester Pieter

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Bench Press - Open Men - 120kg

With a Total of **205.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Bruce JC

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Master 2 Men - 66kg
With a Total of **85.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Van Der Linde Glen
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Master 1 Men - 74kg
With a Total of **112.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
De Nysschen Tommie
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Master 2 Men - 74kg
With a Total of **110.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Kuhn Wynand

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - SubJunior Men - 74kg
With a Total of **97.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Fitzpatrick Ricardo
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Open Men - 83kg
With a Total of **172.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Jacobsz David

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Bench Press - Open Men - 93kg

With a Total of **165.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Page Jorncy

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the

Classic Bench Press - Master 1 Men - 93kg

With a Total of **145.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Enslin Kirsten

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Open Women - 47kg
With a Total of **57.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Harding Patricia

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Bench Press - SubJunior Women - 47kg

With a Total of **35.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Parker Susan

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Master 1 Women - 52kg
With a Total of **52.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Katz Lauren

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Bench Press - Open Women - 57kg
With a Total of **65.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Poxon Caitlín

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Bench Press - SubJunior Women - 63kg

With a Total of **60.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Basson Lisa

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Bench Press - Open Women - 63kg
With a Total of **80.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Petersen Claire

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Bench Press - Master 2 Women - 72kg

With a Total of **57.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Norton Lauren

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Open Women - 84+kg
With a Total of **102.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Cruz Lizelle

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Bench Press - Master 1 Women - 84kg

With a Total of **115.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

De Jager Christi

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - Open Women - 84kg
With a Total of **85.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Rautenbach Jelhandri
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Bench Press - SubJunior Women - 84kg
With a Total of **75.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Bosman Terence

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Junior Men - 105kg
With a Total of **690.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

De Wet Henk

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 1 Men - 105kg
With a Total of **655.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Schoonraad Christo
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 2 Men - 105kg
With a Total of **625.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Young Colin

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 3 Men - 105kg
With a Total of **538.0kg**

RICHARD PARKER

President CPF

BILL YOUN

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

De Bruin Johann

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - Open Men - 105kg

With a Total of **715.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Haupt Burton

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 2 Men - 120+kg
With a Total of **595.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Kruger Johan

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 2 Men - 120kg
With a Total of **522.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Ludik Andre

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 3 Men - 120kg
With a Total of **477.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Faku Madikane

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Powerlifting - Master 1 Men - 120kg
With a Total of **605.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Phillips Ronaldo

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - SubJunior Men - 53kg

With a Total of **285.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Dalfie Chaka

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Powerlifting - SubJunior Men - 59kg
With a Total of **387.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Ntoagae Paseka

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved — place in the

Classic Powerlifting - SubJunior Men - 59kg

With a Total of **0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Christians Karl

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 2 Men - 66kg
With a Total of **435.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Hlanyane Mpho

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - SubJunior Men - 66kg
With a Total of **450.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Colman Liam

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Powerlifting - SubJunior Men - 66kg
With a Total of **402.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Oppenheim Dan

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 4 Men - 74kg
With a Total of **382.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Van Der Linde Ruben
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the
Classic Powerlifting - Junior Men - 74kg
With a Total of **497.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Stolzenberg Jason
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the
Classic Powerlifting - Open Men - 74kg
With a Total of **580.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Daniels Marlon

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 1 Men - 83kg
With a Total of **616.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Hacker Ian

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 2 Men - 83kg
With a Total of **515.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

De Jenga Joaquim

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Powerlifting - SubJunior Men - 83kg

With a Total of **622.5kg**

RICHARD PARKER

President CPF

BILL YOUN

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Begg Alistair

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Powerlifting - Master 1 Men - 83kg
With a Total of **575.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Quatse David

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Powerlifting - Master 2 Men - 83kg
With a Total of **482.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Coppenhall Matthew
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the
Classic Powerlifting - Open Men - 83kg
With a Total of **652.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Williams Jaydee

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the

Classic Powerlifting - Junior Men - 83kg

With a Total of **507.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Baptista Jonathan
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the
Classic Powerlifting - Open Men - 83kg
With a Total of **642.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
David's Abdul Karriem
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved — place in the
Classic Powerlifting - Junior Men - 83kg
With a Total of **0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Blake Jade

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Powerlifting - Junior Men - 93kg

With a Total of **700.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Page Jorncy

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 1 Men - 93kg
With a Total of **575.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Mobara Ebrahim

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 2 Men - 93kg
With a Total of **537.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Kiggen Joshua

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - SubJunior Men - 93kg
With a Total of **660.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Scheepers Eugene
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the
Classic Powerlifting - Junior Men - 93kg
With a Total of **620.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Holder Franco

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the

Classic Powerlifting - Open Men - 93kg

With a Total of **680.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Mapoo Victor

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved — place in the

Classic Powerlifting - Master 1 Men - 93kg

With a Total of **0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Barry Elisabeth

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 1 Women - 47kg
With a Total of **250.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Muto Giulia

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Open Women - 47kg
With a Total of **292.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Harding Patricia

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Powerlifting - SubJunior Women - 47kg

With a Total of **190.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Anthony Carol

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 2 Women - 52kg
With a Total of **242.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Warburg Nicole

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - Open Women - 52kg

With a Total of **350.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Kriel Antoinette

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 1 Women - 57kg
With a Total of **383.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Colling Cayla

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Powerlifting - SubJunior Women - 57kg

With a Total of **250.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Wilson Ilona

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - Master 1 Women - 57kg

With a Total of **305.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Ramsay Jennifer

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - Master 2 Women - 57kg

With a Total of **207.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

De Beer Rochelle

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - SubJunior Women - 57kg

With a Total of **240.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Bezuïdenhout Jeanri
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the
Classic Powerlifting - Open Women - 57kg
With a Total of **332.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Botha Vicki

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 1 Women - 63kg
With a Total of **350.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Firmani Candice

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 2 Women - 63kg
With a Total of **252.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Farrell Susan

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 3 Women - 63kg
With a Total of **260.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Poxon Caitlín

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - SubJunior Women - 63kg
With a Total of **297.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Leighton Megan

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - Junior Women - 63kg

With a Total of **327.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Basson Lisa

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Powerlifting - Open Women - 63kg
With a Total of **335.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Payne Sasha

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the
Classic Powerlifting - Junior Women - 63kg
With a Total of **315.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

De Wet Laura

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Master 1 Women - 72kg
With a Total of **410.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Power Dina

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Powerlifting - Junior Women - 72kg
With a Total of **342.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Kruger Janita

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - Master 2 Women - 72kg

With a Total of **267.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Coetzer Candice

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Classic Powerlifting - Open Women - 72kg
With a Total of **357.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Morley Ciara

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - SubJunior Women - 72kg

With a Total of **295.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

McAlpine Debbie

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the

Classic Powerlifting - Master 1 Women - 72kg

With a Total of **317.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Steyn Kay-Lee

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Junior Women - 84+kg
With a Total of **377.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Norton Lauren

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Open Women - 84+kg
With a Total of **485.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Rogers Megan

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Powerlifting - SubJunior Women - 84+kg

With a Total of **322.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Jordaan Lezaan

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - Junior Women - 84kg
With a Total of **425.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Rautenbach Jelhandri
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - SubJunior Women - 84kg
With a Total of **380.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
van Staden Sandri
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the
Classic Powerlifting - Open Women - 84kg
With a Total of **437.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Fenton Debbie

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the

Classic Powerlifting - Master 1 Women - 84kg

With a Total of **327.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Ludik Andre

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Bench Press - Master 3 Men - 120kg
With a Total of **117.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Lotter Daniel

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Equipped Bench Press - Sub-Junior Men - 66kg

With a Total of **105.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Van Der Linde Ruben
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Bench Press - Junior Men - 74kg
With a Total of **115.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Van Der Linde Glen
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Bench Press - Master 1 Men - 74kg
With a Total of **130.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Scheckle Connor

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Bench Press - Open Men - 93kg
With a Total of **160.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

De Jager Christi

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Bench Press - Open Women - 84kg
With a Total of **122.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
van Staden Sandri
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Equipped Bench Press - Open Women - 84kg
With a Total of **112.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Smith Adrian

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Powerlifting - Junior Men - 105kg
With a Total of **712.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Herbst Mathys
Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Powerlifting - Open Men - 120+kg
With a Total of **905.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Maritz Francois

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Powerlifting - Open Men - 120kg
With a Total of **900.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Vorster Marcel

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Powerlifting - Junior Men - 66kg
With a Total of **605.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Barry Elisabeth

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the
Equipped Powerlifting - Open Women - 47kg
With a Total of **292.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Roux Rouxchelle

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Powerlifting - Junior Women - 52kg
With a Total of **337.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Vrettas Genevieve

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Equipped Powerlifting - Junior Women - 52kg

With a Total of **290.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Leighton Megan

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Equipped Powerlifting - Junior Women - 57kg

With a Total of **387.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Du Toit Chantelle

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Powerlifting - Open Women - 72kg
With a Total of **442.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Rees Jacqui

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Equipped Powerlifting - Open Women - 84+kg
With a Total of **447.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Fourie Charles-lee

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Special Olympics - Junior Men - 74kg
With a Total of **422.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Anthony Keaton

Of the Nation

South Africa

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Special Olympics - Junior Men - 83kg
With a Total of **245.0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF