

**SA Powerlifting Federation**  
**FIND YOUR EDGE POWERLIFTING BATTLE , South Africa, CROSSFIT 5E, 27.09.2014**  
**DETAILED SCORESHEET**

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat			All Bench press			All Dead lift			TOTAL	W.pts.	Pts.	
<b>Ladies</b>																			
<b>- 52 kg</b>																			
1	Mariska Casey	1978	FYE	50.2		X	65	70	1	35	40	42.5	1	95	100	105	1	<b>217.5</b>	
<b>- 57 kg Ladies Jnr</b>																			
1	Megan Leighton	1996	Saints	57			92.5	97.5	X	1	55	60	62.5	1	105	115	125	1	<b>285</b>
<b>- 63 kg</b>																			
1	Ilona Wilson	1977	The Yard	62			105	115	X	1	37.5	42.5	50	1	127	137.5	145	1	<b>310</b>
2	Roxy Firmani	1988	Gauteng	61			70	80	90	2	40	45	50	2	90	105	115	2	<b>255</b>
3	Candice Fimani	1967	Gauteng	60.3			60	70	75	3	X	40	45	3	80	90	100	3	<b>220</b>
<b>- 63 kg Ladies Master 1</b>																			
1	Candice Fimani	1967	Gauteng	60.3			60	70	75	1	X	40	45	1	80	90	100	1	<b>220</b>
<b>- 72 kg</b>																			
1	Laura Newman	1983	The Yard	65.5			100	110	117.5	1	45	52.5	60	1	125	135	142.5	1	<b>320</b>
2	Farhana Booley	1973	5E	69.4			90	100	X	2	50	55	60	2	100	115	115	2	<b>275</b>
3	Habida Ebo	1981	FYE	71.5			50	60	65	3	40	47.5	50	3	60	65	70	3	<b>185</b>
<b>- 72 kg Ladies Master 1</b>																			
1	Farhana Booley	1973	5E	69.4			90	100	X	1	50	55	60	1	100	115	115	1	<b>275</b>
<b>plus 84 kg</b>																			
1	Christi De Jager	1986	Gauteng	96.1			105	X	115	1		50	57.5	1	130	145		1 1	<b>317.5</b>
<b>Men</b>																			
<b>- 66 kg Sub Junior</b>																			
1	Tovi Donninger	1998	Saints	64.2		X	90	X	1	70	75	80	1	90	110	130	1	<b>300</b>	
<b>- 74 kg</b>																			
1	Dylan Treges	1989	FYE	71.3			140	X	145	1	100	X	115	1	180	X	190	1	<b>450</b>
2	Elan Donninger	1999	Saints	71.8			100	115	130	2	75	80	85	2	110	130	140	2	<b>355</b>
<b>- 74 kg Sub-Junior</b>																			
1	Elan Donninger	1999	Saints	71.8			100	115	130	1	75	80	85	1	110	130	140	1	<b>355</b>
<b>- 83 kg</b>																			
1	Jonathan Kariv	1983	5E	78			185	X	195	1	130	140	150	1	220	230	X	1	<b>575</b>
2	James Macintosh	1993	The Yard	81.2			170	180	X	2	110	X	X	2	180	200	210	2	<b>490</b>
3	Andre Human	1986	FYE	82.5			75	X	X	3	110,0	X	X	3	75	X	X	3	<b>260</b>
<b>- 93 kg</b>																			
1	Connor Scheckle	1987	Gauteng	92.1		X	160	170	1	140	150	X	1	180	195	210	1	<b>530</b>	
2	Dillon Davie	1984	Gauteng	89.9			125	132.5	140	2	100	107.5	110	2	167.5	177.5	X	2	<b>427.5</b>
<b>- 105 kg</b>																			
1	Craig Masson	1981	Gauteng	103.3			160	170	175	2	160	X	X	1	200	220	230	1	<b>565</b>
2	Michael Klinck	1991	Gauteng	95.7		X	170	180	1	X	125	135	3	X	195	205	2	<b>520</b>	
3	Michael Spinks	1982	Gauteng	98.2			120	130	X	5	130	140	150	2	130	160	185	3	<b>465</b>
4	Tim Oshea	1979	Gauteng	97.8			100	120	135	4	100	X	110	4	125	150	180	4	<b>425</b>
5	Patrick Casey	1972	FYE	95.9			140	145	150	3	75	80	82.5	6	160	170	180	5	<b>412.5</b>
6	Gary Meyer	1960	FYE	104.1			130	X	X	6	75	85	90	5	140	150	160	6	<b>380</b>
<b>- 105 kg Junior</b>																			
1	Michael Klinck	1991	Gauteng	95.7		X	170	180	1	X	125	135	1	X	195	205	1	<b>520</b>	
<b>- 105 kg Master 1</b>																			
1	Patrick Casey	1972	FYE	95.9			140	145	150	1	75	80	82.5	1	160	170	180	1	<b>412.5</b>
<b>- 105 kg Master 2</b>																			
1	Gary Meyer	1960	FYE	104.1			130	X	X	1	75	85	90	1	140	150	160	1	<b>380</b>
<b>- 120 kg</b>																			
1	Kane Prinsloo	1992	Gauteng	118.1			160	175	190	1	180	190	X	1	210	230	240	1	<b>620</b>
<b>- 120 kg Junior</b>																			
1	Kane Prinsloo	1992	Gauteng	118.1			160	175	190	1	180	190	X	1	210	230	240	1	<b>620</b>
<b>Plus 120 kg</b>																			
1	Ben Bungai		Gauteng	128.5		X	140	160	1	90	100	X	1	140	170	200	1	<b>460</b>	