



GAUTENG

BENCHPRESS CHAMPIONSHIPS

30 JANUARY 2021

FINAL ENTRIES

SESSION 1 - 6AM WEIGH-IN

| SESSION 1 - Classic Men 66kg, 74kg, 83kg, 93kg, 120kg | | | Weigh in - 6am Lifting - 8am | | |
|---|-----------------|--------------|------------------------------|--------------|-------------|
| Name | Weight Category | Age Category | Comp | Club | Affiliated |
| Andrew Leisegang | 66kg | O | Classic | Barbell 1610 | pd, no form |
| James William McIlrea | 66kg | J | Classic | Dan | |
| Chadwyn Govington | 74kg | O | Classic | SOS | Yes |
| Darius Sangari | 83kg | O | Classic | The Yard | Yes |
| Connor Scheckle | 83kg | O | Classic | SOS | |
| Steve Labson | 83kg | M3/O | Classic | None | Yes |
| Daniel Glenn Duke | 93kg | J | Classic | Dan | |
| Tony Fernandes | 93kg | M1 | Classic | EMET | Yes |
| Johnny Dam | 93kg | O/M2 | Classic | SOS | Yes |
| Deon Smedley | 93kg | O | Classic | Barbell 1610 | |
| Ryan Stopforth | 93kg | O | Classic | The Yard | Yes |
| Derik Van Wyk | 120kg | O | Classic | Barbell 1610 | Yes |
| John Crain | 120kg | O/M2 | Classic | EMET | Yes |
| Craig Van Wyk | 120kg | M2 | Classic | CF360Vida | Yes |
| Hermanus De Beer | 120kg | M2 | Classic | VA | Yes |



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SESSION 2 - 9:45AM WEIGH-IN

| SESSION 2 - Classic All Women + Equipped | | Weigh in - 9:45am Lifting - 11:45am | | | |
|--|-----------------|-------------------------------------|----------|-----------------|-------------|
| Name | Weight Category | Age Category | Comp | Club | Affiliated |
| Alexandra Mundell | 57kg | J/O | Classic | SOS | Yes |
| Zohra Crain | 63kg | M2 | Classic | EMET | Yes |
| Chevonne Roos | 63kg | O | Classic | The Yard | Yes |
| Mijuane De Wet | 63kg | SJ | Classic | Barbell Bullies | pd, no form |
| Gaia Mottalini | 69kg | SJ | Classic | The Yard | Yes |
| Monica Longhurst | 69kg | M1 | Classic | Core/Marcel | Yes |
| Caitlin Poxon | 69kg | J | Classic | Barbell 1610 | |
| Tyla Coetsee | 76kg | J | Classic | The Yard | Yes |
| Jodi Poxon | 76kg | M1 | Classic | Barbell 1610 | |
| Maria Combrink | 84+kg | M1 | Classic | The Bar | Yes |
| Carol Anthony | 57kg | O/M2 | Equipped | SOS | Yes |
| Carel Jansen | 83kg | M1 | Equipped | SOS | Yes |
| Johnny Dam | 105kg | O/M2 | Equipped | SOS | Yes |
| Craig Van Wyk | 120kg | M2 | Equipped | CF360Vida | Yes |



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SESSION 3 - 1:30PM WEIGH-IN

| SESSION 3 - Classic Men 105kg, 120+kg | | Weigh in - 1:30pm Lifting - 3:30pm | | | |
|---------------------------------------|-----------------|------------------------------------|---------|-----------------|------------|
| Name | Weight Category | Age Category | Comp | Club | Affiliated |
| Dale Abrams | 105kg | M1 | Classic | EMET | Yes |
| Mike Poxon | 105kg | M1 | Classic | Barbell 1610 | |
| Glen Thomas | 105kg | M3 | Classic | EMET | Yes |
| Taariq Osman | 105kg | SJ | Classic | Barbell Bullies | Yes |
| Kyle Burger | 105kg | O | Classic | EMET | Yes |
| Joshua Standers | 105kg | O | Classic | The Yard | Yes |
| Daniel Robertson | 105kg | O | Classic | Barbell 1610 | Yes |
| Matt Bekker | 120+kg | O | Classic | Barbell 1610 | Yes |
| Werner Koekemoer | 120+kg | M1 | Classic | Barbell Bullies | Yes |
| David Kerr | 120+kg | M1 | Classic | EMET | Yes |