

South African Powerlifting Federation
Qualifying Competition - Pretoria Men, South Africa, Pretoria, 17.01.2015
DETAILED SCORESHEET

| PL. | Lifters | BY | Nation | Weight | WF | Lot | All Squat | | | | All Bench press | | | | All Dead lift | | | | TOTAL | W.pts. | Pts. |
|-----------------------------------|------------------------|--------------|-------------------|----------------|--------|--------|------------------|------------------|------------------|-------|-----------------|-----------------|------------------|---|---------------|-------|------------------|-------|-------|--------|------|
| Open | | | | | | | | | | | | | | | | | | | | | |
| - 93 kg | | | | | | | | | | | | | | | | | | | | | |
| — | . Sample | 2015 | RSA | 88.50 | 0.6440 | 19 | X | X | X | Disq. | 110.0 | 120.0 | 125.0 | 1 | X | X | X | Disq. | Out | — | — |
| Nation (points) | | | | | | | | | | | | | | | | | | | | | |
| — | South Africa | — | | | | | | | | | | | | | | | | | | | |
| Best Lifters of Open | | | | | | | | | | | | | | | | | | | | | |
| PL. | Lifter | Nation | | B.Weight | | WF | Total | | W. points | | | | | | | | | | | | |
| Subjuniors | | | | | | | | | | | | | | | | | | | | | |
| - 66 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | van der Linde Ruben | 1998 | RSA | 62.00 | 0.8281 | 14 | 80.0 | 400.0 | 110.0 | 1 | 60.0 | 72.5 | 80.0 | 1 | 100.0 | 140.0 | X | 1 | 322.5 | 267.06 | 12 |
| 2 | van der Linde Bernard | 2000 | RSA | 62.20 | 0.8258 | 17 | 80.0 | 100.0 | 110.0 | 2 | 60.0 | 72.5 | 80.0 | 2 | 120.0 | 140.0 | X | 2 | 322.5 | 266.32 | 9 |
| Nation (points) | | | | | | | | | | | | | | | | | | | | | |
| 1 | South Africa | 21 | [12+9] | 533.38 w.pts. | | | | | | | | | | | | | | | | | |
| Best Lifters of Subjuniors | | | | | | | | | | | | | | | | | | | | | |
| PL. | Lifter | Nation | | B.Weight | | WF | Total | | W. points | | | | | | | | | | | | |
| 1 | van der Linde Ruben | South Africa | | 62.00 | | 0.8281 | 322.5 | | 267.06 | | | | | | | | | | | | |
| 2 | van der Linde Bernard | South Africa | | 62.20 | | 0.8258 | 322.5 | | 266.32 | | | | | | | | | | | | |
| Juniors | | | | | | | | | | | | | | | | | | | | | |
| - 74 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | McLean Devan | 1993 | RSA | 73.20 | 0.7249 | 13 | 95.0 | 105.0 | 115.0 | 1 | 70.0 | 80.0 | 87.5 | 1 | 140.0 | 150.0 | 160.0 | 1 | 355.0 | 257.33 | 12 |
| - 83 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Pretorius Jean-Athur | 1992 | RSA | 80.90 | 0.6779 | 5 | 140.0 | 160.0 | 170.0 | 2 | 110.0 | 122.5 | 132.5 | 1 | 200.0 | 220.0 | 240.0 | 1 | 542.5 | 367.76 | 12 |
| 2 | Eckhard Christian John | 1993 | RSA | 80.50 | 0.6800 | 2 | 180.0 | 490.0 | 190.0 | 1 | 100.0 | 110.0 | 125.0 | 2 | 180.0 | 195.0 | 205.0 | 2 | 495.0 | 336.60 | 9 |
| 3 | Morley Regan | 1996 | RSA | 74.10 | 0.7186 | -10 | 110.0 | 120.0 | 130.0 | 3 | 90.0 | 97.5 | 97.5 | 3 | 150.0 | 165.0 | 175.0 | 3 | 375.0 | 269.47 | 8 |
| - 93 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | van eeden Uys Jacob | 1995 | RSA | 90.70 | 0.6359 | 6 | 140.0 | 150.0 | X | 1 | 80.0 | 90.0 | 100.0 | 1 | 160.0 | 180.0 | 200.0 | 1 | 450.0 | 286.15 | 12 |
| - 105 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Maritz Francios | 1993 | RSA | 103.80 | 0.6000 | 18 | 480.0 | 180.0 | 210.0 | 1 | 150.0 | 165.0 | 175.0 | 1 | 200.0 | 240.0 | 265.0 | 1 | 640.0 | 384.00 | 12 |
| 2 | Morley Naill | 1995 | RSA | 104.80 | 0.5980 | -10 | 160.0 | 175.0 | 185.0 | 2 | 95.0 | 102.5 | 110.0 | 2 | 160.0 | 175.0 | 190.0 | 2 | 485.0 | 290.03 | 9 |
| Nation (points) | | | | | | | | | | | | | | | | | | | | | |
| 1 | South Africa | 66 | [12+12+12+12+9+9] | 1921.89 w.pts. | | | | | | | | | | | | | | | | | |
| Best Lifters of Juniors | | | | | | | | | | | | | | | | | | | | | |
| PL. | Lifter | Nation | | B.Weight | | WF | Total | | W. points | | | | | | | | | | | | |
| 1 | Maritz Francios | South Africa | | 103.80 | | 0.6000 | 640.0 | | 384.00 | | | | | | | | | | | | |
| 2 | Pretorius Jean-Athur | South Africa | | 80.90 | | 0.6779 | 542.5 | | 367.76 | | | | | | | | | | | | |
| 3 | Eckhard Christian John | South Africa | | 80.50 | | 0.6800 | 495.0 | | 336.60 | | | | | | | | | | | | |
| Seniors | | | | | | | | | | | | | | | | | | | | | |
| - 59 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | de Wit Rudi | 1988 | RSA | 59.00 | 0.8662 | 20 | 440.0 | 440.0 | 110.0 | 1 | 60.0 | 65.0 | 65.0 | 1 | 170.0 | 190.0 | 200.0 | 1 | 360.0 | 311.83 | 12 |

| | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------------------|------|-----|--------|--------|----|------------------|-------|------------------|---|-------|-------|------------------|---|------------------|------------------|------------------|---|-------|--------|----|
| - 66 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Lewis Chris | 1982 | RSA | 65.80 | 0.7872 | 3 | 120.0 | 130.0 | 137.5 | 1 | 90.0 | 100.0 | 110.0 | 1 | 160.0 | 172.5 | 172.5 | 1 | 407.5 | 320.78 | 12 |
| - 93 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Jacobsz David | 1981 | RSA | 92.40 | 0.6301 | 9 | 220.0 | X | X | 1 | 120.0 | X | X | 1 | 220.0 | X | X | 2 | 560.0 | 352.85 | 12 |
| 2 | Russel Dwayne | 1985 | RSA | 86.90 | 0.6503 | 12 | 170.0 | 185.0 | 190.0 | 2 | 90.0 | 100.0 | 110.0 | 2 | 190.0 | 215.0 | 237.5 | 1 | 537.5 | 349.53 | 9 |
| - 105 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Anthony Darryn | 1985 | RSA | 95.20 | 0.6214 | 21 | 200.0 | 220.0 | 230.0 | 2 | 145.0 | 155.0 | 162.5 | 2 | 220.0 | 245.0 | 270.0 | 1 | 652.5 | 405.46 | 12 |
| 2 | Roos Shaun | 1977 | RSA | 104.00 | 0.5996 | 10 | 200.0 | 220.0 | 225.0 | 1 | 100.0 | X | X | 3 | 220.0 | 245.0 | 255.0 | 2 | 580.0 | 347.76 | 9 |
| 3 | Veldman Frikkie | 1987 | RSA | 102.20 | 0.6035 | 22 | 150.0 | 165.0 | 175.0 | 1 | 150.0 | 165.0 | 175.0 | 1 | 175.0 | 175.0 | X | 3 | 525.0 | 316.83 | 8 |
| - 120 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Capazario Joshua | 1989 | RSA | 114.10 | 0.5823 | 8 | 200.0 | 220.0 | 230.0 | 1 | 140.0 | 150.0 | 160.0 | 1 | 230.0 | 250.0 | 270.0 | 1 | 660.0 | 384.31 | 12 |
| 120+ kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Shaw William | 1991 | RSA | 137.10 | 0.5606 | 1 | 200.0 | 200.0 | 230.0 | 1 | 130.0 | 140.0 | 150.0 | 1 | 230.0 | 260.0 | 280.0 | 1 | 620.0 | 347.57 | 12 |

Nation (points)

1 South Africa 72 [12+12+12+12+12+12] 2122.83 w.pts.

Best Lifters of Seniors

| PL. | Lifter | Nation | B.Weight | WF | Total | W. points |
|-----|------------------|--------------|----------|--------|-------|-----------|
| 1 | Anthony Darryn | South Africa | 95.20 | 0.6214 | 652.5 | 405.46 |
| 2 | Capazario Joshua | South Africa | 114.10 | 0.5823 | 660.0 | 384.31 |
| 3 | Jacobsz David | South Africa | 92.40 | 0.6301 | 560.0 | 352.85 |

Masters 1

| | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------------------|------|-----|--------|--------|----|------------------|-------|-------|---|-------|-------|-----------------|---|-------|-------|-------|---|-------|--------|----|
| - 74 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | van der Linde Glen | 1971 | RSA | 72.80 | 0.7278 | 16 | 120.0 | 130.0 | 140.0 | 1 | 90.0 | 100.0 | X | 1 | 120.0 | 142.5 | X | 1 | 382.5 | 278.38 | 12 |
| - 105 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Parker George | 1971 | RSA | 96.30 | 0.6183 | 11 | 170.0 | 180.0 | X | 1 | 110.0 | 120.0 | X | 1 | 170.0 | 185.0 | 200.0 | 1 | 500.0 | 309.15 | 12 |
| 2 | Kloppers Tony | 1971 | RSA | 99.60 | 0.6096 | 15 | 160.0 | 160.0 | 170.0 | 2 | 80.0 | 85.0 | 90.0 | 2 | 160.0 | 175.0 | 180.0 | 2 | 435.0 | 265.17 | 9 |
| 120+ kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Herbt Mathys | 1975 | RSA | 135.60 | 0.5616 | 7 | 100.0 | 140.0 | 155.0 | 1 | 80.0 | 105.0 | 115.0 | 1 | 120.0 | 150.0 | 190.0 | 1 | 460.0 | 258.33 | 12 |

Nation (points)

1 South Africa 45 [12+12+12+9] 1111.05 w.pts.

Best Lifters of Masters 1

| PL. | Lifter | Nation | B.Weight | WF | Total | W. points |
|-----|--------------------|--------------|----------|--------|-------|-----------|
| 1 | Parker George | South Africa | 96.30 | 0.6183 | 500.0 | 309.15 |
| 2 | van der Linde Glen | South Africa | 72.80 | 0.7278 | 382.5 | 278.38 |
| 3 | Kloppers Tony | South Africa | 99.60 | 0.6096 | 435.0 | 265.17 |

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 RSA = South Africa

South African Powerlifting Federation
Qualifying Competition - Pretoria Women, South Africa, Pretoria, 17.01.2015
DETAILED SCORESHEET

| PL. | Lifters | BY | Nation | Weight | WF | Lot | All Squat | | | All Bench press | | | | All Dead lift | | | TOTAL | W.pts. | Pts. | | |
|----------------------------------|----------------------------|--------------|------------|---------------|--------|-------|-----------|-------|------------------|-----------------|------|-----------------|-----------------|---------------|-------|------------------|------------------|--------|-------|--------|----|
| Open | | | | | | | | | | | | | | | | | | | | | |
| - 72 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Troughton Amanda | 2015 | RSA | 65.80 | 1.0397 | 7 | 60.0 | 70.0 | 75.0 | 1 | 45.0 | 50.0 | 55.0 | 1 | 95.0 | 110.0 | 120.0 | 1 | 245.0 | 254.72 | 12 |
| Nation (points) | | | | | | | | | | | | | | | | | | | | | |
| 1 | South Africa | 12 | [12] | 254.73 w.pts. | | | | | | | | | | | | | | | | | |
| Best Lifters of Open | | | | | | | | | | | | | | | | | | | | | |
| PL. | Lifter | Nation | | B.Weight | WF | Total | | | W. points | | | | | | | | | | | | |
| 1 | Troughton Amanda | South Africa | | 65.80 | 1.0397 | 245.0 | | | 254.72 | | | | | | | | | | | | |
| Juniors | | | | | | | | | | | | | | | | | | | | | |
| - 84 kg | | | | | | | | | | | | | | | | | | | | | |
| — | Goosen Tammy | 1993 | RSA | 74.60 | 0.9538 | -10 | X | X | X | Disq. | 57.5 | X | X | 1 | X | X | X | Disq. | Out | — | — |
| Nation (points) | | | | | | | | | | | | | | | | | | | | | |
| — | South Africa | — | | | | | | | | | | | | | | | | | | | |
| Best Lifters of Juniors | | | | | | | | | | | | | | | | | | | | | |
| PL. | Lifter | Nation | | B.Weight | WF | Total | | | W. points | | | | | | | | | | | | |
| Seniors | | | | | | | | | | | | | | | | | | | | | |
| - 72 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Coetzer Candice | 1985 | RSA | 70.00 | 0.9948 | 4 | 80.0 | 95.0 | 105.0 | 1 | 55.0 | 65.0 | 70.0 | 1 | 120.0 | 135.0 | 150.0 | 1 | 325.0 | 323.31 | 12 |
| - 84 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | van Staden Sandri Rochelle | 1988 | RSA | 76.80 | 0.9369 | 8 | 120.0 | 125.0 | 130.0 | 1 | 70.0 | 75.0 | 75.0 | 1 | 160.0 | 170.0 | 180.0 | 1 | 365.0 | 341.96 | 12 |
| Nation (points) | | | | | | | | | | | | | | | | | | | | | |
| 1 | South Africa | 24 | [12+12] | 665.28 w.pts. | | | | | | | | | | | | | | | | | |
| Best Lifters of Seniors | | | | | | | | | | | | | | | | | | | | | |
| PL. | Lifter | Nation | | B.Weight | WF | Total | | | W. points | | | | | | | | | | | | |
| 1 | van Staden Sandri Rochelle | South Africa | | 76.80 | 0.9369 | 365.0 | | | 341.96 | | | | | | | | | | | | |
| 2 | Coetzer Candice | South Africa | | 70.00 | 0.9948 | 325.0 | | | 323.31 | | | | | | | | | | | | |
| Masters 1 | | | | | | | | | | | | | | | | | | | | | |
| - 57 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Letcher Michelle | 1970 | RSA | 56.50 | 1.1684 | 3 | 80.0 | 90.0 | 100.0 | 1 | 50.0 | 60.0 | 62.5 | 1 | 120.0 | 135.0 | 145.0 | 1 | 305.0 | 356.36 | 12 |
| - 72 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Ackerman Maureen | 1975 | RSA | 68.60 | 1.0090 | 5 | 90.0 | 100.0 | 110.0 | 1 | 60.0 | 65.0 | 70.0 | 1 | 130.0 | 135.0 | 145.0 | 1 | 310.0 | 312.79 | 12 |
| - 84 kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Burger Gerda | 1975 | RSA | 82.60 | 0.8994 | 6 | 70.0 | 80.0 | 90.0 | 1 | 45.0 | 55.0 | 55.0 | 1 | 120.0 | 130.0 | X | 1 | 255.0 | 229.34 | 12 |
| Nation (points) | | | | | | | | | | | | | | | | | | | | | |
| 1 | South Africa | 36 | [12+12+12] | 898.50 w.pts. | | | | | | | | | | | | | | | | | |
| Best Lifters of Masters 1 | | | | | | | | | | | | | | | | | | | | | |
| PL. | Lifter | Nation | | B.Weight | WF | Total | | | W. points | | | | | | | | | | | | |

| | | | | | | |
|---|------------------|--------------|-------|--------|-------|--------|
| 1 | Letcher Michelle | South Africa | 56.50 | 1.1684 | 305.0 | 356.36 |
| 2 | Ackerman Maureen | South Africa | 68.60 | 1.0090 | 310.0 | 312.79 |
| 3 | Burger Gerda | South Africa | 82.60 | 0.8994 | 255.0 | 229.34 |

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

RSA = South Africa