

22/08/2017

Gauteng Championships 2017 - Men - Classic Powerlifting

	Name	Team	Bwt (kg)	WtCls (kg)	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	Event	BEST LIFTER
Open																								
66kg	Ewan de Wet (SJ)	BB	61.2	66	0.8378		70	80	-92.5	80	50	60	0	60	140	110	125	135	135	275	230.395	1	Raw PL	
74kg	Conrad Dippenaar		73.6	74	0.7221	1990	160	170	180	180	125	130	135	135	315	215	225	230	230	545	393.545	1	Raw PL	3
	Demarte Pena	BB	71.2	74	0.7398	1989	130	140	145	145	80	85	87.5	87.5	232.5	190	210	-225	210	442.5	327.361	2	Raw PL	
	Yunus Hassen (M3)	SG	73.1	74	0.7256	1954	100	110	112.5	112.5	50	60	-67.5	60	172.5	150	165	175	175	347.5	252.146	3	Raw PL	
83kg	Marlon Daniels (M1)	SOS	82.3	83	0.6709	1975	200	212.5	222.5	222.5	155	165	-170	165	387.5	190	205	215	215	602.5	404.217	1	Raw PL	2
	Archie Ayekpa	1610	82.2	83	0.6714	1985	-190	190	-200	190	130	140	-145	140	330	160	200	225	225	555	372.627	2	Raw PL	
	Ray Norman	WICO	78.2	83	0.6927	1986	165	175	-180	175	125	130	132.5	132.5	307.5	195	205	212.5	212.5	520	360.204	3	Raw PL	
	Bandile Khuzwayo	1610	80.05	83	0.6824	1990	130	-140	140	140	80	92.5	100	100	240	180	200	210	210	450	307.080	4	Raw PL	
	Dean McLeary (J)		81.8	83	0.6734	1994	140	145	-152.5	145	110	-117.5	-117.5	110	255	160	-180	180	180	435	292.929	5	Raw PL	
	Patrick Banda (M2)	BB	81.9	83	0.6729	1960	115	-125	-125	115	50	60	67.5	67.5	182.5	200	222.5	-227.5	222.5	405	272.525	6	Raw PL	
93kg	Jean-Arthur Pretorius	SOS	90.15	93	0.6379	1992	205	225	235	235	145	155	160	160	395	270	290	300	300	695	443.340	1	Raw PL	1
	Justin Furman (SJ)		92.5	93	0.6298	2001	112.5	120	127.5	127.5	60	67.5	70	70	197.5	140	155	167.5	167.5	365	229.877	2	Raw PL	
	Keno de Jesus (SJ)	1610	91.25	93	0.634	2003	60	70	80	80	40	52.5	-55	52.5	132.5	80	100	110	110	242.5	153.745	3	Raw PL	
	Keaton Anthony (J)	SOS	83.6	93	0.6647	1994	25	35	45	45	50	55	-60	55	100	110	120	125	125	225	149.557	4	Raw PL	
	Janco McDuling	Bar	89.6	93	0.6398	1990	0	0	0	0	110	-115	-115	110	0	0			0	0	0.000	1	Raw BP	
105kg	Henk de Wet (M1)	BB	102.2	105	0.6035	1974	200	0	0	200	140	0	0	140	340	240	272.5	280	280	620	374.170	1	Raw PL	
	Graham Green	BB	100.7	105	0.6069		200	215	225	225	-130	135	140	140	365	230	245	247.5	247.5	612.5	371.726	2	Raw PL	
	Ashley Smith	1610	102.35	105	0.6031	1991	170	180	-190	180	100	110	-115	110	290	180	200	210	210	500	301.550	3	Raw PL	
	Stuart Daly	BB	102.7	105	0.6024	1988	130	140	150	150	110	115	120	120	270	185	195	-202.5	195	465	280.116	4	Raw PL	
120kg	Michael Klinck	SOS	108.75	120	0.5906	1991	230	240	-250	240	147.5	157.5	-162.5	157.5	397.5	230	245	250	250	647.5	382.414	1	Raw PL	
	Ryan Saunders	SOS	118.5	120	0.5766	1981	182.5	192.5	200	200	115	122.5	-127.5	122.5	322.5	200	215	-222.5	215	537.5	309.923	2	Raw PL	
	Lukha de Jesus (SJ)	1610	115.85	120	0.5799	1999	140	147.5	155	155	60	-70	70	70	225	140	160	180	180	405	234.860	3	Raw PL	
120+kg	Ruan Roux	BB	143.75	120+	0.5566		200	215	225	225	117.5	122.5	125	125	350	240	260	-275	260	610	339.526	1	Raw PL	
	Adriaan Badenhorst (J)	1610	122.7	120+	0.5721	1997	180	190	200	200	90	100	105	105	305	200	220	240	240	545	311.794	2	Raw PL	
	Dennis Bench	Chaos	105.3	120	0.597	1965	160	172.5	180	180	110	117.5	122.5	122.5	302.5	180	192.5	200	200	502.5	299.993	3	Raw PL	

	Name	Team	0	0	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	Event	BEST LIFTER	
SubJunior																									
66kg	Ewan de Wet (SJ)	BB	61.2	66	0.8378		70	80	-92.5	80	50	60	0	60	140	110	125	135	135	275	230.395	1	Raw PL	2	
93kg	Justin Furman (SJ)		92.5	93	0.6298	2001	112.5	120	127.5	127.5	60	67.5	70	70	197.5	140	155	167.5	167.5	365	229.877	1	Raw PL	3	
	Keno de Jesus (SJ)	1610	91.25	93	0.634	2003	60	70	80	80	40	52.5	-55	52.5	132.5	80	100	110	110	242.5	153.745	2	Raw PL		
120kg	Lukha de Jesus (SJ)	1610	115.85	120	0.5799	1999	140	147.5	155	155	60	-70	70	70	225	140	160	180	180	405	234.860	1	Raw PL	1	
	Name	Team	0	0	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	Event	BEST LIFTER	
Junior																									
66kg	Ewan de Wet (SJ)	BB	61.2	66	0.8378		70	80	-92.5	80	50	60	0	60	140	110	125	135	135	275	230.395	1	Raw PL		
83kg	Dean McLeary (J)		81.8	83	0.6734	1994	140	145	-152.5	145	110	-117.5	-117.5	110	255	160	-180	180	180	435	292.929	1	Raw PL	2	
93kg	Justin Furman (SJ)		92.5	93	0.6298	2001	112.5	120	127.5	127.5	60	67.5	70	70	197.5	140	155	167.5	167.5	365	229.877	1	Raw PL		
	Keno de Jesus (SJ)	1610	91.25	93	0.634	2003	60	70	80	80	40	52.5	-55	52.5	132.5	80	100	110	110	242.5	153.745	2	Raw PL		
	Keaton Anthony (J)	SOS	83.6	93	0.6647	1994	25	35	45	45	50	55	-60	55	100	110	120	125	125	225	149.557	3	Raw PL		
120kg	Lukha de Jesus (SJ)	1610	115.85	120	0.5799	1999	140	147.5	155	155	60	-70	70	70	225	140	160	180	180	405	234.860	1	Raw PL	3	
120+kg	Adriaan Badenhorst (J)	1610	122.7	120+	0.5721	1997	180	190	200	200	90	100	105	105	305	200	220	240	240	545	311.794	1	Raw PL	1	
	Name	Team	0	0	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	Event	BEST LIFTER	
Master 1																									
83kg	Marlon Daniels (M1)	SOS	82.3	83	0.6709	1975	200	212.5	222.5	222.5	155	165	-170	165	387.5	190	205	215	215	602.5	404.217	1	Raw PL	1	
105kg	Henk de Wet (M1)	BB	102.2	105	0.6035	1974	200	0	0	200	140	0	0	140	340	240	272.5	280	280	620	374.170	1	Raw PL	2	
	Name	Team	0	0	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	Event	BEST LIFTER	
Master 2																									
83kg	Patrick Banda (M2)	BB	81.9	83	0.6729	1960	115	-125	-125	115	50	60	67.5	67.5	182.5	200	222.5	-227.5	222.5	405	272.525	1	Raw PL	2	
120kg	Dennis Bench	Chaos	105.3	120	0.597	1965	160	172.5	180	180	110	117.5	122.5	122.5	302.5	180	192.5	200	200	502.5	299.993	1	Raw PL	1	
	Name	Team	0	0	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	Event	BEST LIFTER	
Master 3																									
74kg	Yunus Hassen (M3)	SG	73.1	74	0.7256	1954	100	110	112.5	112.5	50	60	-67.5	60	172.5	150	165	175	175	347.5	252.146	1	Raw PL	1	

22/08/2017

Gauteng Championships 2017 - Women - Classic Powerlifting

	Name	Team	Bwt (kg)	WtCls (kg)	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	Pl-Div-WtCls-Evt	BEST LIFTER
Open																								
47kg	Giulia Muto	BB	46.35	47	1.3584		107.5	115	-117.5	115	60	65	67.5	67.5	182.5	110	120	0	120	302.5	410.916	1	Raw PL	1
	Mijuane de Wet (SJ)	BB	46.95	47	1.3459	2006	65	75	80	80	30	35	-37.5	35	115	75	85	97.5	97.5	212.5	286.004	2	Raw PL	
	Cara van Deventer (SJ)		45.1	47	1.3847	2000	65	67.5	70	70	27.5	30	-35	30	100	65	70	-75	70	170	235.399	3	Raw PL	
57kg	Carol Anthony (M2)	SOS	57	57	1.1604	1966	75	80	85	85	42.5	45	47.5	47.5	132.5	115	125	132.5	132.5	265	307.506	1	Raw PL	
	Zanalee Davies	Bar	56.15	57	1.1766	1986	82.5	87.5	90	90	45	-47.5	-47.5	45	135	105	115	-125	115	250	294.150	2	Raw PL	
	Marieke van Linge (M1)	BB	56.85	57	1.1628		80	85	87.5	87.5	35	37.5	-40	37.5	125	100	110	117.5	117.5	242.5	281.979	3	Raw PL	
	Jenny Ramsay (M2)	WICO	55.35	57	1.1874		65	72.5	75	75	32.5	35	-37.5	35	110	85	95	-100	95	205	243.417	4	Raw PL	
	Heba Sabra	SOS	55.45	57	1.1857	1989	45	50	55	55	30	32.5	35	35	90	80	87.5	-92.5	87.5	177.5	210.462	5	Raw PL	
63kg	Jess Britz	BB	62.85	63	1.0759		100	-110	-110	100	45	50	-55	50	150	-120	135	147.5	147.5	297.5	320.080	1	Raw PL	
	Ronel Reyneke (M1)	BB	61.85	63	1.0891		90	100	110	110	55	60	65	65	175	100	120	0	120	295	321.285	2	Raw PL	
	Demi-Lee Preston (J)	GY6	62.45	63	1.0811	1996	90	95	100	100	45	-50	-50	45	145	120	130	140	140	285	308.113	3	Raw PL	
	Caroline Wolf	1610	57.55	63	1.1517	1979	70	80	90	90	40	45	-47.5	45	135	100	110	122.5	122.5	257.5	296.563	4	Raw PL	
	Claire Pacariz (M1)	BB	60.65	63	1.1056		80	82.5	87.5	87.5	40	-45	-45	40	127.5	90	-100	0	90	217.5	240.468	5	Raw PL	
72kg	Zanele Ngwenya	1610	68.95	72	1.0054	1979	80	92.5	100	100	45	50	55	55	155	110	125	-150	125	280	281.512	1	Raw PL	
	Kayla Ann Ott (SJ)	Chaos	70.05	72	0.9944	2001	80	90	97.5	97.5	35	40	-45	40	137.5	110	122.5	127.5	127.5	265	263.516	2	Raw PL	
	Bianca Rothman	WICO	69.95	72	0.9953		75	80	87.5	87.5	45	47.5	50	50	137.5	105	115	-120	115	252.5	251.313	3	Raw PL	
	Lana Kleynhans	GY6	68.05	72	1.0147	1967	-60	-60	60	60	50	-55	55	55	115	115	122.5	130	130	245	248.602	4	Raw PL	
	Cynthia Simelane	1610	66.1	72	1.0362	1982	60	70	72.5	72.5	40	45	-50	45	117.5	100	110	120	120	237.5	246.098	5	Raw PL	
	Chelsea Fleetwood (J)		70.15	72	0.9934	1996	85	-90	-90	85	42.5	45	47.5	47.5	132.5	90	95	-97.5	95	227.5	225.998	6	Raw PL	
	Zonra Zietsman	SG	69.9	72	0.9958	1979	-60	70	-80	70	45	47.5	-50	47.5	117.5	90	95	100	100	217.5	216.587	7	Raw PL	
	Heather Leighton (M2)	SOS	69.2	72	1.0028	1964	25	30	35	35	27.5	30	-32.5	30	65	75	85	90	90	155	155.434	8	Raw PL	
84kg	Olivia Perotti	Dan	72.4	84	0.9725	1989	130	137.5	145	145	62.5	67.5	70	70	215	145	155	162.5	162.5	377.5	367.119	1	Raw PL	2
	Tarryn-Leigh Foggitt	BB	80.3	84	0.9131	1987	120	132.5	-137.5	132.5	70	75	-80	75	207.5	140	160	170	170	377.5	344.695	2	Raw PL	3
	Amanda Traughton		72.95	84	0.9676	1987	75	-85	-85	75	50	55	60	60	135	-110	110	0	110	245	237.062	3	Raw PL	
	Fiona Hickman (M2)	SOS	76.9	84	0.9362	1965	65	72.5	-80	72.5	45	50	-52.5	50	122.5	95	110	120	120	242.5	227.029	4	Raw PL	
84+kg	Megan Rogers (SJ)	SOS	107.9	84+	0.8165	1999	110	-120	120	120	55	60	62.5	62.5	182.5	120	132.5	140	140	322.5	263.321	1	Raw PL	
	Rozane du Plessis	1610	115.35	84+	0.8054	1989	100	110	115	115	55	62.5	70	70	185	100	110	120	120	305	245.647	2	Raw PL	
	Nicola Green	1610	90.55	84+	0.8619	1983	90	95	100	100	50	57.5	62.5	62.5	162.5	100	105	107.5	107.5	270	232.713	3	Raw PL	
	Lauren Norton	Bar	108.65	84+	0.8152	1989	x	x	x		95	100	-105	100		x	x	x				1	BP	

	Name	Team	Bwt (kg)	WtCls (kg)	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	Pl-Div-WtCls-Evt	BEST LIFTER
SubJunior																								
47kg	Mijuane de Wet (SJ)	BB	46.95	47	1.3459	2006	65	75	80	80	30	35	-37.5	35	115	75	85	97.5	97.5	212.5	286.004	1	Raw PL	1
	Cara van Deventer (SJ)		45.1	47	1.3847	2000	65	67.5	70	70	27.5	30	-35	30	100	65	70	-75	70	170	235.399	2	Raw PL	
72kg	Kayla Ann Ott (SJ)	Chaos	70.05	72	0.9944	2001	80	90	97.5	97.5	35	40	-45	40	137.5	110	122.5	127.5	127.5	265	263.516	1	Raw PL	2
84+kg	Megan Rogers (SJ)	SOS	107.9	84+	0.8165	1999	110	-120	120	120	55	60	62.5	62.5	182.5	120	132.5	140	140	322.5	263.321	1	Raw PL	3

	Name	Team	Bwt (kg)	WtCls (kg)	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	PI-Div-WtCls-Evt	BEST LIFTER
Junior																								BEST LIFTER
47kg	Mijuane de Wet (SJ)	BB	46.95	47	1.3459	2006	65	75	80	80	30	35	-37.5	35	115	75	85	97.5	97.5	212.5	286.004	1	Raw PL	2
	Cara van Deventer (SJ)		45.1	47	1.3847	2000	65	67.5	70	70	27.5	30	-35	30	100	65	70	-75	70	170	235.399	2	Raw PL	
63kg	Demi-Lee Preston (J)	GY6	62.45	63	1.0811	1996	90	95	100	100	45	-50	-50	45	145	120	130	140	140	285	308.113	1	Raw PL	1
72kg	Kayla Ann Ott (SJ)	Chaos	70.05	72	0.9944	2001	80	90	97.5	97.5	35	40	-45	40	137.5	110	122.5	127.5	127.5	265	263.516	1	Raw PL	3
	Chelsea Fleetwood (J)		70.15	72	0.9934	1996	85	-90	-90	85	42.5	45	47.5	47.5	132.5	90	95	-97.5	95	227.5	225.998	2	Raw PL	
84+kg	Megan Rogers (SJ)	SOS	107.9	84+	0.8165	1999	110	-120	120	120	55	60	62.5	62.5	182.5	120	132.5	140	140	322.5	263.321	1	Raw PL	
Master 1																								BEST LIFTER
57kg	Marieke van Linge (M1)	BB	56.85	57	1.1628		80	85	87.5	87.5	35	37.5	-40	37.5	125	100	110	117.5	117.5	242.5	281.979	1	Raw PL	2
63kg	Ronel Reyneke (M1)	BB	61.85	63	1.0891		90	100	110	110	55	60	65	65	175	100	120	0	120	295	321.285	1	Raw PL	1
	Claire Pacariz (M1)	BB	60.65	63	1.1056		80	82.5	87.5	87.5	40	-45	-45	40	127.5	90	-100	0	90	217.5	240.468	2	Raw PL	3

	Name	Team	Bwt (kg)	WtCls (kg)	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	PI-Div-WtCls-Evt	BEST LIFTER
Master 2																								BEST LIFTER
57kg	Carol Anthony (M2)	SOS	57	57	1.1604	1966	75	80	85	85	42.5	45	47.5	47.5	132.5	115	125	132.5	132.5	265	307.506	1	Raw PL	1
	Jenny Ramsay (M2)	WICO	55.35	57	1.1874		65	72.5	75	75	32.5	35	-37.5	35	110	85	95	-100	95	205	243.417	2	Raw PL	3
72kg	Lana Kleynhans	GY6	68.05	72	1.0147	1967	-60	-60	60	60	50	-55	55	55	115	115	122.5	130	130	245	248.602	1	Raw PL	2
	Heather Leighton (M2)	SOS	69.2	72	1.0028	1964	25	30	35	35	27.5	30	-32.5	30	65	75	85	90	90	155	155.434	2	Raw PL	
84kg	Fiona Hickman (M2)	SOS	76.9	84	0.9362	1965	65	72.5	-80	72.5	45	50	-52.5	50	122.5	95	110	120	120	242.5	227.029	1	Raw PL	

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Gauteng Championships 2017 - Women - Equipped Powerlifting

	Name	Team	Bwt (kg)	WtCls (kg)	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Place	PI-Div-WtCls-Evt	BEST LIFTER
Open																								
84+kg	Jacqui Rees	SOS	95.65	84+	0.8444	1980	-170	170	180	180	92.5	97.5	-100	97.5	277.5	165	177.5	-182.5	177.5	455	384.202	1	EQ PL	2
	Christi de Jager	SOS	88.9	84+	0.8686	1986	140	150	160	160	115	122.5	-125	122.5	282.5	150	162.5	170	170	452.5	393.042	2	EQ PL	1