

18/08/2018

## Gauteng Powerlifting Championships 2018

	Name	Team	Div	Bwt (kg)	WtCls (kg)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	PI Code	Best Lifter	Qual for SA PL	Qual for SA BP
Equipped Powerlifting	Jacqui Rees	SoS	F-EqO	95	84+	170	-190	-190	170	100	110	115	115	285	165	172.5	-180	172.5	457.5	387.228	1	Open	Q	Q
Classic Powerlifting																								
Open	Zelia Brook-Sofianos	BB 1610	F-O	51.6	52	80	87.5	95	95	47.5	52.5	-55	52.5	147.5	110	122.5	127.5	127.5	275	344.877	1		Q	Q
	Matilda Fourie	CF 1111	F-O	51.9	52	80	82.5	-85	82.5	40	42.5	45	45	127.5	100	105	-110	105	232.5	290.276	2		Q	Q
	Toni Coetzee	Pure	F-O	56.65	57	110	115	-120	115	60	62.5	65	65	180	135	147.5	152.5	152.5	332.5	387.695	1		Q	Q
	Sasha Payne (O/J)	Bull	F-O	56.55	57	110	120	-127.5	120	60	65	-67.5	65	185	130	-142.5	-142.5	130	315	367.794	2		Q	Q
	Carol Anthony (O/M2)	SoS	F-O	56.45	57	82.5	87.5	-90	87.5	45	47.5	-50	47.5	135	120	132.5	135	135	270	315.684	3		Q	Q
	Zanalee Davies	Bar	F-O	55.8	57	87.5	92.5	95	95	47.5	50	52.5	52.5	147.5	105	-117.5	-120	105	252.5	297.925	4		Q	Q
	Heba Sabra	SoS	F-O	56.75	57	62.5	67.5	70	70	37.5	40	42.5	42.5	112.5	85	95	-100	95	207.5	241.613	5		Q	
	Lisa Basson	Bull	F-O	61.85	63	115	120	-127.5	120	75	80	-82.5	80	200	135	145	-152.5	145	345	375.740	1		Q	Q
	Jessica Britz	Bull	F-O	61.85	63	95	-105	107.5	107.5	50	55	-57.5	55	162.5	130	142.5	145	145	307.5	334.898	2		Q	Q
	Zaakirah Khalek	Dan	F-O	61.7	63	105	115	117.5	117.5	40	45	-47.5	45	162.5	120	130	142.5	142.5	305	332.785	3		Q	
	Zonra Zietsman	SG	F-O	58.45	63	72.5	77.5	-80	77.5	42.5	47.5	50	50	127.5	80	90	100	100	227.5	258.849	4		Q	Q
	Margot Venter	BB 1610	F-O	62.9	63	70	75	-80	75	40	42.5	-45	42.5	117.5	95	105	-115	105	222.5	239.254	5		Q	
	Sascha Robinson (O/J)	Bull	F-O	61.7	63	50	60	70	70	30	35	40	40	110	70	80	-92.5	80	190	207.309	6			
	Olivia Perotti	Bull	F-O	67.15	72	150	160	-167.5	160	75	80	82.5	82.5	242.5	150	160	-167.5	160	402.5	412.321	1	Open	Q	Q
	Zanele Ngwenya	BB 1610	F-O	66.4	72	105	112.5	120	120	-50	52.5	-57.5	52.5	172.5	125	140	152.5	152.5	325	335.660	2		Q	
	Jozanne Hartzler	CF 1111	F-O	71.55	72	115	-117.5	-117.5	115	52.5	55	-57.5	55	170	140	145	-150	145	315	308.731	3		Q	Q
	Jaydene Bannister	Bull	F-O	70.3	72	100	-110	110	110	50	55	60	60	170	110	125	135	135	305	302.530	4		Q	Q
	Sofia Kavallieratos	Pure	F-O	71.3	72	-90	95	100	100	57.5	62.5	65	65	165	120	130	-140	130	295	289.808	5		Q	Q
	Fiona Hickman (O/M2)	BB 1610	F-O	71.75	72	80	87.5	-95	87.5	45	50	-52.5	50	137.5	100	115	-120	115	252.5	247.021	6		Q	
	Nicole Scott		F-O	71.15	72	105	-110	-110	105	-67.5	-67.5	-67.5	0	0	165	-175	-175	165	0	0.000				
	Lezaan Jordaan	Bull	F-O	82.5	84	150	160	167.5	167.5	70	80	-82.5	80	247.5	160	180	205	205	452.5	407.250	1		Q	Q
	Pia Marangoni (O/M1)	Pure	F-O	82.05	84	-135	135	142.5	142.5	55	-60	-60	55	197.5	142.5	152.5	157.5	157.5	355	320.423	2		Q	
	Emma Elcott	Yard	F-O	82.8	84	127.5	137.5	-145	137.5	57.5	-62.5	62.5	62.5	200	140	147.5	-155	147.5	347.5	312.159	3		Q	Q
	Cindy Bezuidenhout	SLAM	F-O	79	84	90	102.5	112.5	112.5	50	-55	55	55	167.5	115	125	-132.5	125	292.5	269.539	4		Q	
	Angelique VD Westhuizen	CF 1111	F-O	85.2	84+	105	112.5	-120	112.5	60	-65	-65	60	172.5	140	150	160	160	332.5	294.462	1		Q	

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<b>SubJunior</b>	Mijuane De Wet		Bull	F-SJ	52	52	80	90	-95	90	30	35	-40	35	125	90	100	107.5	107.5	232.5	289.835	1		Q	
	Lianka Wurth			F-SJ	60.8	63	70	75	-80	75	-50	50	-52.5	50	125	100	110	120	120	245	270.358	1		Q	Q
	Ciara Morley	SG	F-SJ	71.05	72	120	130	-140	130	52.5	57.5	-60	57.5	187.5	125	135	142.5	142.5	330	324.984	1	SubJunior	Q	Q	
	Gabriella Poxon	CF 1111	F-SJ	68.55	72	60	65	70	70	35	-40	-40	35	105	65	72.5	80	80	185	186.758	2		Q		
<b>Juniors</b>	AJ Meth		Bull	F-J	50.9	52	90	-95	-95	90	50	-55	-55	50	140	110	120	-122.5	120	260	329.498	1		Q	Q
	Sasha Payne (O/J)		Bull	F-J	56.55	57	110	120	-127.5	120	60	65	-67.5	65	185	130	-142.5	-142.5	130	315	367.794	1	Junior	Q	Q
	Brittney Oosthuizen			F-J	61.7	63	95	100	-105	100	47.5	-52.5	-52.5	47.5	147.5	102.5	-107.5	-107.5	102.5	250	272.775	1		Q	Q
	Sascha Robinson (O/J)	Bull	F-J	61.7	63	50	60	70	70	30	35	40	40	110	70	80	-92.5	80	190	207.309	2				
	Heidi Van Vuuren			F-J	59.9	63	50	60	-65	60	30	35	-40	35	95	80	85	-102.5	85	180	200.934	3			
	Megan Rogers	SoS	F-J	111.3	84+	125	135	-140	135	-60	60	62.5	62.5	197.5	120	132.5	140	140	337.5	273.746	1		Q	Q	
<b>Master 1</b>	Ilona Wilson	Pure	F-M1	61.95	63	110	-117.5	-120	110	50	-55	-55	50	160	132.5	142.5	152.5	152.5	312.5	339.938	1	Master 1	Q	Q	
	Ronel Reyneke	Bull	F-M1	62.75	63	90	-100	-105	90	57.5	62.5	-65	62.5	152.5	100	120	-125	120	272.5	293.537	2		Q	Q	
	Claire Pacariz	Bull	F-M1	62.25	63	95	-102.5	102.5	102.5	40	45	-50	45	147.5	100	117.5	-120	117.5	265	287.207	3		Q	Q	
	Pia Marangoni (O/M1)	Pure	F-M1	82.05	84	-135	135	142.5	142.5	55	-60	-60	55	197.5	142.5	152.5	157.5	157.5	355	320.423	1		Q		
	Phokwane Moleele	Bull	F-M1	89.1	84+	80	90	100	100	55	-65	65	65	165	110	140	150	150	315	273.325	1		Q	Q	
<b>Master 2</b>	Carol Anthony (O/M2)	SoS	F-M2	56.45	57	82.5	87.5	-90	87.5	45	47.5	-50	47.5	135	120	132.5	135	135	270	315.684	1	Master 2	Q	Q	
	Candice Firmani	Bull	F-M2	60.85	63	90	100	-105	100	52.5	57.5	-60	57.5	157.5	100	110	-120	110	267.5	294.999	1		Q	Q	
	Marion Tanzer	Bar	F-M2	71.65	72	90	95	100	100	50	55	-57.5	55	155	120	130	135	135	290	283.968	1		Q	Q	
	Janita Kruger	Bar	F-M2	71.05	72	-90	90	97.5	97.5	52.5	-57.5	57.5	57.5	155	120	-130	-130	120	275	270.820	2		Q	Q	

