



South African Powerlifting Federation

2018 World Equipped Bench Press Championships – Manager’s Report

A team of 26 powerlifters competed for South Africa in the IPF World Equipped Bench Press Championships held in Potchefstroom, South Africa from 23-28 April 2018. The championship was contested by 316 lifters from 26 different countries, and South Africa now has a new IPF World Champion Bench Presser in Subjunior Ruben Snyman.

The full results can be found here: <https://www.powerlifting-ipf.com/championships/results/2018.html>

Here is the final #TeamSA medal count: the team won a total of 6 medals, and set 8 new SA National records.

Medals

The breakdown of medals won by team South Africa is as follows:

	Bronze	Silver	Gold	Total
Men	2	2	1	5
Ladies		1		1
<i>Total</i>	2	3	1	6

Ladies Results

Here are the individual results for our ladies:

Lifter	Age Category	Weight Division	Result	Medal/ Place	Wilks points	Records
Lisa Basson	Open	63kg	90.0kg	7th	99.63	
Chantelle du Toit	Open	72kg	110.0kg	6th	107.61	
Christi de Jager	Open	84kg	117.5kg	4th	105.29	
Nicola Green	Open	84+kg	120.0kg	6th	102.76	
Jacqui Rees	Open	84+kg	110.0kg	7th	93.60	
Megan Leighton	Junior	57kg	102.5kg	SILVER	119.27	SA Junior and Open records. Equals the Commonwealth Junior record
Rouxchelle Roux	Junior	57kg	77.5kg	4th	94.30	

Men's Results

Here are the individual results for our men:

Lifter	Age Category	Weight Division	Result	Medal /Place	Wilks points	Records
Marcel Vorster	Open	74kg	172.5kg	7th	131.31	
Jonathan Kariv	Open	74kg	172.5kg	8th	124.44	
Eben Booyens	Open	83kg	-	-	-	
David Jacobsz	Open	93kg	207.5kg	7th	131.26	
Riaan Hayes	Open	105kg	210.0kg	9th	126.08	
Hennie Janse van Rensburg	Open	105kg	195.0kg	10th	117.02	
Heinrich Janse van Rensburg	Open	120kg	205.0kg	8th	122.32	
Louis Moorcroft	Subjunior	66kg	125.0kg	BRONZE	101.25	New SA Subjunior record
Daniel Lotter	Subjunior	66kg	115.0kg	5th	90.63	
Ruben Snyman	Subjunior	105kg	165.0kg	GOLD	100.85	New SA Subjunior record
Adrian Smith	Junior	93kg	200.0kg	4th	126.22	Equals the SA Junior record
Glen van der Linde	Master 1	74kg	142.5kg	5th	104.03	
Marlon Daniels	Master 1	83kg	202.5kg	BRONZE	137.27	New SA Open and Master 1 records
Pieter Erasmus	Master 1	93kg	215.0kg	SILVER	135.51	New SA Master 1 record
Jorncy Page	Master 1	93kg	170.0kg	8th	107.12	
Christo Schoonraad	Master 2	105kg	167.5kg	4th	102.02	
Craig van Wyk	Master 2	120kg	197.5kg	4th	113.56	
Andrew Denoon	Master 2	120kg	190.0kg	5th	110.66	
Colin Young	Master 3	105kg	170.0kg	SILVER	102.12	New SA Master 3 record

Best Team awards

The Best Team prizes are awarded to the top three countries in each age category, based on the points earned by their top 5 lifters. South Africa won the following Team Prizes:

2nd Best Men's Master 1 team

3rd Best Men's Subjunior team

Here are the team standings for all SA lifters:

Team	Number of lifters	Result
Open Men	7	10 th out of 16 teams
Subjunior Men	3	3 rd out of 8 teams
Junior Men	1	9 th out of 9 teams
Master 1 Men	4	2 nd out of 14 teams
Master 2 Men	3	5 th out of 10 teams
Master 3 Men	1	7 th out of 8 teams
Open Women	5	4 th out of 14 teams

Junior Women	2	5 th out of 9 teams
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Referees

South African referees Johan Smith, Alan Ferguson, Vicki Botha, Andre Ludik, Rodney Anthony, Ephraim Khandanise, Cliff Hayim, Dan Oppenheim and Megan Leighton officiated as Referees or on the Jury for various sessions during the championships.

The 2019 IPF World Bench Press Championships will be a combined Open, Junior, SubJunior and Masters Classic and Equipped Bench Press Championships to be held in Tokyo, Japan from 13-19 May 2019.

Heather Leighton – Team manager

02/05/2018