



GAUTENG

BENCHPRESS CHAMPIONSHIPS

30 JANUARY 2021

PRELIMINARY ENTRIES

SESSION 1 - 6AM WEIGH-IN

Name	Weight Category	Age Category	Comp	Club	Affiliated
SESSION 1 - Classic Men 66kg, 74kg, 83kg, 93kg, 120kg			Weigh in - 6am Lifting - 8am		Affiliated
Andrew Leisegang	66kg	O	Classic	Barbell 1610	pd, no form
James William McIlrea	66kg	J	Classic	Dan	
Matthew Levine	74kg	O	Classic	SGS	Yes
Darius Sangari	74kg	O	Classic	The Yard	Yes
Chadwyn Govington	74kg	O	Classic	SOS	
Glen VD Linde	74kg	M2	Classic	Rassies	
Marlon Daniels	83kg	O	Classic	SOS	
Connor Scheckle	83kg	O	Classic	SOS	
Orrin Flugel	83kg	M1	Classic	SOS	
Steve Labson	83kg	M3	Classic	None	
Daniel Glenn Duke	93kg	J	Classic	Dan	
Tony Fernandes	93kg	M1	Classic	EMET	Yes
Johnny Dam	93kg	O/M2	Classic	SOS	Yes
Deon Smedley	93kg	O	Classic	Barbell 1610	
Ryan Stopforth	93kg	O	Classic	The Yard	Yes
Justin Furman	120kg	J	Classic	Barbell Bullies	
John Crain	120kg	O/M2	Classic	EMET	Yes
Craig Van Wyk	120kg	M2	Classic	CF360Vida	No
Hermanus De Beer	120kg	M2	Classic	VA	Yes



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PRELIMINARY ENTRIES

SESSION 2 - 9:45AM WEIGH-IN

Name	Weight Category	Age Category	Comp	Club	Affiliated
SESSION 2 - Classic All Women + Equipped		Weigh in - 9:45am Lifting - 11:45am			Affiliated
Zohra Crain	57kg	M2	Classic	EMET	Yes
Alexandra Mundell	57kg	J/O	Classic	SOS	
Margot Venter	63kg	O	Classic	Barbell 1610	Yes
Chevonne Roos	63kg	O	Classic	The Yard	Yes
Mijuane De Wet	63kg	SJ	Classic	Barbell Bullies	pd, no form
Gaia Mottolini	69kg	SJ	Classic	The Yard	Yes
Monica Longhurst	69kg	M1	Classic	Core/Marcel	Yes
Caitlin Poxon	69kg	J	Classic	Barbell 1610	
Tyla Coetsee	69kg	J	Classic	The Yard	Yes
Jodi Poxon	76kg	M1	Classic	Barbell 1610	
Maria Combrink	84+kg	M1	Classic	The Bar	Yes
Carol Anthony	57kg	O/M2	Equipped	SOS	
Glen VD Linde	74kg	M2	Equipped	Rassies	
Carel Jansen	83kg	M1	Equipped	SOS	
Johnny Dam	93kg	O/M2	Equipped	SOS	Yes
Craig Van Wyk	120kg	M2	Equipped	CF360Vida	No



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PRELIMINARY ENTRIES

SESSION 3 - 1:30PM WEIGH-IN

Name	Weight Category	Age Category	Comp	Club	Affiliated
SESSION 3 - Classic Men 105kg, 120+kg		Weigh in - 1:30pm Lifting - 3:30pm			Affiliated
Dale Abrams	105kg	M1	Classic	EMET	Yes
Mike Poxon	105kg	M1	Classic	Barbell 1610	
Glen Thomas	105kg	M3	Classic	EMET	Yes
Taariq Osman	105kg	SJ	Classic	Barbell Bullies	
Kyle Burger	105kg	O	Classic	EMET	Yes
Joshua Standers	105kg	O	Classic	The Yard	Yes
Derik Van Wyk	105kg	O	Classic	Barbell 1610	Yes
Dirko Smuts	105kg	O	Classic	None	
Daniel Robertson	105kg	O	Classic	Barbell 1610	Yes
Ian Furman	120+kg	M2	Classic	Barbell Bullies	
Adam Stein	120+kg	O	Classic	Barbell Bullies	
Matt Bekker	120+kg	O	Classic	Barbell 1610	Yes
Werner Koekemoer	120+kg	M1	Classic	Barbell Bullies	Yes
David Kerr	120+kg	M1	Classic	EMET	Thur