

FREE STATE BENCH PRESS CHAMPIONSHIPS 2021
 13/02/2021
 MPG HQ, BLOEMFONTEIN

NAME	SURNAME	BODYWEIGHT	DIVISION	AGE CLASS	ATTEMPT 1	ATTEMPT 2	ATTEMPT 3	Raw/Equip	Rack Height
Charles	Johnson	105.0	u105kg	Master 2/ Open	150	170	180	Raw	16
Gys	Smith	137.1	120kg +	Master 1	140	150	160	Raw	16
Hein	van Zyl	120.5	120kg +	Master 1	170	180	/	Equipped	16
			120kg +	Open	140	170	150	Raw	16
			120kg +	Open	170	170	/	Equipped	16
Tommy	de Nysschen	80.9	83kg	Master 2/Open	110	120	130	Raw	13
				Master 2/Open	110	120	130	Equipped	13

Referees: Free State Bench Press Championships 13 February 2021

Head Judge: Quintin Kannemeyer
 Side Judge 1: Ricardo Barreto
 Side Judge 2: Ian Mouton
 Score Keeping: Kailley Louw