

South African Powerlifting Federation
Sa Equipped Bench Press Championship , South Africa, Durban, 07.02.2015
Nominations on 20th of January 2015

Name / B.Year	Nation	Bench Press
Juniors		
- 57 kg		
1 Leighton Megan /96	Gauteng	—
- 72 kg		
1 Goosen Tammy /93	Gauteng	—

In the Competitions were participating 2 lifters

Masters 2		
- 52 kg		
1 Coleman Liliana /63	Western Province	—

In the Competitions were participating 1 lifters

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Name / B.Year	Nation	Bench Press
Juniors		
- 57 kg		
1 Leighton Megan /96	Gauteng	—
In the Competitions were participating 1 lifters		
Masters 1		
- 63 kg		
1 Ingle Carm /75	Gauteng	—
84+ kg		
1 Ludwig Tracy /73	Kwazulu Natal	—
In the Competitions were participating 2 lifters		

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Name / B.Year	Nation	Bench Press
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Subjuniors

- 66 kg

1 van der Linde Ruben /98	Gauteng	—
2 van der Linde Bernard /00	Gauteng	—

- 74 kg

1 Muller Ignatius /98	Eastern Cape	—
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In the Competitions were participating 3 lifters

Juniors

- 66 kg

1 Strydom Jaco /93	Eastern Cape	—
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- 93 kg

1 Holder Franco /93	North West	—
2 Jantjies Herschelle /95	Eastern Cape	—

In the Competitions were participating 3 lifters

Seniors

- 53 kg

1 Faviers Andy /91	Western Province	—
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- 74 kg

1 Goosai Vinay /80	Kwazulu Natal	—
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- 83 kg

1 Kariv Jonathan /83	Gauteng	—
2 Chantler JC /89	Eastern Cape	—

- 105 kg

1 Gadney Sarel /87	Gauteng	—
2 Veldman Frikkie /87	Gauteng	—
3 Mkhize Mazwi /86	Kwazulu Natal	—

- 120 kg

1 Edwards Dave /85	Gauteng	—
2 Green Brian /72	Kwazulu Natal	—
3 Rai Lee /85	Kwazulu Natal	—
120+ kg		
1 Farinha Jose /81	Free Sate	—

In the Competitions were participating 11 lifters

Masters 1

- 74 kg		
1 van der Linde Glen /71	Gauteng	—
- 93 kg		
1 Ingel Nicolas /71	Gauteng	—
- 120 kg		
1 Cosmo Matthew /71	Gauteng	—
2 Horn Malone /70	Kwazulu Natal	—
120+ kg		
1 Meyer Jean /72	Gauteng	—

In the Competitions were participating 5 lifters

Masters 2

- 66 kg		
1 Bruce JC /61	Western Province	—
- 74 kg		
1 Denysson Tommy /65	Noord Kaap	—
- 105 kg		
1 Young Colin /57	Western Province	—
- 120 kg		
1 Voster Johan /60	Noord Kaap	—
2 Katzen Gary /61	Gauteng	—
3 Oosthuizen Gerhardus /64	Kwazulu Natal	—

In the Competitions were participating 6 lifters

Masters 3

- 83 kg

1 Vermaak Peter /48

Western Province

—

In the Competitions were participating 1 lifters

Masters 4

- 74 kg

1 Oppenheim Dan /45

Gauteng

—

- 83 kg

1 Kempen William /45

Western Province

—

In the Competitions were participating 2 lifters

South African Powerlifting Federation
SA Equipped Bench Press Championships , South Africa, Durban, 07.02.2015
Nominations on 19th of January 2015

Name / B.Year	Nation	Bench Press
Subjuniors		
- 66 kg		
1 van der Linde Ruben /98	Gauteng	—
2 van der Linde Bernard /00	Gauteng	—

In the Competitions were participating 2 lifters

Juniors		
- 66 kg		
1 Vorster Marcel /94	Gauteng	—
- 120 kg		
1 Katushabe Edgar /93	Eastern Cape	—

In the Competitions were participating 2 lifters

Seniors		
- 83 kg		
1 Kariv Jonathan /83	Gauteng	—
- 105 kg		
1 Janse van Rensburg Heinrich /Free Sate		—
2 Veldman Frikkie /87	Gauteng	—
- 120 kg		
1 Gie Andries /80	Western Province	—
120+ kg		
1 Nolan Eugene /89	Eastern Cape	—

In the Competitions were participating 5 lifters

Masters 1		
- 66 kg		
1 van der Linde Glen /71	Gauteng	—
- 93 kg		
1 Parker George /71	Gauteng	—
- 105 kg		
1 Phillips Mark /68	Gauteng	—
- 120 kg		
1 Cosmo Matthew /71	Gauteng	—
120+ kg		
1 Meyer Jean /72	Gauteng	—

In the Competitions were participating 5 lifters

Masters 2		
- 66 kg		
1 Bruce JC /61	Western Province	—
- 120 kg		
1 Voster Johan /60	Noord Kaap	—
2 Katzen Gary /61	Gauteng	—

In the Competitions were participating 3 lifters

Masters 3

- 83 kg

- 1 Coleman Neal /50
- 2 Vermaak Peter /48

Western Province
Western Province

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—

In the Competitions were participating 2 lifters

Masters 4

- 74 kg

- 1 Oppenheim Dan /45

Gauteng

—

In the Competitions were participating 1 lifters