SAPF National Championship Results

POWERLIFTING					BENCH PRESS				
Equipped				Unequipped	Equipped				Unequipped
SA Champs	SA Secondaries	Inland Inter-Provincials	Coastal Inter-Provincials	SA Champs	SA Champs	SA Secondaries	Inland Inter-Provincials	Coastal Inter-Provincials	SA Champs
				2015	2015				2015
2014				2014	2014	2014			2014
				2013					2013
2012		2012	2012	2012	2012		2012	2012	2012
2011		2011	2011		2011		2011	2011	2011
2010		2010	2010		2010		2010	2010	2010
2009		2009	2009		2009		2009	2009	2009
									2008