

23/09/2019

SA Classic Bench Press Championships 2019

Amended 30/05/2019

Women	Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code		BP-1	BP-2	BP-3	Best BP		Best BP	PI/Div/Cls/Event	IPF Points	Events Entered	Qualified for World Bench
Subjunior	Anika Ferreira	EC	F-SJ-U	53.30	57	4	2004	FCB		40.0	45.0	-47.5	45.0		45.0	1/F-SJ-U/57/BP	415.77	BP	
	Mbasa Qilingele	EC	F-SJ-U	69.45	72	8	2001	FCB		65.0	67.5	-70.0	67.5		67.5	1/F-SJ-U/72/BP	535.28	BP	Q
	Michaela Eyre	EC	F-SJ-U	68.99	72	7	2001	FCB		40.0	47.5	-52.5	47.5		47.5	2/F-SJ-U/72/BP	398.50	BP	
Junior	Patricia Harding	EC	F-J-U	46.66	47	1	2000	FCB		32.5	35.0	37.5	37.5		37.5	1/F-J-U/47/BP	374.29	BP	
Open	Megan Minnaar	EC	F-O-U	44.71	47	2	1987	FCB		37.5	40.0	42.5	42.5		42.5	1/F-O-U/47/BP	423.62	BP	
	Vanessa Lessing	EC	F-O-U	62.56	63	6	1978	FCB		47.5	52.5	-55.0	52.5		52.5	1/F-O-U/63/BP	447.54	BP	
	Christi de Jager	GP	F-O-U	95.63	84+	9	1986	FCB		90.0	95.0	97.5	97.5		97.5	1/F-O-U/84+/BP	662.54	BP	
Master 1	Elisabeth Barry	EC	F-M1-U	50.33	52	3	1973	FCB		37.5	40.0	-42.5	40.0		40.0	1/F-M1-U/52/BP	384.34	BP	
	Vanessa Lessing	EC	F-M1-U	62.56	63	6	1978	FCB		47.5	52.5	-55.0	52.5		52.5	1/F-M1-U/63/BP	447.54	BP	
Master 2	Joan Swart	WC	F-M2-U	58.89	63	5	1965	FCB		47.5	52.5	-55.0	52.5		52.5	1/F-M2-U/63/BP	457.23	BP	

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Subjunior	Muzi Ngele	GP	M-SJ-U	51.34	53	11	2001	MCB		60.0	65.0	-67.5	65.0		65.0	1/M-SJ-U/53/BP	398.06	BP	
	Lesege Ramafoko	Guest	M-SJ-U	53.55	59	12	2001	MCB		60.0	67.5	70.0	70.0		70.0	1/M-SJ-U/59/BP	410.59	BP	
	Simon Curtain	EC	M-SJ-U	81.60	83	21	2002	MCB		85.0	90.0	92.5	92.5		92.5	1/M-SJ-U/83/BP	380.48	BP	
	Jarrood-Lee Barnard	EC	M-SJ-U	111.94	120	33	2001	MCB		125.0	130.0	-132.5	130.0		130.0	1/M-SJ-U/120/BP	436.84	BP	Q
Junior	Kgaladi Malope	GP	M-J-U	58.66	59	13	2000	MCB		70.0	77.5	-80.0	77.5		77.5	1/M-J-U/59/BP	416.29	BP	
	Ruben van der Linde	GP	M-J-U	65.67	66	15	1998	MCB		100.0	-112.5	-112.5	100.0		100.0	1/M-J-U/66/BP	486.74	BP	
	Jaco Hanekom	EC	M-J-U	78.74	83	22	1999	MCB		135.0	140.0	145.0	145.0		145.0	1/M-J-U/83/BP	612.55	BP	Q
	Ignatius Muller	EC	M-J-U	83.00	83	23	1998	MCB		0.0	0.0	0.0	0.0		0.0		0.00	BP	
Open	Ruben van der Linde	GP	M-O-U	65.67	66	15	1998	MCB		100.0	-112.5	-112.5	100.0		100.0	1/M-O-U/66/BP	486.74	BP	
	Glen van der Linde	GP	M-O-U	72.14	74	19	1971	MCB		110.0	115.0	117.5	117.5		117.5	1/M-O-U/74/BP	530.17	BP	
	Sibulele Ntlokwana	EC	M-O-U	72.25	74	17	1993	MCB		115.0	117.5	-120.0	117.5		117.5	2/M-O-U/74/BP	529.54	BP	
	Wonga Jola	EC	M-O-U	78.05	83	24	1992	MCB		140.0	155.0	-160.0	155.0		155.0	1/M-O-U/83/BP	659.14	BP	
	Melisizwe Ntengento	EC	M-O-U	77.23	83	25	1985	MCB	d	100.0	110.0	-120.0	110.0		110.0	2/M-O-U/83/BP	471.10	BP	
	Archie Ayekpa	GP	M-O-U	91.54	93	29	1985	MCB		142.5	152.5	160.0	160.0		160.0	1/M-O-U/93/BP	608.73	BP	
	Marshall Marsh	EC	M-O-U	85.81	93	27	1989	MCB	d	135.0	140.0	-145.0	140.0		140.0	2/M-O-U/93/BP	556.32	BP	
	Eben Booyens	EC	M-O-U	91.80	93	26	1983	MCB		170.0	180.0	190.0	190.0			Doping Disq		BP	
	Colin Young	WC	M-O-U	103.60	105	30	1957	MCB		175.0	-180.0	180.0	180.0		180.0	1/M-O-U/105/BP	633.09	BP	Q
	Ian Furman	GP	M-O-U	119.67	120	34	1967	MCB		180.0	185.0	-190.0	185.0		185.0	1/M-O-U/120/BP	598.10	BP	
	Riaan Hayes	WC	M-O-U	105.35	120	35	1982	MCB		200.0	-205.0	-207.5	200.0			Doping Disq		BP	
Master 1	David Jali	EC	M-M1-U	65.04	66	14	1970	MCB		75.0	77.5	80.0	80.0		80.0	1/M-M1-U/66/BP	392.07	BP	
	Glen van der Linde	GP	M-M1-U	72.14	74	19	1971	MCB		110.0	115.0	117.5	117.5		117.5	1/M-M1-U/74/BP	530.17	BP	Q
	Xolani Ndatya	EC	M-M1-U	67.05	74	18	1974	MCB	d	80.0	100.0	-110.0	100.0		100.0	2/M-M1-U/74/BP	478.33	BP	
	Mark Stravino	WC	M-M1-U	92.08	93	28	1974	MCB		137.5	145.0	-147.5	145.0		145.0	1/M-M1-U/93/BP	549.51	BP	Q
	Charles Johnson	WC	M-M1-U	102.75	105	31	1970	MCB		165.0	170.0	-178.5	170.0		170.0	1/M-M1-U/105/BP	600.96	BP	Q
	Tobie Nortje	GP	M-M1-U	104.61	105	32	1976	MCB		150.0	157.5	-165.0	157.5		157.5	2/M-M1-U/105/BP	550.76	BP	Q
Master 2	JC Bruce	WC	M-M2-U	65.57	66	16	1961	MCB		82.5	-87.5	-87.5	82.5		82.5	1/M-M2-U/66/BP	401.63	BP	
	Tommie de Nysschen	FS	M-M2-U	79.68	83	20	1963	MCB		112.5	115.0	120.0	120.0		120.0	1/M-M2-U/83/BP	502.38	BP	Q
	Ian Furman	GP	M-M2-U	119.67	120	34	1967	MCB		180.0	185.0	-190.0	185.0		185.0	1/M-M2-U/120/BP	598.10	BP	Q
	Gerhardus Oosthuizen	KZN	M-M2-U	118.14	120	36	1964	MCB		-175.0	-180.0	180.0	180.0		180.0	2/M-M2-U/120/BP	586.18	BP	Q
Master 3	Colin Young	WC	M-M3-U	103.60	105	30	1957	MCB		175.0	-180.0	180.0	180.0		180.0	1/M-M3-U/105/BP	633.09	BP	Q