

| 2022 | Provincial Championship to qualify | | SA Championship to qualify | | | | First International Comp | | |
|------------------------------|---|----------------------|--|---------------------|------------------|----------------------|---|-----------------|-------------------|
| | Comp | Latest comp date | Comp | Latest comp date | Agreed comp date | Agreed Host Province | Comp | Comp dates | Prelim entry date |
| BENCH PRESS | Provincial Bench Press Champs | Weekend of 19/20 Feb | SA Bench Press Championships | Weekend of 12 March | 12-Mar | Gauteng | World Classic and Equipped Bench Press Championships | 21-29 May | 20-Mar |
| CLASSIC POWERLIFTING | Provincial Classic Powerlifting Champs | Weekend of 26 Feb | SA Classic Powerlifting Championships | Weekend of 2 April | 24-27 Mar | North West | World Classic Open Championships, South Africa | 6-12 June | 07-Apr |
| EQUIPPED POWERLIFTING | Provincial Equipped Powerlifting Champs | End May | SA Equipped Powerlifting Championships | Weekend of 25 June | 25-Jun | Eastern Cape (tbc) | World SJ + Jun Equipped Powerlifting Championships, Ecuador | 26-Aug - 4 Sept | 26-Jun |

2022 AGM

23-Mar-22

Notes for Provinces:

1. All Provinces must have their 2022 AGMs by end of Feb 2022, to get your minutes and other reports to SAPF in time for SAPF AGM.
2. Provinces hosting SA Champs in 2022 to confirm the dates in yellow above
3. All provinces to schedule their Provincial Championships (latest dates for these in orange above)
4. All provinces to take note that there will be changes to 2022 affiliation process, to be communicated
5. SA National Championships will have Prelim entry date 21 days before event, and Final entry date 7 days before event.
6. Provinces to confirm dates for the above on or before 31 October 2021 to Heather Leighton