

School of Strength FIRST TIME LIFTER COMP

23-Apr-17

Lifter	Club	G	YOB	BW	SQ	BP	DL	Total	Wilks points	Place
Sandra Tunbrudge	WICO	F	1983	50.35	57.5	35	87.5	180	230.01	3
Heba Sabra	SoS	F	1989	55.35	55	32.5	85	172.5	204.83	4
Bianca Watson	WICO	F	1979	69.55	82.5	47.5	117.5	247.5	247.32	2
Meghann Bruce	WICO	F	1990	56.35	70	47.5	122.5	240	281.01	1
Talitha de Wet	BB	F	2008	29.00	0	0	45	45	75.11	
Ewan de Wet	BB	M	2002	63.80	60	50	110	220	177.72	9
Sean O'Neill	WICO	M	1980	78.00	95	70	140	305	211.64	7
Justin Furman	GMBC	M	2001	90.60	110	62.5	157.5	330	209.96	8
Darryl Swanepoel	Bar	M	1972	93.15	115	65	170	350	219.70	6
Mark Fulton		M	1986	101.60	130	120	212.5	462.5	279.73	4
Simon Workman	WICO	M	1985	79.40	117.5	102.5	195	415	284.68	3
Stuart Daly	WICO	M	1988	104.90	140	125	200	465	277.96	5
Reeza Seedat		M	1992	80.10	160	130	225	515	351.31	1
Nikola Domazet	Bar	M	1989	96.70	185	127.5	245	557.5	344.07	2
Janco McDuling	Bar	M	1990	87.90	0	112.5	0	112.5	72.71	

Referees:

Megan Leighton
Chantelle du Toit
Heather Leighton

Announcers + scorer:

Carol Anthony
Laura de Wet