

Bench Press

Ec Champs

27 Oct 2018

AGE GROUP	TEAM	DIV	NAME	LOT NO	BODY MASS	WILKS FORMULA	SQUAT				BENCH PRESS				DEAD LIFT				TOTAL (kg)	POINTS (WILKS)	POSITION	TEAM POINTS	INCENTIVE BADGE						
							1ST	2ND	3RD	4TH	1ST	2ND	3RD	4TH	1ST	2ND	3RD	4TH											
WOMEN BENCH PRESS																													
		41					-	-	-																				
Sub Junior	Cape Recif	73	Mbasa Qilingele	68.75	68.75	1.0074	-	-	-	65.0	+	70.0	+	72.5	-	-	-	-	-	-	-	-	70.0	70.52	First	#N/A	White		
		41					-	-	-																				
		41					-	-	-																				
		41					-	-	-																				
		41					-	-	-																				
		41					-	-	-																				
		41					-	-	-																				
MEN BENCH PRESS																													
		.					-	-	-																				
Junior		.	Likaya Tandani				-	-	-																				
		.					-	-	-																				
		.					-	-	-																				
Senior		72	Macethandile(Max) Kulati	65.89	65.89	0.7867	-	-	-	75.0	+	80.0	-	80.0	-	-	-	-	-	-	-	-	75.0	59.00	First	12	White		
		.					-	-	-																				
Senior		80	Haldane Adams	74.00	74.00	0.7193	-	-	-	70.0	-	70.0	+	75.0	+	-	-	-	-	-	-	-	75.0	53.95	Second	9	White		
Senior		80	Meli Ntengeto	80.00	80.00	0.6827	-	-	-	100.0	+	105.0	+	110.0	+	-	-	-	-	-	-	-	110.0	75.10	First	12	Orange		
		.					-	-	-																				
Senior		88	Marshall Marsh	86.63	86.63	0.6515	-	-	-	135.0	+	140.0	+	143.5	-	-	-	-	-	-	-	-	140.0	91.21	First	12	Blue		
		.					-	-	-																				
Master 1		72	Xolanie Ndatya	66.34	66.34	0.7823	-	-	-	60.0	+	75.0	+	90.0	+	-	-	-	-	-	-	-	90.0	70.41	First	12	Yellow		
		.					-	-	-																				
		.					-	-	-																				
		.					-	-	-																				
		.					-	-	-																				
		.					-	-	-																				
		.					-	-	-																				
		.					-	-	-																				
		.					-	-	-																				
		.					-	-	-																				

Werner Benadie

Andre Ludik

Samantha Harding