

	Thursday	Friday	Saturday
1	W-in 6am/Lift 8am 53, 59, 66kg men 5,1,18 = 24 lifters	W-in 6am/Lift 8am 43,52,57kg women 2,7,11 = 20 lifters	W-in 6am/Lift 8am 72,84,84+kg women 18,6,4 = 28 lifters
2	W-in 10am/Lift 12pm 74kg men 26 lifters	W-in 9am/Lift 11am 93,105kg men 20,14 = 34 lifters	W-in 11am/Lift 1pm 120,120+kg men 13,7 = 20 lifters
3	W-in 3pm/Lift 5pm 83kg men 28 lifters	W-in 3pm/Lift 5pm 63kg women 19 lifters	