

## WESTERN CAPE RAW CHAMPIONSHIP - 28 JULY 2018

Name	Surname	Gender	Body Weight	Weight Class	Age Category	Qualifying Competition	Date of Comp	Meet Year	Squat	Bench	Deadlift	Total	SA Qualifying Std Raw	Placing
Xavier	Daniels	M	71.1	74	Subjunior	SA Championship 2018	Mar-18	2018	160	90	180	430	347.5	1
Stefano	Rosolen	M	81.05	83	Subjunior	PPC Club Competition 2018	Apr-18	2018	142.5	85	160	387.5	385	1
Marchino	Mouwens	M	58.4	59	Junior	PPC Club Competition 2018	Apr-18	2018	85	80	140	305	292.5	1
Brandon	Samuels	M	65.6	66	Junior	SA Championship 2018	Mar-18	2018	150			Disqualified	322.5	Disqualified
Eugene	Scheepers	M	92.3	93	Junior	SA Championship 2017	Mar-17	2017	230	145	240	615	407.5	1
Conrad	Litch	M	89.9	93	Junior	SA Championship 2018	Mar-18	2018	170	90	210	470	407.5	2
Michael	Fourie	M	136	+120	Junior	G-Team Club Competition 2018	Jun-18	2018	220	165	230	615	462.5	1
Andie	Faviers	M	61	66	Open	G-Team Club Competition 2018	Jun-18	2018	135	125	180	440	390	1
Brandon	Samuels	M	65.7	66	Open	SA Championship 2018	Mar-18	2018	150			Disqualified	390	Disqualified
Francois	Bouwer	M	102.9	105	Open	G-Team Club Competition 2018	Jun-18	2018	227.5	132.5	285	645	520	1
Allistair	Begg	M	82.2	83	Master1	PPC Club Competition 2018	Apr-18	2018	210	140	240	590	385	1
Donald	Julius	M	90.9	93	Master1	PPC Club Competition 2018	Apr-18	2018	210	142.5	200	552.5	407.5	1
Charles	Johnson	M	103	105	Master1	PPC Club Competition 2018	Apr-18	2018	220	160	255	635	432.5	1
Mogamat	Kader	M	104.7	105	Master1	PPC Club Competition 2018	Apr-18	2018	200	150	240	590	432.5	2
Stanley	Lameyer	M	80.3	83	Master 2	PPC Club Competition 2018	Apr-18	2018	210	100	220	530	385	1

Qualified for SA Raw 2019

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Name	Surname	Birth Date	Gender	Body Weight	Weight Class	Age Category	Qualifying Competition	Date of Comp	Meet Year	Squat	Bench	Deadlift	Total	SA Qualifying Std Raw
Jonita	Theron	20/03/1996	F	62.2	72	Junior	SA Championship 2018	Mar-18	2018	85	55	110	250	217.5
Gloudien	Van Zyl	23/01/1996	F	84.7	+84	Junior	DBA Powerlifting Meet 2018	May-18	2018	95	60	110	265	242.5
Samiera	Kenny	15/08/1992	F	62.7	63	Open	SA Championship 2018	Mar-18	2018	115	75	130	320	197.5
Magdalene	Nicholson	19/11/1988	F	69	72	Open	PPC Club Competition 2018	Apr-18	2018	120	55	147.5	322.5	217.5
Aloudia	Jonck-Engelbrecht	19/06/1981	F	81.7	84	Open	SA Championship 2018	Mar-18	2018	130	72.5	160	362.5	255
Hanelle	Fourie	09/08/1978	F	69.6	72	Master1	SA Championship 2018	Mar-18	2018	80	47.5	100	227.5	217.5
Dulcie	Duguid	01/01/1949	F	55.6	57	Master 3	SA Championship 2018	Mar-18	2018	77.5	37.5	92.5	207.5	N/A

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