



South African Powerlifting Federation

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2022 World Classic Open Powerlifting Championships – Manager’s Report

South Africa hosted the first Classic Open Powerlifting Championships from 3-11 June in Sun City, South Africa – the first time the Open age category was held as a separate event from the Subjunior, Junior and Masters events since the first Classic Worlds in Russia in 2013.

Meet Director Hannie Smith organized a world class championship, which was enjoyed by participants from 41 nations, with 111 women and 124 men competing for the titles of World Champion across the 8 different weight divisions.

Overseen by Head Coach Andre Ludik, South Africa fielded a full team of 16 lifters, a wonderful opportunity for our lifters to compete alongside the best in the world.

Our only medal winner was Francois Maritz, who squatted a massive 340kg to take the silver squat medal in the 120kg division. The rest of the team did not disappoint however, with 3 World, 8 African, 11 Commonwealth and 17 National records being set by SA lifters over the 6 days of lifting.

Detailed Results

The full results can be found on the IPF website here:

<https://www.powerlifting.sport/championships/results/2022/world-open-classic-powerlifting-championships-2022>

The South African Men’s team came 13th overall (out of 36 nations)

The South African Women’s team came 22nd overall (out of 28 nations)

President : Johan Smith
Vice President (I) : Heather Leighton
Vice President (N) : Andre Ludik
Treasurer : Gail McKenzie-Kerr
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Team South Africa's individual results are as follows:

Team SA Women:

Name	Weight Cat	Squat	Bench	Deadlift	Total	Result
Giulia Muto	-52kg	120	72,5	130	322,5	12 th place
Antoinette Kriel	-57kg	130	77,5	167,5	375	11 th place World M2 SQ, DL and Total records. Commonwealth M2 SQ, BP, DL, Total and single-lift BP records. African M1 DL and Total records. African M2 SQ, BP, DL, Total and single-lift BP records. SA M2 SQ, DL and Total records.
Sasha Payne	-57kg	130	80	137,5	347,5	13 th place
Daniella da Silva	-63kg	142,5	67,5	170	380	16 th place
Sorah Garber	-63kg	140	-	160	-	
Kimberley Beyl	-69kg	142,5	75	175	392,5	18 th place SA Open DL and Total records
Laura de Wet	-69kg	140	70	170	380	20 th place Commonwealth M1 records
Nicole Coopoosamy	-76kg	160	90	187,5	447,5	16 th place SA Open SQ, BP, DL, Total and single-lift BP records

Team SA Men:

Name	Weight Cat	Squat	Bench	Deadlift	Total	Result
Marcel Vorster	-66kg	215	137,5	200	552,5	15 th place SA Open SQ and Total records
Arno Nieuwenhuizen	-83kg	215	120	275	610	22 nd place
Marlon Daniels	-83kg	247,5	150	250	647,5	20 th place Commonwealth M1 SQ record African M1 SQ record SA Open SQ record SA M1 SQ and Total records
Nkosinathi Ntuli	-93kg	240	147,5	290	677,5	24 th place
Tom Wewege	-105kg	285	202,5	300	787,5	13 th place (4 th place in BP on bodyweight) SA Open Total record
Francois Maritz	-120kg	340 	210	315	865	SILVER BP medal 7 th place overall SA Open SQ record
Kyle Noonan	+120kg	320	215	330	865	8 th place (4 th place in DL)
Matt Bekker	+120kg	285	192,5	322,5	800	9 th place

Referees

SAPF President Johan Smith, in his capacity as Meet Director and Technical Chairman of the IPF, oversaw the running of the championships, as well as officiating on the jury.

The following SA referees officiated as referees, jury, TC or scorer in various sessions:

Cliff Hayim

Andre Ludik

Dan Oppenheim

Heather Leighton – passed International Cat I referee exam

Megan Leighton

Vicki Botha

Esmay Smith

Chantelle du Toit

Jacqui Rees

2023 Classic Open Powerlifting Championships

The 2023 World Classic Open Powerlifting Championships will be held in Malta.

Heather Leighton (14/06/2022)