

SA Powerlifting Federation
SA EQUIPPED POWERLIFTING CHAMPIONSHIPS , South Africa, Potchefstroom, 30-31.05.2014
DETAILED SCORESHEET

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat			All Bench press			All Dead lift			TOTAL	W.pts.	Pts.							
Open																									
- 66 kg																									
1.	Philatsi Jacobus	1981	NW	63,85	0,8073	9	220,0	240,0	n	X	1	/n	140,0	162,5	n	X	1	/n	200,0	230,0	X	2	602,5	486,37	12
2.	Botha Michael	1989	NW	63,50	0,8111	16	160,0	170,0		175,0	2		125,0	130,0	130,0	2		195,0	205,0	210,0	1	500,0	405,55	9	
- 83 kg																									
1.	Mohloane Simon	1990	NW	82,25	0,6712	2	240,0	260,0		275,0	1		125,0	135,0	142,5	1		240,0	255,0	255,0	2	642,5	431,21	12	
2.	Lekopa Peter	1984	NW	77,75	0,6954	7	230,0	240,0		250,0	2		110,0	120,0	125,0	2		245,0	255,0	260,0	1	630,0	438,10	9	
- 105 kg																									
1.	Smith Johan	1991	NW	103,40	0,6009	11	300,0	300,0		320,0	1		225,0	240,0	n	247,5	1	/n	265,0	285,0	305,0	1	845,0	507,76	12
2.	Roos Shaun	1977	G	103,30	0,6011	8	260,0	270,0		280,0	2		190,0	200,0	207,5	2		240,0	250,0	260,0	2	747,5	449,32	9	
3.	Janse van Rensburg Heinric	1986	FS	98,10	0,6134	4	180,0	200,0		200,0	3		190,0	200,0	205,0	3		180,0	200,0	220,0	3	580,0	355,77	8	
—	Seleke Peter	1975	NW	100,25	0,6080	13	220,0	220,0		220,0	Disq.		X	X	X	Disq.		X	X	X	Disq.	Out	—	—	
—	Mahlalele Siphon	1979	NW	103,15	0,6014	23	230,0	235,0		240,0	Disq.		X	X	X	Disq.		X	X	X	Disq.	Out	—	—	
- 120 kg																									
1.	Madikane Faku	1975	NW	106,60	0,5945	3	210,0	220,0		230,0	1		130,0	140,0	140,0	2		255,0	265,0	275,0	1	625,0	371,56	12	
2.	Sekano Enoch	1979	NW	117,05	0,5784	8	200,0	205,0		210,0	2		170,0	175,0	180,0	1		220,0	230,0	240,0	2	625,0	361,50	9	
120+ kg																									
1.	Makhetha Thando	1986	NW	126,55	0,5685	2	300,0	320,0		320,0	1		190,0	200,0	210,0	2		280,0	300,0	310,0	1	810,0	460,44	12	
2.	Nolan Eugene	1989	EP	144,05	0,5565	6	180,0	210,0		X	2		260,0	270,0	270,0	n	1	/n	230,0	255,0	X	2	710,0	395,08	9
Region (points)																									
1.	North West	60	[12+12+12+12+12]			2257,35 w.pts.																			
2.	Gauteng	9	[9]			449,32 w.pts.																			
3.	Eastern Province	9	[9]			395,08 w.pts.																			
4.	Free Sate	8	[8]			355,77 w.pts.																			
Best Lifters of Open																									
PL.	Lifter	Region		B.Weight	WF	Total		W. points																	
1.	Smith Johan	North West		103.40	0,6009	845,0		507.76																	
2.	Philatsi Jacobus	North West		63.85	0,8073	602,5		486.36																	
3.	Makhetha Thando	North West		126.55	0,5685	810,0		460.44																	
Subjuniors																									
- 53 kg																									
1.	Kotze Ivan	1996	NW	46,20	1,1181	12	130,0	130,0		150,0	1		70,0	75,0	75,0	1		130,0	140,0	150,0	2	375,0	419,29	12	
2.	Matras Revaldo	1996	NW	48,90	1,0484	8	150,0	160,0		160,0	2		65,0	70,0	70,0	3		150,0	160,0	170,0	1	375,0	393,15	9	
3.	Matras Fiyano	2000	NW	48,90	1,0484	4	110,0	140,0		140,0	5		60,0	70,0	80,0	2		110,0	135,0	137,5	4	315,0	330,25	8	
4.	Smith Michael	1999	NW	51,85	0,9843	5	100,0	110,0		115,0	4		60,0	70,0	70,0	5		130,0	135,0	140,0	3	315,0	310,05	7	
5.	Deelman Lorenzo	1998	NW	51,80	0,9853	16	100,0	100,0		110,0	6		50,0	60,0	65,0	4		120,0	140,0	145,0	6	280,0	275,88	6	
—	Malefo David	1996	NW	49,15	1,0425	10	135,0	135,0		135,0	3		55,0	55,0	55,0	Disq.		130,0	145,0	145,0	5	Out	—	—	
- 59 kg																									
1.	Thladi Kgahliso	1997	G	58,30	0,8759	9	135,0	140,0		155,0	1		70,0	80,0	85,0	2		160,0	170,0	185,5	1	410,0	359,12	12	
2.	Booyens Orbert	1998	NW	58,35	0,8752	15	140,0	150,0		160,0	2		90,0	100,0	100,0	1		130,0	140,0	150,0	3	390,0	341,33	9	
3.	Patrick Aplan	1996	NW	57,85	0,8823	6	95,0	105,0		125,0	3		80,0	95,0	95,0	3		120,0	135,0	150,0	4	320,0	282,34	8	
—	Maduma Amogelang	1997	G	59,00	0,8662	14	120,0	125,0		130,0	Disq.		60,0	70,0	80,0	4		160,0	170,0	187,5	2	Out	—	—	
- 66 kg																									
1.	Poeng Vusi	1996	NW	62,65	0,8206	13	165,0	170,0		180,0	1		80,0	80,0	80,0	4		165,0	170,0	175,0	2	420,0	344,65	12	
2.	Williams Jay Dee	1997	NW	61,50	0,8341	11	150,0	160,0		170,0	2		70,0	75,0	75,0	6		150,0	160,0	160,0	5	380,0	316,96	9	
3.	Longo Romeo	1997	NW	59,95	0,8536	17	130,0	130,0		135,0	4		75,0	80,0	80,0	5		150,0	155,0	155,0	3	360,0	307,28	8	
4.	Petersen Austin	1996	NW	61,95	0,8287	14	110,0	125,0		137,5	3		80,0	85,0	87,5	3		130,0	140,0	150,0	6	357,5	296,26	7	
5.	Tshoeu Reabetsen	1996	NW	64,45	0,8009	2	85,0	90,0		95,0	5		80,0	85,0	87,5	2		150,0	155,0	155,0	4	335,0	268,30	6	
—	Shange Lehlohonolo	1996	NW	66,00	0,7852	21	120,0	130,0		130,0	Disq.		85,0	90,0	95,0	1		160,0	170,0	180,0	1	Out	—	—	
- 74 kg																									
1.	Dladla Tshegotatso	1997	G	70,45	0,7457	7	140,0	150,0		155,0	1		110,0	115,0	120,0	1		190,0	200,0	X	2	465,0	346,75	12	
2.	Tshabedze Phila	1997	G	74,00	0,7193	4	115,0	115,0		115,0	3		70,0	80,0	80,0	2		150,0	160,0	170,0	3	345,0	248,16	9	
—	Phakathi Sifiso	1996	NW	69,70	0,7519	2	130,0	140,0		150,0	2		90,0	95,0	95,0	Disq.		190,0	200,0	210,0	1	Out	—	—	

- 83 kg

1. Madibo Abel	1998	NW	76,60	0,7023	3	175,0	190,0	190,0	1	85,0	90,0	95,0	1	150,0	170,0	175,0	2	435,0	305,50	12
2. Gumede Lebogang	1996	NW	76,90	0,7005	10	125,0	140,0	145,0	2	50,0	65,0	67,5	2	180,0	195,0	205,0	1	407,5	285,45	9

- 93 kg

1. Nel Tinus	1996	EP	91,05	0,6347	10	130,0	160,0	180,0	1	110,0	125,0	150,0	1	150,0	170,0	260,0	2	475,0	301,48	12
2. Linde De Wet	1996	G	90,55	0,6364	14	145,0	160,0	170,0	2	100,0	105,0	107,5	2	170,0	185,0	205,0	1	472,5	300,72	9

Region (points)

1. North West	54	[12+12+12+9+9]	1803,92 w.pts.
2. Gauteng	42	[12+12+9+9]	1254,75 w.pts.
3. Eastern Province	12	[12]	301,48 w.pts.

Best Lifters of Subjuniors

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Kotze Ivan	North West	46.20	1,1181	375,0	419.28
2.	Matras Revaldo	North West	48.90	1,0484	375,0	393.15
3.	Thladi Kgahlisho	Gauteng	58.30	0,8759	410,0	359.11

Juniors**- 53 kg**

1. Itumeleng Sereo	1994	NW	53,00	0,9621	17	110,0	120,0	130,0	1	50,0	60,0	65,0	1	130,0	150,0	160,0	1	330,0	317,49	12
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- 59 kg

1. Shabalala Daniel	1995	NW	54,25	0,9395	1	120,0	130,0	145,0	1	90,0	95,0	100,0	1	140,0	150,0	165,0	1	390,0	366,40	12
2. Pietersen Abraham	1995	NW	58,10	0,8787	3	130,0	150,0	150,0	2	70,0	75,0	80,0	3	140,0	150,0	165,0	2	370,0	325,12	9
3. Pietersen Aubrey	1995	NW	54,90	0,9283	13	90,0	95,0	100,0	3	75,0	85,0	87,5	2	110,0	135,0	145,0	3	332,5	308,66	8

- 66 kg

1. Vorster Marcel	1994	G	64,30	0,8025	10	170,0	192,5	207,5	2	135,0	145,0	152,5	1	180,0	195,0	200,0	2	545,0	437,36	12
2. Hendricks Jonathan	1991	NW	65,00	0,7952	18	170,0	200,0	205,0	1	90,0	95,0	100,0	4	200,0	205,0	210,0	1	515,0	409,53	9
3. Jafra Peter	1993	NW	61,60	0,8329	19	160,0	160,0	170,0	3	90,0	95,0	100,0	7	160,0	170,0	190,0	3	455,0	378,97	8
4. Petersen Owen	1992	NW	65,15	0,7937	1	140,0	150,0	152,5	4	100,0	100,0	105,0	2	150,0	160,0	170,0	5	415,0	329,39	7
5. Seleke Mopho	1994	NW	61,15	0,8384	7	120,0	130,0	130,0	6	90,0	95,0	100,0	6	140,0	150,0	155,0	6	380,0	318,59	6
6. Metsuhme Kamogelo	1994	NW	66,00	0,7852	12	105,0	110,0	130,0	7	85,0	95,0	100,0	5	160,0	170,0	180,0	4	380,0	298,38	5
7. Mathe David	1991	NW	65,30	0,7922	8	90,0	95,0	100,0	8	100,0	105,0	120,0	3	130,0	140,0	170,0	7	345,0	273,31	4
— Masinga Philson	1995	NW	61,60	0,8329	6	140,0	140,0	160,0	5	80,0	80,0	80,0	Disq.	X	X	X	Disq.	Out	—	—
— Mokoena Kabelo	1995	NW	62,85	0,8183	20	140,0	140,0	150,0	Disq.	90,0	90,0	90,0	Disq.	X	X	X	Disq.	Out	—	—
— Edigihe Mosiwa	1995	NW	65,90	0,7862	5	155,0	155,0	160,0	Disq.	X	X	X	Disq.	X	X	X	Disq.	Out	—	—

- 74 kg

1. Bruce Christopher	1991	WP	72,85	0,7274	10	210,0	220,0	227,5	1	100,0	122,5	127,5	1	210,0	217,5	225,0	2	580,0	421,92	12
2. Pietersen Sint Willis	1995	NW	69,75	0,7514	1	200,0	210,0	220,0	2	110,0	125,0	125,0	2	210,0	220,0	227,5	1	572,5	430,21	9
3. Baseka Banda	1994	NW	73,35	0,7238	12	150,0	170,0	200,0	3	100,0	115,0	120,0	3	125,0	180,0	200,0	6	495,0	358,31	8
4. Britoa Thabiso	1992	NW	66,01	0,7851	6	165,0	175,0	177,5	4	80,0	95,0	100,0	5	180,0	195,0	200,0	3	467,5	367,03	7
5. Banda Lebogang	1992	NW	73,10	0,7256	3	155,0	160,0	165,0	5	110,0	115,0	115,0	4	160,0	170,0	180,0	5	445,0	322,89	6
6. Mafika Bongani	1994	NW	70,60	0,7445	9	110,0	120,0	130,0	7	75,0	80,0	85,0	6	180,0	190,0	200,0	4	400,0	297,80	5
7. May Tebello	1993	NW	69,65	0,7523	5	120,0	130,0	140,0	6	70,0	75,0	75,0	7	150,0	165,0	170,0	7	380,0	285,87	4

- 83 kg

1. Rapoo Tshepo	1993	NW	78,30	0,6922	8	290,0	300,0	300,0	1	120,0	130,0	150,0	1	260,0	260,0	270,0	1	680,0	470,70	12
2. Pietersen Jamillion	1993	NW	83,00	0,6675	4	160,0	160,0	170,0	2	70,0	80,0	85,0	2	165,0	170,0	180,0	2	435,0	290,36	9

- 93 kg

1. Parker Willem	1994	G	87,50	0,6479	1	200,0	215,0	222,5	2	155,0	162,5	170,0	1	200,0	220,0	230,0	1	615,0	398,46	12
2. Nelson Sitsile	1991	NW	88,25	0,6449	15	240,0	260,0	X	1	130,0	140,0	150,0	2	100,0	100,0	X	3	500,0	322,45	9
— Seleka Jakobus	1991	NW	88,05	0,6457	9	190,0	190,0	200,0	Disq.	X	X	X	Disq.	X	X	X	Disq.	Out	—	—
— Kloppers Zander	1993	G	91,80	0,6321	6	160,0	160,0	160,0	Disq.	90,0	100,0	110,0	3	180,0	200,0	200,0	2	Out	—	—

- 105 kg

1. Smith Johan	1991	NW	103,40	0,6009	11	300,0	300,0	320,0	1	225,0	240,0	247,5	1/n	265,0	285,0	305,0	1	845,0	507,76	12
2. Kloppers Andre	1995	G	104,00	0,5996	7	250,0	275,0	275,0	2	150,0	160,0	160,0	2	240,0	260,0	260,0	2	640,0	383,74	9

- 120 kg

1. van Jaarsveld Cornelis	1994	FS	120,00	0,5749	1	225,0	225,0	235,0	1	125,0	132,5	132,5	3	230,0	240,0	240,0	2	580,0	333,44	12
2. Katushabe Edgar	1993	EP	106,25	0,5951	4	160,0	170,0	185,0	3	135,0	140,0	140,0	2	220,0	235,0	250,0	1	575,0	342,18	9
3. Grove Johan	1991	G	117,05	0,5784	5	200,0	220,0	220,0	2	120,0	135,0	150,0	1	220,0	265,0	265,0	3	570,0	329,69	8

120+ kg

— Fourie Pieter	1994	FS	130,60	0,5651	7	180,0	200,0	200,0	1	400,0	400,0	400,0	Disq.	230,0	235,0	240,0	1	Out	—	—
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Region (points)

1. North West	57	[12+12+12+12+9]	2092,56 w.pts.
2. Gauteng	41	[12+12+9+8]	1549,25 w.pts.
3. Western Province	12	[12]	421,92 w.pts.
4. Free Sate	12	[12]	333,44 w.pts.
5. Eastern Province	9	[9]	342,18 w.pts.

Best Lifters of Juniors

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Smith Johan	North West	103.40	0,6009	845,0	507.76
2.	Rapoo Tshepo	North West	78.30	0,6922	680,0	470.69
3.	Vorster Marcel	Gauteng	64.30	0,8025	545,0	437.36

Masters 1

- 74 kg

1. Dixon Greg	1974	G	71,10	0,7406	11	120,0	135,0	142,5	1	85,0	90,0	95,0	1	110,0	125,0	137,5	1	355,0	262,91	12
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- 93 kg

— Lewis Gary	1972	NW	92,60	0,6295	25	240,0	240,0	240,0	Disq.	100,0	170,0	180,0	1	240,0	267,5	267,5	1	Out	—	—
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Region (points)

1. Gauteng	12	[12]	262,91 w.pts.
— North West	—		

Best Lifters of Masters 1

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Dixon Greg	Gauteng	71.10	0,7406	355,0	262.91

Masters 2

- 83 kg

1. Quatse David	1962	NW	76,70	0,7017	5	165,0	175,0	195,0	1	70,0	95,0	100,0	1	185,0	200,0	210,0	1	505,0	354,36	12
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Region (points)

1. North West	12	[12]	354,36 w.pts.
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Best Lifters of Masters 2

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Quatse David	North West	76.70	0,7017	505,0	354.35

Masters 4

- 105 kg

1. Theus Naude	1944	NW	97,90	0,6139	20	130,0	X	X	1	80,0	X	X	1	210,0	X	X	1	420,0	257,84	12
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Region (points)

1. North West	12	[12]	257,84 w.pts.
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Best Lifters of Masters 4

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Theus Naude	North West	97.90	0,6139	420,0	257.83

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

EP = Eastern Province G = Gauteng WP = Western Province

FS = Free Sate NW = North West

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DETAILED SCORESHEET

PL.	Lifters	BY	Region	Weight	WF	Lot	All Squat			All Bench press				All Dead lift			TOTAL	W.pts.		
Open																				
- 47 kg																				
1.	Barry Elisabeth	1973	EP	49.80	2,3336	2	100,0	107,5	112,5	1	50,0	52,5	55,0	1	120,0	125,0	130,0	1	292,5	376,89
- 52 kg																				
1.	van Heerden Farana	1988	NW	48.40	2,3336	4	120,0	137,5	137,5	1	35,0	40,0	45,0	1	110,0	125,0	125,0	1	270,0	355,40
- 57 kg																				
—	Plaatjies Seritha	1996	NW	57,00	2,3336	1	115,0	130,0	130,0	Disq.	55,0	65,0	70,0	1	120,0	130,0	140,0	1	Out	—
- 84 kg																				
1.	Grobbelaar Nicolene	1988	EP	82,30	2,3336	3	120,0	125,0	135,0	1	60,0	65,0	65,0	1	140,0	145,0	152,5	1	337,5	304,12

Region (points)

1. Eastern Province 24 [12+12] 1470,17 w.pts.
2. North West 12 [12] 630,07 w.pts.

Best Lifters of Open

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Grobbelaar Nicolene	Eastern Province	0.00	2,3336	337,5	787.59
2.	Barry Elisabeth	Eastern Province	0.00	2,3336	292,5	682.57
3.	van Heerden Farana	North West	0.00	2,3336	270,0	630.07

Abbreviations:

nb - New pers. bestlifts; n - Regional Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 EP = Eastern Province NW = North West

Pts.

12

12

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12

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SA EQUIPPED POWERLIFTING CHAMPIONSHIPS , South Africa, Potchefstroom, 30-31.05.2014
DETAILED SCORESHEET

PL.	Lifters	BY	Region	Weight	WF	Lot	All Squat			All Bench press			All Dead lift			TOTAL	W.pts.	Pts.					
Open																							
- 66 kg																							
1.	Philatsi Jacobus	1981	NW	63,85	0,8073	9	220,0	240,0	n	X	1/n	140,0	162,5	n	X	1/n	200,0	230,0	X	2	602,5	486,37	12
2.	Botha Michael	1989	NW	63,50	0,8111	16	160,0	170,0		175,0	2	125,0	130,0	130,0	2	195,0	205,0	210,0	1	500,0	405,55	9	
- 83 kg																							
1.	Mohloane Simon	1990	NW	82,25	0,6712	2	240,0	260,0		275,0	1	125,0	135,0	142,5	1	240,0	255,0	255,0	2	642,5	431,21	12	
2.	Lekopa Peter	1984	NW	77,75	0,6954	7	230,0	240,0		250,0	2	110,0	120,0	125,0	2	245,0	255,0	260,0	1	630,0	438,10	9	
Region (points)																							
1.	North West	42	[12+12+9+9]		1761,23 w.pts.																		
Best Lifters of Open																							
PL.	Lifter	Region	B.Weight	WF	Total	W. points																	
1.	Philatsi Jacobus	North West	63.85	0,8073	602,5	486.36																	
2.	Lekopa Peter	North West	77.75	0,6954	630,0	438.10																	
3.	Mohloane Simon	North West	82.25	0,6712	642,5	431.21																	
Subjuniors																							
- 53 kg																							
1.	Kotze Ivan	1996	NW	46,20	1,1181	12	130,0	130,0		150,0	1	70,0	75,0	75,0	1	130,0	140,0	150,0	2	375,0	419,29	12	
2.	Matras Revaldo	1996	NW	48,90	1,0484	8	150,0	160,0	160,0	2	65,0	70,0	70,0	3	150,0	160,0	170,0	1	375,0	393,15	9		
3.	Matras Fiyano	2000	NW	48,90	1,0484	4	110,0	140,0	140,0	5	60,0	70,0	80,0	2	110,0	135,0	137,5	4	315,0	330,25	8		
4.	Smith Michael	1999	NW	51,85	0,9843	5	100,0	110,0		115,0	4	60,0	70,0	70,0	5	130,0	135,0	140,0	3	315,0	310,05	7	
5.	Deelman Lorenzo	1998	NW	51,80	0,9853	16	100,0	100,0		110,0	6	50,0	60,0	65,0	4	120,0	140,0	145,0	6	280,0	275,88	6	
—	Malefo David	1996	NW	49,15	1,0425	10	135,0	135,0		135,0	3	55,0	55,0	55,0	Disq.	130,0	145,0	145,0	5	Out	—	—	
- 59 kg																							
1.	Thladi Kqahliso	1997	G	58,30	0,8759	9	135,0	140,0		155,0	1	70,0	80,0	85,0	2	160,0	170,0	185,5	1	410,0	359,12	12	
2.	Booyesen Orbert	1998	NW	58,35	0,8752	15	140,0	150,0		160,0	2	90,0	100,0	100,0	1	130,0	140,0	150,0	3	390,0	341,33	9	
3.	Patrick Aplan	1996	NW	57,85	0,8823	6	95,0	105,0		125,0	3	80,0	95,0	95,0	3	120,0	135,0	150,0	4	320,0	282,34	8	
—	Maduma Amogelang	1997	G	59,00	0,8662	14	120,0	125,0		130,0	Disq.	60,0	70,0	80,0	4	160,0	170,0	187,5	2	Out	—	—	
- 66 kg																							
1.	Poeng Vusi	1996	NW	62,65	0,8206	13	165,0	170,0		180,0	1	80,0	80,0	80,0	4	165,0	170,0	175,0	2	420,0	344,65	12	
2.	Williams Jay Dee	1997	NW	61,50	0,8341	11	150,0	160,0		170,0	2	70,0	75,0	75,0	6	150,0	160,0	160,0	5	380,0	316,96	9	
3.	Longo Romeo	1997	NW	59,95	0,8536	17	130,0	130,0		135,0	4	75,0	80,0	80,0	5	150,0	155,0	155,0	3	360,0	307,28	8	
4.	Petersen Austin	1996	NW	61,95	0,8287	14	110,0	125,0		137,5	3	80,0	85,0	87,5	3	130,0	140,0	150,0	6	357,5	296,26	7	
5.	Tshoeu Reabetsen	1996	NW	64,45	0,8009	2	85,0	90,0		95,0	5	80,0	85,0	87,5	2	150,0	155,0	155,0	4	335,0	268,30	6	
—	Shange Lehlohonolo	1996	NW	66,00	0,7852	21	120,0	130,0		130,0	Disq.	85,0	90,0	95,0	1	160,0	170,0	180,0	1	Out	—	—	
- 74 kg																							
1.	Dladla Tshegotatso	1997	G	70,45	0,7457	7	140,0	150,0		155,0	1	110,0	115,0	120,0	1	190,0	200,0	X	2	465,0	346,75	12	
2.	Tshabedze Phila	1997	G	74,00	0,7193	4	115,0	115,0		115,0	3	70,0	80,0	80,0	2	150,0	160,0	170,0	3	345,0	248,16	9	
—	Phakathi Sifiso	1996	NW	69,70	0,7519	2	130,0	140,0		150,0	2	90,0	95,0	95,0	Disq.	190,0	200,0	210,0	1	Out	—	—	
- 83 kg																							
1.	Madibo Abel	1998	NW	76,60	0,7023	3	175,0	190,0		190,0	1	85,0	90,0	95,0	1	150,0	170,0	175,0	2	435,0	305,50	12	
2.	Gumede Lebogang	1996	NW	76,90	0,7005	10	125,0	140,0		145,0	2	50,0	65,0	67,5	2	180,0	195,0	205,0	1	407,5	285,45	9	
Region (points)																							
1.	North West	54	[12+12+12+9+9]		1803,92 w.pts.																		
2.	Gauteng	33	[12+12+9]		954,03 w.pts.																		
Best Lifters of Subjuniors																							

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Kotze Ivan	North West	46.20	1,1181	375,0	419.28
2.	Matras Revaldo	North West	48.90	1,0484	375,0	393.15
3.	Thladi Kgahliso	Gauteng	58.30	0,8759	410,0	359.11

Juniors

- 53 kg

1.	Itumeleng Sereo	1994	NW	53,00	0,9621	17	110,0	120,0	430,0	1	50,0	60,0	65,0	1	130,0	150,0	160,0	1	330,0	317,49	12
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- 59 kg

1.	Shabalala Daniel	1995	NW	54,25	0,9395	1	120,0	130,0	145,0	1	90,0	95,0	100,0	1	140,0	150,0	165,0	1	390,0	366,40	12
2.	Pietersen Abraham	1995	NW	58,10	0,8787	3	130,0	150,0	150,0	2	70,0	75,0	80,0	3	140,0	150,0	165,0	2	370,0	325,12	9
3.	Pietersen Aubrey	1995	NW	54,90	0,9283	13	90,0	95,0	100,0	3	75,0	85,0	87,5	2	110,0	135,0	145,0	3	332,5	308,66	8

- 66 kg

1.	Vorster Marcel	1994	G	64,30	0,8025	10	170,0	192,5	207,5	2	135,0	145,0	152,5	1	180,0	195,0	200,0	2	545,0	437,36	12
2.	Hendricks Jonathan	1991	NW	65,00	0,7952	18	170,0	200,0	205,0	1	90,0	95,0	100,0	4	200,0	205,0	210,0	1	515,0	409,53	9
3.	Jafta Peter	1993	NW	61,60	0,8329	19	160,0	160,0	170,0	3	90,0	95,0	100,0	7	160,0	170,0	190,0	3	455,0	378,97	8
4.	Petersen Owen	1992	NW	65,15	0,7937	1	140,0	150,0	152,5	4	100,0	100,0	105,0	2	150,0	160,0	170,0	5	415,0	329,39	7
5.	Seleke Mopho	1994	NW	61,15	0,8384	7	120,0	130,0	130,0	6	90,0	95,0	100,0	6	140,0	150,0	155,0	6	380,0	318,59	6
6.	Metsuhme Kamogelo	1994	NW	66,00	0,7852	12	105,0	110,0	130,0	7	85,0	95,0	100,0	5	160,0	170,0	180,0	4	380,0	298,38	5
7.	Mathe David	1991	NW	65,30	0,7922	8	90,0	95,0	100,0	8	100,0	105,0	120,0	3	130,0	140,0	170,0	7	345,0	273,31	4
—	Masinga Philson	1995	NW	61,60	0,8329	6	140,0	140,0	160,0	5	80,0	80,0	80,0	Disq.	X	X	X	Disq.	Out	—	—
—	Mokoena Kabelo	1995	NW	62,85	0,8183	20	140,0	140,0	150,0	Disq.	90,0	90,0	90,0	Disq.	X	X	X	Disq.	Out	—	—
—	Edigihe Mosiwa	1995	NW	65,90	0,7862	5	155,0	155,0	160,0	Disq.	X	X	X	Disq.	X	X	X	Disq.	Out	—	—

- 74 kg

1.	Bruce Christopher	1991	WP	72,85	0,7274	10	210,0	220,0	227,5	1	100,0	122,5	127,5	1	210,0	217,5	225,0	2	580,0	421,92	12
2.	Pietersen Sint Willis	1995	NW	69,75	0,7514	1	200,0	210,0	220,0	2	110,0	125,0	125,0	2	210,0	220,0	227,5	1	572,5	430,21	9
3.	Baseka Banda	1994	NW	73,35	0,7238	12	150,0	170,0	200,0	3	100,0	115,0	120,0	3	125,0	180,0	200,0	6	495,0	358,31	8
4.	Britoa Thabiso	1992	NW	66,01	0,7851	6	165,0	175,0	177,5	4	80,0	95,0	100,0	5	180,0	195,0	200,0	3	467,5	367,03	7
5.	Banda Lebogang	1992	NW	73,10	0,7256	3	155,0	160,0	165,0	5	110,0	115,0	115,0	4	160,0	170,0	180,0	5	445,0	322,89	6
6.	Mafika Bongani	1994	NW	70,60	0,7445	9	110,0	120,0	130,0	7	75,0	80,0	85,0	6	180,0	190,0	200,0	4	400,0	297,80	5
7.	May Tebello	1993	NW	69,65	0,7523	5	120,0	130,0	140,0	6	70,0	75,0	75,0	7	150,0	165,0	170,0	7	380,0	285,87	4

- 83 kg

1.	Rapoo Tshepo	1993	NW	78,30	0,6922	8	290,0	300,0	300,0	1	120,0	130,0	150,0	1	260,0	260,0	270,0	1	680,0	470,70	12
2.	Pietersen Jamillion	1993	NW	83,00	0,6675	4	160,0	160,0	170,0	2	70,0	80,0	85,0	2	165,0	170,0	180,0	2	435,0	290,36	9

Region (points)

1.	North West	54	[12+12+12+9+9]	1994,33 w.pts.
2.	Gauteng	12	[12]	437,36 w.pts.
3.	Western Province	12	[12]	421,92 w.pts.

Best Lifters of Juniors

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Rapoo Tshepo	North West	78.30	0,6922	680,0	470.69
2.	Vorster Marcel	Gauteng	64.30	0,8025	545,0	437.36
3.	Pietersen Sint Willis	North West	69.75	0,7514	572,5	430.20

Masters 1

- 74 kg

1.	Dixon Greg	1974	G	71,10	0,7406	11	120,0	135,0	142,5	1	85,0	90,0	95,0	1	110,0	125,0	137,5	1	355,0	262,91	12
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Region (points)

1.	Gauteng	12	[12]	262,91 w.pts.
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Best Lifters of Masters 1

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Dixon Greg	Gauteng	71.10	0,7406	355,0	262.91

Masters 2

- 83 kg

1.	Quatse David	1962	NW	76,70	0,7017	5	165,0	175,0	195,0	1	70,0	95,0	100,0	1	185,0	200,0	210,0	1	505,0	354,36	12
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Region (points)

1.	North West	12	[12]	354,36 w.pts.
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Best Lifters of Masters 2

PL.	Lifter	Region	B.Weight	WF	Total	W. points
1.	Quatse David	North West	76.70	0,7017	505,0	354.35

Abbreviations:

nb - New pers. bestlifts; n - Regional Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

EP = Eastern Province

G = Gauteng

WP = Western Province

FS = Free Sate

NW = North West