

SOUTH AFRICAN WOMENS 72kg RECORDS FROZEN ON 31/12/2020

EQUIPPED POWERLIFTING																					
2020/12/31	Sub-Junior (14-18)			Junior (19-23)			Senior			Master I 40-49			Master II 50-59			Master III 60-69			Master IV 70-79		
72 Div.																					
Squat	140,0	Kayla Ott	2018/09/08	150,0	Natalie Mohr	2012/08/28	205,0	Laura de Wet	2019/10/12	205,0	Laura de Wet	2019/10/12	120,0								
Bench Press	67,5	Havannah Hunt	2011/06/24	82,5	Natalie Mohr	2012/08/28	110,0	Chantelle Du Toit	2017/07/25	97,0	Laura de Wet	2020/02/22	65,0	Marion Tanzer	2019/10/10						
Deadlift	137,5	Kayla Ott	2018/09/08	180,0	Natalie Mohr	2012/08/28	197,5	Laura de Wet	2019/10/12	197,5	Laura de Wet	2019/10/12	135,0	Marion Tanzer	2019/10/10						
Total	327,5	Kayla Ott	2018/09/08	412,5	Natalie Mohr	2012/08/28	492,5	Laura de Wet	2019/10/12	492,5	Laura de Wet	2019/10/12	320,0								

EQUIPPED BENCH PRESS																					
2020/12/31	Sub-Junior (14-18)			Junior (19-23)			Senior			Master I 40-49			Master II 50-59			Master III 60-69			Master IV 70-79		
72 Div.																					
72	82,5			92,5			112,5	Chantelle Du Toit	2017/05/07	97,0	Laura de Wet	2020/02/22	82,5								

CLASSIC POWERLIFTING																					
2020/12/31	Sub-Junior (14-18)			Junior (19-23)			Senior			Master I 40-49			Master II 50-59			Master III 60-69			Master IV 70-79		
72 Div.																					
Squat	137,5	Ciara Morley	2018/05/20	137,5	Ciara Morley	2018/05/20	167,5	Olivia Perotti	2020/01/01	148,5	Laura de Wet	2019/03/30	135,0	Corien Potgieter	2020/01/01						
Bench Press	67,5	Erin Collins	2019/06/15	68,0	Erin Collins	2020/01/01	87,0	Olivia Perotti	2019/05/17	75,0	Laura de Wet	2016/03/19	83,5	Corien Potgieter	2020/01/01						
Deadlift	165,0	Erin Collins	2019/06/15	165,0	Erin Collins	2019/06/15	187,5	Laura de Wet	2017/09/17	187,5	Laura de Wet	2017/09/17	165,0	Lana Kleynhans	2020/01/01						
Total	365,0	Erin Collins	2019/06/15	365,0	Erin Collins	2019/06/15	420,0	Olivia Perotti	2019/09/22	410,0	Laura de Wet	2017/09/17	373,5	Corien Potgieter	2020/01/01						

CLASSIC BENCH PRESS																					
2020/12/31	Sub-Junior (14-18)			Junior (19-23)			Senior			Master I 40-49			Master II 50-59			Master III 60-69			Master IV 70-79		
72 Div.																					
72	72,5	Mbasa Qilingele	2019/10/06	87,5	Kim Halgreen	2016/05/21	87,5	Kim Halgreen	2016/05/21	85,0	Corien Potgieter	2016/10/22	83,5	Corien Potgieter	2020/01/01						