

Double Deadlift Rankings

RANKIN G BY WILKS		Lifters	Weight 1	Weight 2	Comb. Weight	Weight Cat	Deadlift Attempts			TOTAL	Wilks 1	Wilks 2	Average Wilks
1	04/07/2015	Giulia Muto + Graham Green	51.85	95.60	147.45	175	300.0	320.0	345.0	345.0	431.050	213.994	322.522
2	04/07/2015	Laura de Wet + Henk de Wet	71.55	99.70	171.25	175	350.0	400.0	-440.0	400.0	392.054	243.729	317.892
3	23/07/2016	Angelique van der Westhuizen + Terence Bosman	73.00	105.60	178.60	175+	300.0	335.0	375.0	375.0	362.704	223.639	293.171
4	04/07/2015	Roxy Firmani + Jason Szeili	62.70	70.10	132.80	135	270.0	290.0	310.0	310.0	334.134	232.057	283.095
5	23/07/2016	Leaan Jordaan + Graham Green	95.10	96.10	191.20	175+	320.0	357.5	377.5	377.5	319.398	233.612	276.505
6	04/07/2015	Sarah Ezzideen + Ruan Roux	68.00	122.25	190.25	175+	300.0	330.0	345.0	345.0	350.263	197.520	273.891
7	23/07/2016	Jen Moodie + Andrew Ramsay	56.20	74.60	130.80	135	220.0	245.0	285.0	285.0	334.396	203.840	269.118
8	23/07/2016	Megan Leighton + Marlon Daniels	58.85	76.60	135.45	175	220.0	250.0	290.0	290.0	328.216	203.675	265.945
9	04/07/2015	Ri-Hanna Vermeulen + Robert F	77.65	101.50	179.15	175+	250.0	300.0	345.0	345.0	321.119	208.741	264.930
10	23/07/2016	Sasha Payne + Gino Alho	60.20	72.40	132.60	135	240.0	265.0	287.5	287.5	319.705	210.085	264.895
11	04/07/2015	Toni Firmani + Shaun	77.50	100.80	178.30	175+	300.0	320.0	340.0	340.0	316.827	206.269	261.548
12	29/05/2016	Shelley Vernon + Lindani Walaza	64.10	75.40	139.50	175	260.0	275.0	290.0	290.0	307.416	205.882	256.649
13	29/05/2016	Kash Hobbs + Dan Oppenheim	70.05	77.40	147.45	175	250.0	275.0	300.0	300.0	298.306	209.237	253.772
14	29/05/2016	Tracy Ludwig + Ryan Saunders	116.90	113.05	229.95	175+	330.0	360.0	-400.0	360.0	289.240	210.161	249.701
15	23/07/2016	Kristen Arnesen + Josh Maserow	64.40	89.45	153.85	175	250.0	270.0	285.0	285.0	301.063	182.514	241.788
16	04/07/2015	Michelle de Jongh + Shau Mafuna	63.55	74.65	138.20	175	210.0	240.0	270.0	270.0	288.072	193.021	240.546
17	23/07/2016	Tracy Ludwig + Lukha de Jesus	117.85	114.00	231.85	175+	310.0	330.0	345.0	345.0	276.779	200.937	238.858
18	23/07/2016	Mariska Casey + Patrick Casey	52.90	90.00	142.90	175	230.0	240.0	255.0	255.0	313.693	162.790	238.242
19	23/07/2016	Britt Rubin + Shau Mafuna	49.15	78.45	127.60	135	195.0	215.0	237.5	237.5	309.069	164.186	236.627
20	23/07/2016	Roxy Firmani + Josh Carstens	72.05	89.25	161.30	175	250.0	270.0	290.0	290.0	282.921	185.931	234.426
21	04/07/2015	Megan Leighton + Luke Routier	57.30	80.25	137.55	175	195.0	215.0	237.5	237.5	274.463	161.823	218.143
22	23/07/2016	Aley Gain + Dawid Oosthuizen	58.60	74.80	133.40	135	200.0	220.0	230.0	230.0	261.175	164.194	212.685
23	23/07/2016	Ronel Reyneke + Ruan Roux	65.40	136.00	201.40	175+	220.0	240.0	260.0	260.0	271.533	145.940	208.736
24	23/07/2016	Kaitlyn Burrowes + Lukha de Jesus	57.90	114.00	171.90	175	200.0	220.0	240.0	240.0	275.100	139.782	207.441
25	23/07/2016	Karin Nordhoff + Fanie du Preez	71.30	130.50	201.80	175+	235.0	250.0	265.0	265.0	260.348	149.780	205.064
26	23/07/2016	Sydney Davison + Cameron Young	60.40	75.60	136.00	175	180.0	200.0	225.0	225.0	249.563	159.445	204.504
27	23/07/2016	Bianca Gain + Ian Parson	64.80	82.45	147.25	175	200.0	215.0	235.0	235.0	247.103	157.485	202.294
28	23/07/2016	Caitlin Poxon + Munashe Mhere	65.30	87.85	153.15	175	175.0	202.5	237.5	237.5	248.315	153.541	200.928
29	04/07/2015	Claire Pacariz + Eric Kobal	65.30	96.95	162.25	175	220.0	230.0	240.0	240.0	250.929	147.953	199.441
30	04/07/2015	Lauren Jarvis + Ryan Jarvis	62.15	51.60	113.75	135	140.0	160.0	180.0	180.0	195.318	178.069	186.694
31	23/07/2016	Claire Pacariz + Henk de Wet	68.40	99.00	167.40	175	150.0	180.0	220.0	220.0	222.429	134.435	178.432
32	23/07/2016	Lauren Jarvis + Ryan Jarvis	64.20	64.75	128.95	135	165.0	175.0	190.0	190.0	201.175	151.577	176.376
33	04/07/2015	Bethany Williamson + Duncan Williamson	60.95	66.05	127.00	135	150.0	170.0	185.0	185.0	203.766	145.171	174.469
34	23/07/2016	Michele Townsend + Eric Kobal	107.80	99.40	207.20	175+	190.0	220.0	240.0	240.0	195.998	146.416	171.207
35	23/07/2016	Heather Tanner + Evangelos Sioutas	53.50	72.40	125.90	135	150.0	165.0	175.0	175.0	213.398	127.878	170.638
36	04/07/2015	Carol Anthony + Keaton Anthony	61.20	78.65	139.85	175	140.0	160.0	190.0	190.0	208.616	131.132	169.874
37	23/07/2016	Mijuane de Wet + Keaton Anthony	40.25	79.35	119.60	135	120.0	140.0	155.0	155.0	230.687	106.368	168.528
38	23/07/2016	Jane Constas + Nick Constas	64.55	78.00	142.55	175	140.0	160.0	185.0	185.0	195.088	128.374	161.731
39	23/07/2016	Debbie Maserow + Adrian Maserow	64.45	76.40	140.85	175	140.0	160.0	180.0	180.0	190.035	126.642	158.339
40	23/07/2016	Linda Rubin + Rodney Anthony	73.55	98.70	172.25	175	165.0	180.0	200.0	200.0	192.503	122.367	157.435
41	04/07/2015	Mijuane de Wet + Keaton Anthony	33.80	78.60	112.40	135	100.0	110.0	120.0	120.0	193.483	82.854	138.169

Double Deadlift Rankings

<b>RANKIN G BY TOTAL WITHIN WEIGHT DIV</b>		<b>Lifters</b>	<b>Weight 1</b>	<b>Weight 2</b>	<b>Comb. Weight</b>	<b>Weight Cat</b>	<b>Deadlift Attempts</b>			<b>TOTAL</b>	<b>Wilks 1</b>	<b>Wilks 2</b>	<b>Average Wilks</b>
<b>1</b>	04/07/2015	Roxy Firmani + Jason Szeili	62.70	70.10	132.80	135	270.0	290.0	310.0	<b>310.0</b>	334.134	232.057	<b>283.095</b>
<b>2</b>	23/07/2016	Sasha Payne + Gino Alho	60.20	72.40	132.60	135	240.0	265.0	287.5	<b>287.5</b>	319.705	210.085	<b>264.895</b>
<b>3</b>	23/07/2016	Jen Moodie + Andrew Ramsay	56.20	74.60	130.80	135	220.0	245.0	285.0	<b>285.0</b>	334.396	203.840	<b>269.118</b>
<b>4</b>	23/07/2016	Britt Rubin + Shau Mafuna	49.15	78.45	127.60	135	195.0	215.0	237.5	<b>237.5</b>	309.069	164.186	<b>236.627</b>
<b>5</b>	23/07/2016	Aley Gain + Dawid Oosthuizen	58.60	74.80	133.40	135	200.0	220.0	230.0	<b>230.0</b>	261.175	164.194	<b>212.685</b>
<b>6</b>	23/07/2016	Lauren Jarvis + Ryan Jarvis	64.20	64.75	128.95	135	165.0	175.0	190.0	<b>190.0</b>	201.175	151.577	<b>176.376</b>
<b>7</b>	04/07/2015	Bethany Williamson + Duncan Williamson	60.95	66.05	127.00	135	150.0	170.0	185.0	<b>185.0</b>	203.766	145.171	<b>174.469</b>
<b>8</b>	04/07/2015	Lauren Jarvis + Ryan Jarvis	62.15	51.60	113.75	135	140.0	160.0	180.0	<b>180.0</b>	195.318	178.069	<b>186.694</b>
<b>9</b>	23/07/2016	Heather Tanner + Evangelos Sioutas	53.50	72.40	125.90	135	150.0	165.0	175.0	<b>175.0</b>	213.398	127.878	<b>170.638</b>
<b>10</b>	23/07/2016	Mijuane de Wet + Keaton Anthony	40.25	79.35	119.60	135	120.0	140.0	155.0	<b>155.0</b>	230.687	106.368	<b>168.528</b>
<b>11</b>	04/07/2015	Mijuane de Wet + Keaton Anthony	33.80	78.60	112.40	135	100.0	110.0	120.0	<b>120.0</b>	193.483	82.854	<b>138.169</b>

<b>1</b>	04/07/2015	Laura de Wet + Henk de Wet	71.55	99.70	171.25	175	350.0	400.0	-440.0	<b>400.0</b>	392.054	243.729	<b>317.892</b>
<b>2</b>	04/07/2015	Giulia Muto + Graham Green	51.85	95.60	147.45	175	300.0	320.0	345.0	<b>345.0</b>	431.050	213.994	<b>322.522</b>
<b>3</b>	29/05/2016	Kash Hobbs + Dan Oppenheim	70.05	77.40	147.45	175	250.0	275.0	300.0	<b>300.0</b>	298.306	209.237	<b>253.772</b>
<b>4</b>	23/07/2016	Megan Leighton + Marlon Daniels	58.85	76.60	135.45	175	220.0	250.0	290.0	<b>290.0</b>	328.216	203.675	<b>265.945</b>
<b>5</b>	29/05/2016	Shelley Vernon + Lindani Walaza	64.10	75.40	139.50	175	260.0	275.0	290.0	<b>290.0</b>	307.416	205.882	<b>256.649</b>
<b>6</b>	23/07/2016	Roxy Firmani + Josh Carstens	72.05	89.25	161.30	175	250.0	270.0	290.0	<b>290.0</b>	282.921	185.931	<b>234.426</b>
<b>7</b>	23/07/2016	Kristen Arnesen + Josh Maserow	64.40	89.45	153.85	175	250.0	270.0	285.0	<b>285.0</b>	301.063	182.514	<b>241.788</b>
<b>8</b>	04/07/2015	Michelle de Jongh + Shau Mafuna	63.55	74.65	138.20	175	210.0	240.0	270.0	<b>270.0</b>	288.072	193.021	<b>240.546</b>
<b>9</b>	23/07/2016	Mariska Casey + Patrick Casey	52.90	90.00	142.90	175	230.0	240.0	255.0	<b>255.0</b>	313.693	162.790	<b>238.242</b>
<b>10</b>	23/07/2016	Kaitlyn Burrowes + Lukha de Jesus	57.90	114.00	171.90	175	200.0	220.0	240.0	<b>240.0</b>	275.100	139.782	<b>207.441</b>
<b>11</b>	04/07/2015	Claire Pacariz + Eric Kobal	65.30	96.95	162.25	175	220.0	230.0	240.0	<b>240.0</b>	250.929	147.953	<b>199.441</b>
<b>12</b>	04/07/2015	Megan Leighton + Luke Routier	57.30	80.25	137.55	175	195.0	215.0	237.5	<b>237.5</b>	274.463	161.823	<b>218.143</b>
<b>13</b>	23/07/2016	Caitlin Poxon + Munashe Mhere	65.30	87.85	153.15	175	175.0	202.5	237.5	<b>237.5</b>	248.315	153.541	<b>200.928</b>
<b>14</b>	23/07/2016	Bianca Gain + Ian Parson	64.80	82.45	147.25	175	200.0	215.0	235.0	<b>235.0</b>	247.103	157.485	<b>202.294</b>
<b>15</b>	23/07/2016	Sydney Davison + Cameron Young	60.40	75.60	136.00	175	180.0	200.0	225.0	<b>225.0</b>	249.563	159.445	<b>204.504</b>
<b>16</b>	23/07/2016	Claire Pacariz + Henk de Wet	68.40	99.00	167.40	175	150.0	180.0	220.0	<b>220.0</b>	222.429	134.435	<b>178.432</b>
<b>17</b>	23/07/2016	Linda Rubin + Rodney Anthony	73.55	98.70	172.25	175	165.0	180.0	200.0	<b>200.0</b>	192.503	122.367	<b>157.435</b>
<b>18</b>	04/07/2015	Carol Anthony + Keaton Anthony	61.20	78.65	139.85	175	140.0	160.0	190.0	<b>190.0</b>	208.616	131.132	<b>169.874</b>
<b>19</b>	23/07/2016	Jane Constas + Nick Constas	64.55	78.00	142.55	175	140.0	160.0	185.0	<b>185.0</b>	195.088	128.374	<b>161.731</b>
<b>20</b>	23/07/2016	Debbie Maserow + Adrian Maserow	64.45	76.40	140.85	175	140.0	160.0	180.0	<b>180.0</b>	190.035	126.642	<b>158.339</b>

<b>1</b>	23/07/2016	Leaan Jordaan + Graham Green	95.10	96.10	191.20	175+	320.0	357.5	377.5	<b>377.5</b>	319.398	233.612	<b>276.505</b>
<b>2</b>	23/07/2016	Angelique van der Westhuizen + Terence Bosman	73.00	105.60	178.60	175+	300.0	335.0	375.0	<b>375.0</b>	362.704	223.639	<b>293.171</b>
<b>3</b>	29/05/2016	Tracy Ludwig + Ryan Saunders	116.90	113.05	229.95	175+	330.0	360.0	-400.0	<b>360.0</b>	289.240	210.161	<b>249.701</b>

Mixed Couple

Double Deadlift Rankings

<b>4</b>	04/07/2015	Sarah Ezzideen + Ruan Roux	68.00	122.25	190.25	175+	300.0	330.0	345.0	<b>345.0</b>	350.263	197.520	<b>273.891</b>
<b>5</b>	04/07/2015	Ri-Hanna Vermeulen + Robert F	77.65	101.50	179.15	175+	250.0	300.0	345.0	<b>345.0</b>	321.119	208.741	<b>264.930</b>
<b>6</b>	23/07/2016	Tracy Ludwig + Lukha de Jesus	117.85	114.00	231.85	175+	310.0	330.0	345.0	<b>345.0</b>	276.779	200.937	<b>238.858</b>
<b>7</b>	04/07/2015	Toni Firmani + Shaun	77.50	100.80	178.30	175+	300.0	320.0	340.0	<b>340.0</b>	316.827	206.269	<b>261.548</b>
<b>8</b>	23/07/2016	Karin Nordhoff + Fanie du Preez	71.30	130.50	201.80	175+	235.0	250.0	265.0	<b>265.0</b>	260.348	149.780	<b>205.064</b>
<b>9</b>	23/07/2016	Ronel Reyneke + Ruan Roux	65.40	136.00	201.40	175+	220.0	240.0	260.0	<b>260.0</b>	271.533	145.940	<b>208.736</b>
<b>10</b>	23/07/2016	Michele Townsend + Eric Kobal	107.80	99.40	207.20	175+	190.0	220.0	240.0	<b>240.0</b>	195.998	146.416	<b>171.207</b>

Double Deadlift Rankings

<b>RANKING BY WILKS</b>		<b>Lifters</b>	<b>Weight 1</b>	<b>Weight 2</b>	<b>Comb. Weight</b>	<b>Weight Cat</b>	<b>Deadlift Attempts</b>			<b>TOTAL</b>	<b>Wilks 1</b>	<b>Wilks 2</b>	<b>Average Wilks</b>
<b>1</b>	04/07/2015	Henk de Wet + Kyle Noonan	99.70	124.90	224.60	200+	500.0	550.0	575.0	<b>575.0</b>	350.361	327.714	<b>339.037</b>
<b>2</b>	23/07/2016	Gareth Cox + Terence Bosman	110.15	105.60	215.75	200+	500.0	550.0	<b>-600.0</b>	<b>550.0</b>	323.536	328.003	<b>325.770</b>
<b>3</b>	04/07/2015	Darryn Anthony + Sean Manders	96.05	103.80	199.85	200	480.0	520.0	530.0	<b>530.0</b>	328.061	318.004	<b>323.032</b>
<b>4</b>	04/07/2015	Graham Green + Rob F	95.60	101.50	197.10	200	450.0	500.0	522.5	<b>522.5</b>	324.092	316.137	<b>320.115</b>
<b>5</b>	04/07/2015	Jean-Arthur Pretorius + Conrad Dippenaar	81.35	79.15	160.50	200	400.0	450.0	465.0	<b>465.0</b>	314.168	319.619	<b>316.893</b>
<b>6</b>	04/07/2015	Chris van der Linde + Raymond van Ryneveld	154.20	116.00	270.20	200+	550.0	560.0	<b>-575.0</b>	<b>560.0</b>	308.639	324.648	<b>316.644</b>
<b>7</b>	29/05/2016	Jean-Arthur Pretorius + Joshua Thomas	82.65	111.80	194.45	200	460.0	485.0	500.0	<b>500.0</b>	334.590	292.822	<b>313.706</b>
<b>8</b>	04/07/2015	Andrew Ramsay + Sergio de Costa	76.50	101.10	177.60	200	400.0	445.0	467.5	<b>467.5</b>	328.627	283.292	<b>305.959</b>
<b>9</b>	23/07/2016	Andrew Ramsay + Sashen Moodley	74.60	73.85	148.45	150	380.0	400.0	415.0	<b>415.0</b>	296.820	298.946	<b>297.883</b>
<b>10</b>	04/07/2015	Neville Young + Kyle Mew	85.40	102.75	188.15	200	380.0	450.0	470.0	<b>470.0</b>	308.599	283.058	<b>295.829</b>
<b>11</b>	04/07/2015	Jared Dallas + Marc Steinhobel	93.45	90.95	184.40	200	400.0	430.0	462.5	<b>462.5</b>	289.877	293.702	<b>291.789</b>
<b>12</b>	04/07/2015	Ruan Roux + Liam Schultz	122.25	117.85	240.10	200+	420.0	480.0	500.0	<b>500.0</b>	286.261	288.707	<b>287.484</b>
<b>13</b>	04/07/2015	Zander Worst + Uno Mduladlo	104.25	89.00	193.25	200	400.0	450.0	<b>-460.0</b>	<b>450.0</b>	269.583	288.933	<b>279.258</b>
<b>14</b>	04/07/2015	Mark Phillips + Clyde Keevy	99.45	110.70	210.15	200+	400.0	465.0	<b>-502.5</b>	<b>465.0</b>	283.623	273.123	<b>278.373</b>
<b>15</b>	04/07/2015	Adrian Smith + Jean van der Have	92.25	116.20	208.45	200+	400.0	<b>-460.0</b>	460.0	<b>460.0</b>	290.089	266.556	<b>278.323</b>
<b>16</b>	23/07/2016	Adrian Smith + Shau Mafuna	91.35	78.45	169.80	200	385.0	405.0	420.0	<b>420.0</b>	266.134	290.349	<b>278.242</b>
<b>17</b>	29/05/2016	Adrian Smith + Jean van der Have	91.50	123.15	214.65	200+	400.0	450.0	<b>-487.5</b>	<b>450.0</b>	284.913	257.227	<b>271.070</b>
<b>18</b>	04/07/2015	Ray Norman + Craig Masson	74.70	108.70	183.40	200	350.0	390.0	405.0	<b>405.0</b>	289.395	239.225	<b>264.310</b>
<b>19</b>	29/05/2016	Sarel Gadney + Zane Haasbroek	80.45	92.90	173.35	200	380.0	390.0	400.0	<b>400.0</b>	272.120	251.404	<b>261.762</b>
<b>20</b>	04/07/2015	Fanie de Preez + Lance Ceronio	137.80	123.15	260.95	200+	420.0	460.0	<b>-502.5</b>	<b>460.0</b>	257.670	262.943	<b>260.307</b>
<b>21</b>	23/07/2016	Fanie du Preez + Lance Ceronio	130.50	117.25	247.75	200+	425.0	455.0	<b>-465.0</b>	<b>455.0</b>	257.169	263.057	<b>260.113</b>
<b>22</b>	04/07/2015	Shau Mafuna + Dan Oppenheim	74.65	75.35	150.00	150	320.0	345.0	360.0	<b>360.0</b>	257.361	255.695	<b>256.528</b>
<b>23</b>	29/05/2016	Kamal Mistry + Mkhulisi Mabuza	76.10	82.05	158.15	200	300.0	330.0	370.0	<b>370.0</b>	261.017	248.682	<b>254.850</b>
<b>24</b>	04/07/2015	Eric Kobal + Shaun	96.95	100.80	197.75	200	350.0	390.0	410.0	<b>410.0</b>	252.753	248.736	<b>250.745</b>
<b>25</b>	04/07/2015	Chris Carreira + Luke Routier	73.00	80.25	153.25	200	320.0	330.0	350.0	<b>350.0</b>	254.225	238.476	<b>246.351</b>
<b>26</b>	23/07/2016	Eric Kobal + Ruan Roux	99.40	136.00	235.40	200+	300.0	350.0	375.0	<b>375.0</b>	228.775	210.490	<b>219.632</b>
<b>27</b>	04/07/2015	Duncan Williamson + Mitch Booyse	66.05	52.80	118.85	150	<b>-230.0</b>	230.0	245.0	<b>245.0</b>	192.253	236.626	<b>214.440</b>
<b>28</b>	04/07/2015	Nick L + Josh Richards	70.15	62.40	132.55	150	230.0	255.0	265.0	<b>265.0</b>	198.264	218.223	<b>208.243</b>
<b>29</b>	23/07/2016	Joshua Maserow + Adrian Maserow	89.45	76.40	165.85	200	250.0	270.0	300.0	<b>300.0</b>	192.120	211.070	<b>201.595</b>
<b>30</b>	23/07/2016	Dawid Oosthuizen + Jimmy Qiu	74.80	62.25	137.05	150	200.0	225.0	250.0	<b>250.0</b>	178.472	206.305	<b>192.389</b>
<b>31</b>	23/07/2016	Munashe Mhere + Ian Parson	87.85	82.45	170.30	200	250.0	270.0	280.0	<b>280.0</b>	181.017	187.642	<b>184.329</b>
<b>32</b>	23/07/2016	Evangelos Sioutas + Cameron Young	72.40	75.60	148.00	150	220.0	240.0	255.0	<b>255.0</b>	186.336	180.704	<b>183.520</b>
<b>33</b>	23/07/2016	Rodney Anthony + Keaton Anthony	98.70	79.35	178.05	200	190.0	210.0	230.0	<b>230.0</b>	140.722	157.836	<b>149.279</b>

Double Deadlift Rankings

RANKING BY TOTAL WITHIN WEIGHT CAT		Lifters	Weight 1	Weight 2	Comb. Weight	Weight Cat	Deadlift Attempts			TOTAL	Wilks 1	Wilks 2	Average Wilks
<b>1</b>	23/07/2016	Andrew Ramsay + Sashen Moodley	74.60	73.85	148.45	150	380.0	400.0	415.0	<b>415.0</b>	296.820	298.946	<b>297.883</b>
<b>2</b>	04/07/2015	Shau Mafuna + Dan Oppenheim	74.65	75.35	150.00	150	320.0	345.0	360.0	<b>360.0</b>	257.361	255.695	<b>256.528</b>
<b>3</b>	04/07/2015	Nick L + Josh Richards	70.15	62.40	132.55	150	230.0	255.0	265.0	<b>265.0</b>	198.264	218.223	<b>208.243</b>
<b>4</b>	23/07/2016	Evangelos Sioutas + Cameron Young	72.40	75.60	148.00	150	220.0	240.0	255.0	<b>255.0</b>	186.336	180.704	<b>183.520</b>
<b>5</b>	23/07/2016	Dawid Oosthuizen + Jimmy Qiu	74.80	62.25	137.05	150	200.0	225.0	250.0	<b>250.0</b>	178.472	206.305	<b>192.389</b>
<b>6</b>	04/07/2015	Duncan Williamson + Mitch Booyse	66.05	52.80	118.85	150	-230.0	230.0	245.0	<b>245.0</b>	192.253	236.626	<b>214.440</b>

<b>1</b>	04/07/2015	Darryn Anthony + Sean Manders	96.05	103.80	199.85	200	480.0	520.0	530.0	<b>530.0</b>	328.061	318.004	<b>323.032</b>
<b>2</b>	04/07/2015	Graham Green + Rob F	95.60	101.50	197.10	200	450.0	500.0	522.5	<b>522.5</b>	324.092	316.137	<b>320.115</b>
<b>3</b>	29/05/2016	Jean-Arthur Pretorius + Joshua Thomas	82.65	111.80	194.45	200	460.0	485.0	500.0	<b>500.0</b>	334.590	292.822	<b>313.706</b>
<b>4</b>	04/07/2015	Neville Young + Kyle Mew	85.40	102.75	188.15	200	380.0	450.0	470.0	<b>470.0</b>	308.599	283.058	<b>295.829</b>
<b>5</b>	04/07/2015	Andrew Ramsay + Sergio de Costa	76.50	101.10	177.60	200	400.0	445.0	467.5	<b>467.5</b>	328.627	283.292	<b>305.959</b>
<b>6</b>	04/07/2015	Jean-Arthur Pretorius + Conrad Dippenaar	81.35	79.15	160.50	200	400.0	450.0	465.0	<b>465.0</b>	314.168	319.619	<b>316.893</b>
<b>7</b>	04/07/2015	Jared Dallas + Marc Steinhobel	93.45	90.95	184.40	200	400.0	430.0	462.5	<b>462.5</b>	289.877	293.702	<b>291.789</b>
<b>8</b>	04/07/2015	Zander Worst + Uno Mduladlo	104.25	89.00	193.25	200	400.0	450.0	-460.0	<b>450.0</b>	269.583	288.933	<b>279.258</b>
<b>9</b>	23/07/2016	Adrian Smith + Shau Mafuna	91.35	78.45	169.80	200	385.0	405.0	420.0	<b>420.0</b>	266.134	290.349	<b>278.242</b>
<b>10</b>	04/07/2015	Eric Kobal + Shaun	96.95	100.80	197.75	200	350.0	390.0	410.0	<b>410.0</b>	252.753	248.736	<b>250.745</b>
<b>11</b>	04/07/2015	Ray Norman + Craig Masson	74.70	108.70	183.40	200	350.0	390.0	405.0	<b>405.0</b>	289.395	239.225	<b>264.310</b>
<b>12</b>	29/05/2016	Sarel Gadney + Zane Haasbroek	80.45	92.90	173.35	200	380.0	390.0	400.0	<b>400.0</b>	272.120	251.404	<b>261.762</b>
<b>13</b>	29/05/2016	Kamal Mistry + Mkhulisi Mabuza	76.10	82.05	158.15	200	300.0	330.0	370.0	<b>370.0</b>	261.017	248.682	<b>254.850</b>
<b>14</b>	04/07/2015	Chris Carreira + Luke Routier	73.00	80.25	153.25	200	320.0	330.0	350.0	<b>350.0</b>	254.225	238.476	<b>246.351</b>
<b>15</b>	23/07/2016	Joshua Maserow + Adrian Maserow	89.45	76.40	165.85	200	250.0	270.0	300.0	<b>300.0</b>	192.120	211.070	<b>201.595</b>
<b>16</b>	23/07/2016	Munashe Mhere + Ian Parson	87.85	82.45	170.30	200	250.0	270.0	280.0	<b>280.0</b>	181.017	187.642	<b>184.329</b>
<b>17</b>	23/07/2016	Rodney Anthony + Keaton Anthony	98.70	79.35	178.05	200	190.0	210.0	230.0	<b>230.0</b>	140.722	157.836	<b>149.279</b>

<b>1</b>	04/07/2015	Henk de Wet + Kyle Noonan	99.70	124.90	224.60	200+	500.0	550.0	575.0	<b>575.0</b>	350.361	327.714	<b>339.037</b>
<b>2</b>	04/07/2015	Chris van der Linde + Raymond van Ryneveld	154.20	116.00	270.20	200+	550.0	560.0	-575.0	<b>560.0</b>	308.639	324.648	<b>316.644</b>
<b>3</b>	23/07/2016	Gareth Cox + Terence Bosman	110.15	105.60	215.75	200+	500.0	550.0	-600.0	<b>550.0</b>	323.536	328.003	<b>325.770</b>
<b>4</b>	04/07/2015	Ruan Roux + Liam Schultz	122.25	117.85	240.10	200+	420.0	480.0	500.0	<b>500.0</b>	286.261	288.707	<b>287.484</b>
<b>5</b>	04/07/2015	Mark Phillips + Clyde Keevy	99.45	110.70	210.15	200+	400.0	465.0	-502.5	<b>465.0</b>	283.623	273.123	<b>278.373</b>
<b>6</b>	04/07/2015	Adrian Smith + Jean van der Have	92.25	116.20	208.45	200+	400.0	-460.0	460.0	<b>460.0</b>	290.089	266.556	<b>278.323</b>
<b>7</b>	04/07/2015	Fanie de Preez + Lance Ceronio	137.80	123.15	260.95	200+	420.0	460.0	-502.5	<b>460.0</b>	257.670	262.943	<b>260.307</b>
<b>8</b>	23/07/2016	Fanie du Preez + Lance Ceronio	130.50	117.25	247.75	200+	425.0	455.0	-465.0	<b>455.0</b>	257.169	263.057	<b>260.113</b>
<b>9</b>	29/05/2016	Adrian Smith + Jean van der Have	91.50	123.15	214.65	200+	400.0	450.0	-487.5	<b>450.0</b>	284.913	257.227	<b>271.070</b>
<b>10</b>	23/07/2016	Eric Kobal + Ruan Roux	99.40	136.00	235.40	200+	300.0	350.0	375.0	<b>375.0</b>	228.775	210.490	<b>219.632</b>

Double Deadlift Rankings

<b>RANKING BY WILKS</b>		<b>Lifters</b>	<b>Weight 1</b>	<b>Weight 2</b>	<b>Comb. Weight</b>	<b>Weight Cat</b>	<b>Deadlift Attempts</b>			<b>TOTAL</b>	<b>Wilks 1</b>	<b>Wilks 2</b>	<b>Average Wilks</b>
<b>1</b>	29/05/2016	Ilona Wilson + Candice Coetzer	56.10	68.10	124.20	150	260.0	280.0	300.0	<b>300.0</b>	352.488	304.259	<b>328.373</b>
<b>2</b>	23/07/2016	Heidi de Mendonca + Angelique van der Westhuizen	72.20	73.00	145.20	150	290.0	305.0	315.0	<b>315.0</b>	306.887	304.672	<b>305.779</b>
<b>3</b>	23/07/2016	Lauren Katz + Giulia Muto	54.25	51.65	105.90	120	200.0	240.0	247.5	<b>247.5</b>	298.542	310.155	<b>304.348</b>
<b>4</b>	04/07/2015	Gabriella de Gouveia + Lauren Hilledge	56.70	59.85	116.55	120	220.0	250.0	265.0	<b>265.0</b>	308.779	296.019	<b>302.399</b>
<b>5</b>	23/07/2016	Kristen Arnesen + Laura de Wet	64.80	71.55	136.35	150	260.0	282.5	287.5	<b>287.5</b>	302.307	281.789	<b>292.048</b>
<b>6</b>	23/07/2016	Nicole Scott + Roelien Watson	74.70	86.90	161.60	150+	300.0	307.7	317.5	<b>317.5</b>	302.589	278.567	<b>290.578</b>
<b>7</b>	29/05/2016	Andrea Peak + Laura Newman	64.50	64.65	129.15	150	260.0	275.0	-295.0	<b>275.0</b>	290.163	289.662	<b>289.913</b>
<b>8</b>	23/07/2016	Sasha Payne + Carol Anthony	60.20	56.95	117.15	120	210.0	242.5	255.0	<b>255.0</b>	283.565	296.104	<b>289.834</b>
<b>9</b>	04/07/2015	Laura de Wet + Sarah Ezzideen	71.55	68.00	139.55	150	250.0	270.0	280.0	<b>280.0</b>	274.438	284.272	<b>279.355</b>
<b>10</b>	23/07/2016	Dale Botha + Lara Taylor	52.70	67.15	119.85	120	220.0	245.0	-257.5	<b>245.0</b>	302.279	250.988	<b>276.634</b>
<b>11</b>	23/07/2016	Mariska Casey + Megan Leighton	52.90	58.85	111.75	120	200.0	215.0	227.5	<b>227.5</b>	279.863	257.480	<b>268.672</b>
<b>12</b>	29/05/2016	Jacqui Rees + Tracy Ludwig	89.00	116.90	205.90	150+	275.0	300.0	320.0	<b>320.0</b>	277.806	257.102	<b>267.454</b>
<b>13</b>	23/07/2016	Jacqui Rees + Tracy Ludwig	89.95	117.85	207.80	150+	290.0	315.0	320.0	<b>320.0</b>	276.564	256.723	<b>266.644</b>
<b>14</b>	04/07/2015	Megan Pascali + Kerri Carreira	57.00	51.95	108.95	120	185.0	202.5	220.0	<b>220.0</b>	255.287	274.464	<b>264.875</b>
<b>15</b>	23/07/2016	Lezaan Jordaan + Roxy Firmani	95.10	72.05	167.15	150+	230.0	260.0	285.0	<b>285.0</b>	241.135	278.043	<b>259.589</b>
<b>16</b>	04/07/2015	Toni Firmani + Roxy Firmani	77.50	62.70	140.20	150	230.0	250.0	255.0	<b>255.0</b>	237.620	274.852	<b>256.236</b>
<b>17</b>	04/07/2015	Elzanne Werth + Michelle de Jongh	71.80	63.55	135.35	150	220.0	245.0	-252.5	<b>245.0</b>	239.573	261.399	<b>250.486</b>
<b>18</b>	23/07/2016	Kaitlyn Burrowes + Caroline Wolf	57.90	61.20	119.10	120	180.0	200.0	220.0	<b>220.0</b>	252.175	241.555	<b>246.865</b>
<b>19</b>	29/05/2016	Gail Mathewson + Maureen Ackerman	69.40	64.60	134.00	150	220.0	240.0	-260.0	<b>240.0</b>	240.190	252.942	<b>246.566</b>
<b>20</b>	23/07/2016	Ronel Reyneke + Candice Firmani	65.40	64.30	129.70	150	190.0	-215.0	215.0	<b>215.0</b>	224.537	227.381	<b>225.959</b>
<b>21</b>	04/07/2015	Giulia Muto + Megan Leighton	51.85	57.30	109.15	120	185.0	-230.0	-230.0	<b>185.0</b>	231.143	213.792	<b>222.467</b>
<b>22</b>	23/07/2016	Mijuane de Wet + Mariska Casey	40.25	52.90	93.15	120	120.0	135.0	150.0	<b>150.0</b>	223.246	184.525	<b>203.886</b>
<b>23</b>	04/07/2015	Candice Firmani + Lauren Katz	64.70	54.55	119.25	120	180.0	-230.0	-230.0	<b>180.0</b>	189.488	216.187	<b>202.838</b>
<b>24</b>	29/05/2016	Nicole Mason + Bianca Gain	75.70	63.80	139.50	150	140.0	170.0	200.0	<b>200.0</b>	189.034	212.758	<b>200.896</b>
<b>25</b>	04/07/2015	Ri-Hanna Vermeulen + Claire Pacariz	77.65	65.30	142.95	150	150.0	200.0	-240.0	<b>200.0</b>	186.156	209.107	<b>197.632</b>
<b>26</b>	23/07/2016	Aley Gain + Bianca Gain	58.60	64.80	123.40	150	165.0	175.0	-185.0	<b>175.0</b>	198.720	184.013	<b>191.367</b>
<b>27</b>	23/07/2016	Caitlin Poxon + Michelle Jansen van Rensburg	65.30	60.20	125.50	150	150.0	160.0	170.0	<b>170.0</b>	177.741	189.043	<b>183.392</b>
<b>28</b>	23/07/2016	Sydney Davison + Heather Tanner	60.40	53.50	113.90	120	130.0	140.0	150.0	<b>150.0</b>	166.375	182.912	<b>174.644</b>
<b>29</b>	04/07/2015	Mijuane de Wet + Carol Anthony	33.80	61.25	95.05	120	100.0	110.0	120.0	<b>120.0</b>	193.483	131.675	<b>162.579</b>
<b>30</b>	23/07/2016	Linda Rubin + Britt Rubin	73.55	49.15	122.70	150	120.0	130.0	140.0	<b>140.0</b>	134.752	182.188	<b>158.470</b>
<b>31</b>	23/07/2016	Jane Constas + Debbie Maserow	64.55	64.45	129.00	150	120.0	130.0	142.5	<b>142.5</b>	150.271	150.444	<b>150.358</b>
<b>32</b>	23/07/2016	Debbie Seccombe + Claire Pacariz	66.40	68.40	134.80	150	110.0	120.0	132.5	<b>132.5</b>	136.847	133.963	<b>135.405</b>

Double Deadlift Rankings

RANKING BY TOTAL WITHIN WEIGHT DIV		Lifters	Weight 1	Weight 2	Comb. Weight	Weight Cat	Deadlift Attempts			TOTAL	Wilks 1	Wilks 2	Average Wilks
1	04/07/2015	Gabriella de Gouveia + Lauren Hilledge	56.70	59.85	116.55	120	220.0	250.0	265.0	265.0	308.779	296.019	302.399
2	23/07/2016	Sasha Payne + Carol Anthony	60.20	56.95	117.15	120	210.0	242.5	255.0	255.0	283.565	296.104	289.834
3	23/07/2016	Lauren Katz + Giulia Muto	54.25	51.65	105.90	120	200.0	240.0	247.5	247.5	298.542	310.155	304.348
4	23/07/2016	Dale Botha + Lara Taylor	52.70	67.15	119.85	120	220.0	245.0	-257.5	245.0	302.279	250.988	276.634
5	23/07/2016	Mariska Casey + Megan Leighton	52.90	58.85	111.75	120	200.0	215.0	227.5	227.5	279.863	257.480	268.672
6	04/07/2015	Megan Pascali + Kerri Carreira	57.00	51.95	108.95	120	185.0	202.5	220.0	220.0	255.287	274.464	264.875
7	23/07/2016	Kaitlyn Burrowes + Caroline Wolf	57.90	61.20	119.10	120	180.0	200.0	220.0	220.0	252.175	241.555	246.865
8	04/07/2015	Giulia Muto + Megan Leighton	51.85	57.30	109.15	120	185.0	-230.0	-230.0	185.0	231.143	213.792	222.467
9	04/07/2015	Candice Firmani + Lauren Katz	64.70	54.55	119.25	120	180.0	-230.0	-230.0	180.0	189.488	216.187	202.838
10	23/07/2016	Mijuane de Wet + Mariska Casey	40.25	52.90	93.15	120	120.0	135.0	150.0	150.0	223.246	184.525	203.886
11	23/07/2016	Sydney Davison + Heather Tanner	60.40	53.50	113.90	120	130.0	140.0	150.0	150.0	166.375	182.912	174.644
12	04/07/2015	Mijuane de Wet + Carol Anthony	33.80	61.25	95.05	120	100.0	110.0	120.0	120.0	193.483	131.675	162.579
1	23/07/2016	Heidi de Mendonca + Angelique van der Westhuizen	72.20	73.00	145.20	150	290.0	305.0	315.0	315.0	306.887	304.672	305.779
2	29/05/2016	Ilona Wilson + Candice Coetzer	56.10	68.10	124.20	150	260.0	280.0	300.0	300.0	352.488	304.259	328.373
3	23/07/2016	Kristen Arnesen + Laura de Wet	64.80	71.55	136.35	150	260.0	282.5	287.5	287.5	302.307	281.789	292.048
4	04/07/2015	Laura de Wet + Sarah Ezzideen	71.55	68.00	139.55	150	250.0	270.0	280.0	280.0	274.438	284.272	279.355
5	29/05/2016	Andrea Peak + Laura Newman	64.50	64.65	129.15	150	260.0	275.0	-295.0	275.0	290.163	289.662	289.913
6	04/07/2015	Toni Firmani + Roxy Firmani	77.50	62.70	140.20	150	230.0	250.0	255.0	255.0	237.620	274.852	256.236
7	04/07/2015	Elzanne Werth + Michelle de Jongh	71.80	63.55	135.35	150	220.0	245.0	-252.5	245.0	239.573	261.399	250.486
8	29/05/2016	Gail Mathewson + Maureen Ackerman	69.40	64.60	134.00	150	220.0	240.0	-260.0	240.0	240.190	252.942	246.566
9	23/07/2016	Ronel Reyneke + Candice Firmani	65.40	64.30	129.70	150	190.0	-215.0	215.0	215.0	224.537	227.381	225.959
10	29/05/2016	Nicole Mason + Bianca Gain	75.70	63.80	139.50	150	140.0	170.0	200.0	200.0	189.034	212.758	200.896
11	04/07/2015	Ri-Hanna Vermeulen + Claire Pacariz	77.65	65.30	142.95	150	150.0	200.0	-240.0	200.0	186.156	209.107	197.632
12	23/07/2016	Aley Gain + Bianca Gain	58.60	64.80	123.40	150	165.0	175.0	-185.0	175.0	198.720	184.013	191.367
13	23/07/2016	Caitlin Poxon + Michelle Jansen van Rensburg	65.30	60.20	125.50	150	150.0	160.0	170.0	170.0	177.741	189.043	183.392
14	23/07/2016	Jane Constas + Debbie Maserow	64.55	64.45	129.00	150	120.0	130.0	142.5	142.5	150.271	150.444	150.358
15	23/07/2016	Linda Rubin + Britt Rubin	73.55	49.15	122.70	150	120.0	130.0	140.0	140.0	134.752	182.188	158.470
16	23/07/2016	Debbie Seccombe + Claire Pacariz	66.40	68.40	134.80	150	110.0	120.0	132.5	132.5	136.847	133.963	135.405
1	29/05/2016	Jacqui Rees + Tracy Ludwig	89.00	116.90	205.90	150+	275.0	300.0	320.0	320.0	277.806	257.102	267.454
2	23/07/2016	Jacqui Rees + Tracy Ludwig	89.95	117.85	207.80	150+	290.0	315.0	320.0	320.0	276.564	256.723	266.644
3	23/07/2016	Nicole Scott + Roelien Watson	74.70	86.90	161.60	150+	300.0	307.7	317.5	317.5	302.589	278.567	290.578
4	23/07/2016	Lezaan Jordaan + Roxy Firmani	95.10	72.05	167.15	150+	230.0	260.0	285.0	285.0	241.135	278.043	259.589

**SA Powerlifting Federation**  
**Double Deadlift - St Stithians HPC, 23 July 2016**  
**DETAILED SCORESHEET - LADIES**

Lifters	Weight 1	Weight 2	Comb. Weight	Deadlift Attempts			TOTAL	Open place	Teen place	Teen + Adult place	Wilks 1	Wilks 2	Average Wilks
				1	2	3							
<b>120kg</b>													
Sasha Payne + Carol Anthony	60.20	56.95	117.15	210.0	242.5	255.0	<b>255.0</b>	1			283.565	296.104	<b>289.834</b>
Lauren Katz + Giulia Muto	54.25	51.65	105.90	200.0	240.0	247.5	<b>247.5</b>	2			298.542	310.155	<b>304.348</b>
Dale Botha + Lara Taylor	52.70	67.15	119.85	220.0	245.0	-257.5	<b>245.0</b>	3			302.279	250.988	<b>276.634</b>
Mariska Casey + Megan Leighton	52.90	58.85	111.75	200.0	215.0	227.5	<b>227.5</b>	4			279.863	257.480	<b>268.672</b>
Kaitlyn Burrowes + Caroline Wolf	57.90	61.20	119.10	180.0	200.0	220.0	<b>220.0</b>	5			252.175	241.555	<b>246.865</b>
Sydney Davison + Heather Tanner	60.40	53.50	113.90	130.0	140.0	150.0	<b>150.0</b>	6	1		166.375	182.912	<b>174.644</b>
Mijuane de Wet + Mariska Casey	40.25	52.90	93.15	120.0	135.0	150.0	<b>150.0</b>	7		1	223.246	184.525	<b>203.886</b>
<b>150kg</b>													
Heidi de Mendonca + Angelique van der Westhuizen	72.20	73.00	145.20	290.0	305.0	315.0	<b>315.0</b>	1			306.887	304.672	<b>305.779</b>
Kristen Arnesen + Laura de Wet	64.80	71.55	136.35	260.0	282.5	287.5	<b>287.5</b>	2			302.307	281.789	<b>292.048</b>
Ronel Reyneke + Candice Firmani	65.40	64.30	129.70	190.0	-215.0	215.0	<b>215.0</b>	3			224.537	227.381	<b>225.959</b>
Aley Gain + Bianca Gain	58.60	64.80	123.40	165.0	175.0	-185.0	<b>175.0</b>	4	1		198.720	184.013	<b>191.367</b>
Caitiin Poxon + Michelle Jansen van Rensburg	65.30	60.20	125.50	150.0	160.0	170.0	<b>170.0</b>	5	2		177.741	189.043	<b>183.392</b>
Jane Constas + Debbie Maserow	64.55	64.45	129.00	120.0	130.0	142.5	<b>142.5</b>	6			150.271	150.444	<b>150.358</b>
Linda Rubin + Britt Rubin	73.55	49.15	122.70	120.0	130.0	140.0	<b>140.0</b>	7			134.752	182.188	<b>158.470</b>
Debbie Seccombe + Claire Pacariz	66.40	68.40	134.80	110.0	120.0	132.5	<b>132.5</b>	8			136.847	133.963	<b>135.405</b>
<b>+150kg</b>													
Jacqui Rees + Tracy Ludwig	89.95	117.85	207.80	290.0	315.0	320.0	<b>320.0</b>	1			276.564	256.723	<b>266.644</b>
Nicole Scott + Roelien Watson	74.70	86.90	161.60	300.0	307.7	317.5	<b>317.5</b>	2			302.589	278.567	<b>290.578</b>
Lezaan Jordaan + Roxy Firmani	95.10	72.05	167.15	230.0	260.0	285.0	<b>285.0</b>	3			241.135	278.043	<b>259.589</b>

**SA Powerlifting Federation**  
**Double Deadlift - St Stithians HPC, 23 July 2016**  
**DETAILED SCORESHEET - MEN**

Lifters	Weight 1	Weight 2	Comb. Weight	Deadlift Attempts			TOTAL	Open place	Teen place	Teen + Adult place	Wilks 1	Wilks 2	Average Wilks
				1	2	3							
<b>150kg</b>													
Andrew Ramsay + Sashen Moodley	74.60	73.85	148.45	380.0	400.0	415.0	<b>415.0</b>	1			296.820	298.946	<b>297.883</b>
Evangelos Sioutas + Cameron Young	72.40	75.60	148.00	220.0	240.0	255.0	<b>255.0</b>	2	1		186.336	180.704	<b>183.520</b>
Dawid Oosthuizen + Jimmy Qiu	74.80	62.25	137.05	200.0	225.0	250.0	<b>250.0</b>	3	2		178.472	206.305	<b>192.389</b>
<b>200kg</b>													
Adrian Smith + Shau Mafuna	91.35	78.45	169.80	385.0	405.0	420.0	<b>420.0</b>	1			266.134	290.349	<b>278.242</b>
Joshua Maserow + Adrian Maserow	89.45	76.40	165.85	250.0	270.0	300.0	<b>300.0</b>	2			192.120	211.070	<b>201.595</b>
Munashe Mhere + Ian Parson	87.85	82.45	170.30	250.0	270.0	280.0	<b>280.0</b>	3	1		181.017	187.642	<b>184.329</b>
Rodney Anthony + Keaton Anthony	98.70	79.35	178.05	190.0	210.0	230.0	<b>230.0</b>	4			140.722	157.836	<b>149.279</b>
<b>200+ kg</b>													
Gareth Cox + Terence Bosman	110.15	105.60	215.75	500.0	550.0	-600.0	<b>550.0</b>	1			323.536	328.003	<b>325.770</b>
Fanie du Preez + Lance Ceronio	130.50	117.25	247.75	425.0	455.0	-465.0	<b>455.0</b>	2			257.169	263.057	<b>260.113</b>
Eric Kobal + Ruan Roux	99.40	136.00	235.40	300.0	350.0	375.0	<b>375.0</b>	3			228.775	210.490	<b>219.632</b>



**SA Powerlifting Federation**  
**Double Deadlift - St Stithians HPC, 23 July 2016**  
**DETAILED SCORESHEET - MIXED COUPLES**

Lifters	Weight 1	Weight 2	Comb. Weight	Deadlift Attempts			TOTAL	Place	Teen place	Teen + Adult place	Wilks 1	Wilks 2	Average Wilks
				1	2	3							
<b>135kg</b>													
Sasha Payne + Gino Alho	60.20	72.40	132.60	240.0	265.0	287.5	<b>287.5</b>	1			319.705	210.085	<b>264.895</b>
Jen Moodie + Andrew Ramsay	56.20	74.60	130.80	220.0	245.0	285.0	<b>285.0</b>	2			334.396	203.840	<b>269.118</b>
Britt Rubin + Shau Mafuna	49.15	78.45	127.60	195.0	215.0	237.5	<b>237.5</b>	3			309.069	164.186	<b>236.627</b>
Aley Gain + Dawid Oosthuizen	58.60	74.80	133.40	200.0	220.0	230.0	<b>230.0</b>	4	1		261.175	164.194	<b>212.685</b>
Lauren Jarvis + Ryan Jarvis	64.20	64.75	128.95	165.0	175.0	190.0	<b>190.0</b>	5		1	201.175	151.577	<b>176.376</b>
Heather Tanner + Evangelos Sioutas	53.50	72.40	125.90	150.0	165.0	175.0	<b>175.0</b>	6	2		213.398	127.878	<b>170.638</b>
Mijuane de Wet + Keaton Anthony	40.25	79.35	119.60	120.0	140.0	155.0	<b>155.0</b>	7		2	230.687	106.368	<b>168.528</b>
<b>175kg</b>													
Megan Leighton + Marlon Daniels	58.85	76.60	135.45	220.0	250.0	290.0	<b>290.0</b>	1			328.216	203.675	<b>265.945</b>
Roxy Firmani + Josh Carstens	72.05	89.25	161.30	250.0	270.0	290.0	<b>290.0</b>	2			282.921	185.931	<b>234.426</b>
Kristen Arnesen + Josh Maserow	64.40	89.45	153.85	250.0	270.0	285.0	<b>285.0</b>	3			301.063	182.514	<b>241.788</b>
Mariska Casey + Patrick Casey	52.90	90.00	142.90	230.0	240.0	255.0	<b>255.0</b>	4			313.693	162.790	<b>238.242</b>
Kaitlyn Burrowes + Lukha de Jesus	57.90	114.00	171.90	200.0	220.0	240.0	<b>240.0</b>	5		1	275.100	139.782	<b>207.441</b>
Caitlin Poxon + Munashe Mhere	65.30	87.85	153.15	175.0	202.5	237.5	<b>237.5</b>	6	1		248.315	153.541	<b>200.928</b>
Bianca Gain + Ian Parson	64.80	82.45	147.25	200.0	215.0	235.0	<b>235.0</b>	7	2		247.103	157.485	<b>202.294</b>
Sydney Davison + Cameron Young	60.40	75.60	136.00	180.0	200.0	225.0	<b>225.0</b>	8	3		249.563	159.445	<b>204.504</b>
Claire Pacariz + Henk de Wet	68.40	99.00	167.40	150.0	180.0	220.0	<b>220.0</b>	9			222.429	134.435	<b>178.432</b>
Linda Rubin + Rodney Anthony	73.55	98.70	172.25	165.0	180.0	200.0	<b>200.0</b>	10			192.503	122.367	<b>157.435</b>
Jane Constas + Nick Constas	64.55	78.00	142.55	140.0	160.0	185.0	<b>185.0</b>	11			195.088	128.374	<b>161.731</b>
Debbie Maserow + Adrian Maserow	64.45	76.40	140.85	140.0	160.0	180.0	<b>180.0</b>	12			190.035	126.642	<b>158.339</b>
<b>175+ kg</b>													
Leaan Jordaan + Graham Green	95.10	96.10	191.20	320.0	357.5	377.5	<b>377.5</b>	1			319.398	233.612	<b>276.505</b>
Angelique van der Westhuizen + Terence Bosman	73.00	105.60	178.60	300.0	335.0	375.0	<b>375.0</b>	2			362.704	223.639	<b>293.171</b>
Tracy Ludwig + Lukha de Jesus	117.85	114.00	231.85	310.0	330.0	345.0	<b>345.0</b>	3		1	276.779	200.937	<b>238.858</b>
Karin Nordhoff + Fanie du Preez	71.30	130.50	201.80	235.0	250.0	265.0	<b>265.0</b>	4			260.348	149.780	<b>205.064</b>
Ronel Reyneke + Ruan Roux	65.40	136.00	201.40	220.0	240.0	260.0	<b>260.0</b>	5			271.533	145.940	<b>208.736</b>
Michele Townsend + Eric Kobal	107.80	99.40	207.20	190.0	220.0	240.0	<b>240.0</b>	6			195.998	146.416	<b>171.207</b>