

24/01/2026 2026 Gauteng Classic Bench Press Championships

Classic Bench Men	Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	BP-1	BP-2	BP-3	Best BP	Pl/Div/Cl/Event	Place	IPF GL Points	Qualified for SA Bench
Subjunior															
	Ruben Roodt	Gau	M-SJ-U	62,85	66	12	2010	80,0	90,0	95,0	95,0		1	55,35	Q
	Kuaan van Tonder	Gau	M-SJ-U	72,25	74	16	2010	80,0	85,0	90,0	90,0		1	48,61	Q
	Chris Botha	WC	M-SJ-U	77,10	83	19	2010	105,0	115,0	120,0	120,0	Best Subjunior	1	62,62	Q
	Karel Britz	Gau	M-SJ-U	104,95	105	33	2007	97,5	105,0	107,5	107,5		1	48,15	Q
	Ernst Britz	Gau	M-SJ-U	109,75	120	46	2009	105,0	112,5	117,5	117,5		1	51,56	Q
	Jordan Fine	Gau	M-SJ-U	154,90	120+	43	2008	130,0	142,5	150,0	150,0		1	57,27	Q
Junior															
	Simon Sibanyoni	Gau	M-J-U	57,35	59	11	2005	67,5	72,5	-77,5	72,5		1	44,45	Q
	Reece Livingston	Gau	M-J-U	73,95	74	17	2004	130,0	-135,0	135,0	135,0		1	72,02	Q
	Taai Moodley	Gau	M-J-U	81,10	83	24	2006	120,0	135,0	142,5	142,5	Best Junior	1	72,43	Q
	Purab Shri Macchi	Gau	M-J-U	80,85	83	21	2006	125,0	130,0	140,0	140,0		2	71,28	Q
	Szethyn Fulop	Gau	M-J-U	92,45	93	30	2007	130,0	142,5	145,0	145,0		1	68,99	Q
	Troy Deyzel	Gau	M-J-U	113,20	120	40	2005	155,0	165,0	-170,0	165,0		1	71,40	Q
	Arne Botes	Gau	M-J-U	110,20	120	37	2006	130,0	-142,5	-145,0	130,0		2	56,94	Q
Open															
	Simon Sibanyoni	Gau	M-O-U	57,35	59	11	2005	67,5	72,5	-77,5	72,5		1	44,45	
	Steven Coleman	Gau	M-O-U	62,85	66	13	1979	105,0	0,0		105,0		1	61,18	Q
	Ruben Roodt	Gau	M-O-U	62,85	66	12	2010	80,0	90,0	95,0	95,0		2	55,35	Q
	Reece Livingston	Gau	M-O-U	73,95	74	17	2004	130,0	-135,0	135,0	135,0		1	72,02	Q
	Gerlo Pieters	Gau	M-O-U	70,75	74	14	2004	120,0	130,0	-140,0	130,0		2	71,01	Q
	James Mc Iree	Gau	M-O-U	67,85	74	15	2000	110,0	115,0	-120,0	115,0		3	64,25	Q
	Yaniv Lacob	Gau	M-O-U	73,80	74	18	1974	100,0	107,5	112,5	112,5		4	60,08	Q
	Kuaan van Tonder	Gau	M-O-U	72,25	74	16	2010	80,0	85,0	90,0	90,0		5	48,61	
	Taai Moodley	Gau	M-O-U	81,10	83	24	2006	120,0	135,0	142,5	142,5		1	72,43	Q
	Purab Shri Macchi	Gau	M-O-U	80,85	83	21	2006	125,0	130,0	140,0	140,0		2	71,28	Q
	Ricardo Fitzpatrick	Gau	M-O-U	77,15	83	22	1980	130,0	135,0	0,0	135,0		3	70,43	Q
	Chris Botha	WC	M-O-U	77,10	83	19	2010	105,0	115,0	120,0	120,0		4	62,62	Q
	Richard Boys	Gau	M-O-U	82,40	83	23	1969	85,0	90,0	95,0	95,0		5	47,90	
	Gian Havemann	Gau	M-O-U	90,85	93	20	2000	180,0	190,0	-192,5	190,0	Best Open	1	91,19	Q
	Chadwyn Govington	Gau	M-O-U	86,10	93	27	1985	150,0	160,0	165,0	165,0		2	81,35	Q
	Archie Ayekpa	Gau	M-O-U	88,95	93	25	1985	137,5	147,5	155,0	155,0		3	75,18	Q
	Szethyn Fulop	Gau	M-O-U	92,45	93	30	2007	130,0	142,5	145,0	145,0		4	68,99	QQ

	Ryan Miller	Gau	M-O-U	89,05	93	29	1985	130,0	140,0	-150,0	140,0		5	67,86	Q
	Jerry Botha	Gau	M-O-U	85,45	93	28	1974	115,0	125,0	135,0	135,0		6	66,81	Q
	Carel Jansen	Gau	M-O-U	86,10	93	26	1976	100,0	110,0	115,0	115,0		7	56,70	
	Nkosinathi Ntuli	Gau	M-O-U	100,10	105	35	19997	150,0	160,0	-165,0	160,0		1	73,26	Q
	Cheyne Rahme	Gau	M-O-U	103,55	105	31	1991	145,0	-150,0	152,5	152,5		2	68,73	Q
	Lelethu Shongwe	Gau	M-O-U	101,05	105	34	1991	125,0	135,0	147,5	147,5		3	67,24	Q
	Karel Britz	Gau	M-O-U	104,95	105	33	2007	97,5	105,0	107,5	107,5		4	48,15	
	Patrick Mundell	Gau	M-O-U	100,20	105	36	1959	85,0	90,0	-92,5	90,0		5	41,19	
	Haroun Pietersen	Gau	M-O-U	110,05	120	38	1987	160,0	170,0	172,5	172,5		1	75,60	Q
	Troy Deyzel	Gau	M-O-U	113,20	120	40	2005	155,0	165,0	-170,0	165,0		2	71,40	Q
	Arne Botes	Gau	M-O-U	110,20	120	37	2006	130,0	-142,5	-145,0	130,0		3	56,94	
	Ernst Britz	Gau	M-O-U	109,75	120	46	2009	105,0	112,5	117,5	117,5		4	51,56	
	Ian Furman	Gau	M-O-U	130,90	120+	42	1967	170,0	180,0	185,0	185,0		1	75,27	Q
	Juan Meyer	Gau	M-O-U	145,50	120+	44	1972	150,0	170,0	182,5	182,5		2	71,27	Q
	Stanford Thompson	Gau	M-O-U	175,00	120+	45	2002	160,0	180,0	-200,0	180,0		3	65,99	Q
	Hermanus De Beer	Gau	M-O-U	122,90	120+	41	1970	137,5	147,5	157,5	157,5		4	65,78	Q
	Jordan Fine	Gau	M-O-U	154,90	120+	43	2008	130,0	142,5	150,0	150,0		5	57,27	Q
Master 1															
	Steven Coleman	Gau	M-M1-U	62,85	66	13	1979	105,0	0,0		105,0		1	61,18	Q
	Ricardo Fitzpatrick	NC	M-M1-U	77,15	83	22	1980	130,0	135,0	0,0	135,0		1	70,43	Q
	Chadwyn Govington	Gau	M-M1-U	86,10	93	27	1985	150,0	160,0	165,0	165,0	Best M1	1	81,35	Q
	Archie Ayekpa	Gau	M-M1-U	88,95	93	25	1985	137,5	147,5	155,0	155,0		2	75,18	Q
	Ryan Miller	Gau	M-M1-U	89,05	93	29	1985	130,0	140,0	-150,0	140,0		3	67,86	Q
Master 2															
	Yaniv Lacob	Gau	M-M2-U	73,80	74	18	1974	100,0	107,5	112,5	112,5		1	60,08	Q
	Richard Boys	Gau	M-M2-U	82,40	83	23	1969	85,0	90,0	95,0	95,0		1	47,90	Q
	Jerry Botha	Gau	M-M2-U	85,45	93	28	1974	115,0	125,0	135,0	135,0		1	66,81	Q
	Carel Jansen	Gau	M-M2-U	86,10	93	26	1976	100,0	110,0	115,0	115,0		2	56,70	Q
	Ian Furman	Gau	M-M2-U	130,90	120+	42	1967	170,0	180,0	185,0	185,0	Best M2	1	75,27	Q
	Juan Meyer	Gau	M-M2-U	145,50	120+	44	1972	150,0	170,0	182,5	182,5		2	71,27	Q
	Hermanus De Beer	Gau	M-M2-U	122,90	120+	41	1970	137,5	147,5	157,5	157,5		3	65,78	Q
Master 3															
	Patrick Mundell	Gau	M-M3-U	100,20	105	36	1959	85,0	90,0	-92,5	90,0	Best M3	1	41,19	Q