



# Gauteng Powerlifting Federation

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## MINUTES – ANNUAL GENERAL MEETING

DATE: SUNDAY 2 FEBRUARY 2020 - 14H00

VENUE: College of People Management and Development, 103 William Rd, Norwood, JHB 2192

### 1. ROLL CALL AND RECEPTION OF DELEGATES

#### Attendees:

Cliff Hayim (Chair) - CH

Chantelle du Toit (Vice Chair)

Heather Leighton (Secretary) - HL

Mike Poxon - MP

Sarel Gadney

Sasha Payne - SP

Rodney Anthony - RA

Carol Anthony

Nic Ingel

Megan Leighton - ML

Laura de Wet

Henk de Wet

Kyle Noonan

Ian Furman

Antoinette Kriel

#### Apologies received:

Gail McKenzie-Kerr

Gian Smit (Got Your Six)

Adrian Smith (Powerhouse Powerlifting)

Kelly Loe (Eleven Eleven)

Dan Oppenheim

Sandri van Staden (GNPC)

Glen vd Linde (Rassies)

Helgard Coertze (Chaos)

#### Clubs represented:

Team SGS

Barbell Bullies

School of Strength

Grand Masters Barbell Club

Barbell 1610

The Bar

Emet Gyms



Chairman  
Vice Chairman  
Secretary General  
Treasurer

: Cliff Hayim  
: Chantelle du Toit  
: Heather Leighton  
: Mariska Casey

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## **2. WELCOME**

- a. The notice of the meeting was published on 1 January 2019.
- b. The minutes of the 2019 AGM were accepted without comment.
- c. Reports from Executive Committee:

CH welcomed all present and explained proceedings for the meeting.

HL reported on the new/upgraded referee certifications from Gauteng:

- Jacqui Rees - International Cat II Ref
- Chantelle du Toit – National Ref
- Mike Poxon – Provincial Ref
- Ian Furman – Provincial Ref

It was noted that referees need to be aware of their responsibilities, and make themselves available for duty at Club, Provincial, National and International competitions. We need to have a jury at all National championships, which is only possible if there are enough referees available. Also, if a referee has not been active for a year, they could lose their certification and need to qualify again. All referees are reminded to affiliate with the SAPF each year. All International referees need to renew their certification in 2020 for the next 4 years. Jacqui Rees to be proposed by Gauteng to National Selection Committee

## **3. DEALING WITH SPECIAL NOTICES IF APPLICABLE**

Notice issued on change of venue and change to Agenda – was published and circulated to all clubs on 30 January 2020.

## **4. REVENUE AND EXPENDITURE FROM PREVIOUS YEAR**

HL presented the Income and Expense schedule as at 31 December 2019 (Attached).

The Gauteng ExCo will meet to discuss a budget for projects to be tackled during 2020. All clubs are invited to submit proposals for projects.

Various suggestions from the floor were discussed, including

- a. Purchasing of equipment (racks, bars, weights) for use by affiliated clubs. Quotes to be requested.
- b. Increasing the club affiliation from R200 to R300 for 2020 - agreed
- c. Keep the Gauteng Tshirts as a revenue stream. Rodney Anthony volunteered to manage this.
- d. Sponsor Gauteng tracksuits for development lifters who qualify for provincial colours.

RA mentioned that he organised contributions for the Spotters and Loaders at the Gauteng Champs, which was well received. It was suggested that this become a regular process at Gauteng comps.

## **5. GAUTENG PROVINCE AND BOARD PROCEDURES**

### a. Representation to SA Powerlifting Federation ExCo

Heather Leighton – Vice President of African Powerlifting Federation and Vice President (International) of SAPF

Gail McKenzie-Kerr – SAPF Treasurer and SRSA Development liaison

Cliff Hayim – Secretary General of SAPF

Other office bearers from Gauteng:

Media Officer – Megan Leighton

Selection Committee members – Cliff Hayim, Dan Oppenheim, Megan Leighton, (Jacqui Rees to be proposed)

Webmaster – Cliff Hayim

### b. Constitution

HL noted that the Gauteng Constitution will be brought in line with the SAPF Constitution after the SAPF AGM, at which point the revised SAPF Constitution will be adopted and accepted as the new Gauteng Powerlifting Federation Constitution, (with minor Province-specific changes), which would then be the basis of administering all the activities of the Federation moving.

### c. SAPF funding

SRSA funding for the development programmes is a constant problem, putting the future of the programmes in jeopardy. Gail and Hannie have in the past covered a large part of the development expenses personally, in anticipation of the SRSA funding being received. This is not a sustainable situation and will be tabled for discussion at the SAPF AGM.

### d. Equipment and Attire

The Gauteng Tshirt which was produced last year was very successful. The meeting agreed that this should continue, and the logos of affiliated clubs can be updated each year. Rodney Anthony volunteered to continue with this initiative, with a portion of the proceeds for each shirt to come back to Gauteng – His proposal to be discussed and agreed between RA and the Exco.

### e. Regional Assets

The deployment of the equipment used for Gauteng Champs followed the agreed rule last year, being that it should spend 6 months with the club which brings the most lifters to Gauteng Classic Champs, followed by 6 months to the club which hosts the Gauteng Classic Champs.

### f. Affiliation fees

Gauteng Club affiliation fees are to be increased from R200 per annum to R300, commencing from the date of adoption

### g. Affiliated members

Gauteng had a total of 219 affiliated members in 2019, compared with 282 in 2018.

Count of SID	Column Labels	Black	Coloured	Indian	White	Grand Total
Eastern Cape		6			12	18
Free State				1	14	15
Gauteng		15	7	10	187	219
Female		4	1	1	75	81
Junior					5	5
Master		7			28	35
Open		2	1	1	25	29
Subjunior					7	7
Male		11	6	9	112	138
Junior		7		1	17	25
Master		1	3	1	35	40
Open		7	3	7	49	67
Subjunior		1			11	12
KwaZulu Natal				1	3	4
North West					10	10
Northern Cape					3	3
Western Cape			27		11	38
Grand Total		21	31	12	240	307

#### h. Provincial Colours

CH handed out the latest Gauteng Colours certificates awarded by the Gauteng Sports Confederation, and reminded the meeting of the criteria for these to be awarded. He also noted that we have been told by the Gauteng Sports Confederation to work on having an improvement to our demographics scorecard next year to ensure inclusion and to avoid our requests being rejected due to a lack of colour in our teams. A responsibility and onus lies with Club heads or lifters to submit applications for the award of colours to the Selection Committee within 14 days after achieving the required standard, failing which the application for colours may be forfeited.

Various proposals were discussed around this topic:

- Encourage each affiliated Gauteng club to have at least one sponsored lifter, who they will assist with training, kit, comp fees etc
- Allow clubs willing to host development comps the use of the extra Gauteng equipment

#### i. Regional Colours

The following Gauteng lifters received Protea colours during 2019:

Name	Jun/Senior	Category
Lianka Wurth	Junior	Classic Powerlifting
Wynand Kuhn	Junior	Classic Powerlifting
Erin Collins	Junior	Classic Powerlifting
Tshepo Mulaudzi	Junior	Classic Powerlifting
Marco Vieira	Junior	Classic Powerlifting
Justin Furman	Junior	Classic Powerlifting
Aimee Grefen	Junior	Classic Powerlifting
Ruben van der Linde	Junior	Equipped Bench Press
Karabo Manamela	Junior	Equipped Powerlifting
Tshepo Mulaudzi	Junior	Equipped Powerlifting
Olivia Perotti	Senior	Classic Powerlifting
Tom Wewege	Senior	Classic Powerlifting
Sasha Payne	Senior	Classic Powerlifting
Kyle Noonan	Senior	Equipped Powerlifting
Jacqui Rees	Senior	Equipped Powerlifting

j. Championships

a. National Championships

HL noted that there was some discussion at National level to re-instate the SA Development/Secondary championships. Until this is finalised, the SA Classic Championships need to stay in North West to accommodate the Development lifters.

The SA Equipped Championships and SA Bench Championships will therefore be available for bids from other provinces. At present, only Gauteng and Eastern Cape are capable of hosting a National championship, and the championships will most likely alternate between these two provinces.

HL also noted that the International events to be hosted in SA and published on the IPF Calendar had been awarded to Hannie based on the bids submitted by him to the IPF and APF, and based on past events hosted by him. Anyone wishing to host a future international championship will need to provide a complete proposal to the SAPF for consideration.

b. Provincial Championships

Gauteng Classic Powerlifting, 22 Aug – bid received from School of Strength - accepted

Gauteng Bench, 26 Sept – bid received from Barbell 1610 – accepted

Gauteng Equipped Powerlifting – early 2021, open for bids

c. Club Competitions

The following Club competitions were proposed by the respective club representatives, requesting approval and acceptance to be sanctioned as Gauteng Powerlifting Federation events. All to be included on our National Calendar and marketed through the SAPF National website:

School of Strength – Double Deadlift – 4 April – accepted

School of Strength – Deadliest Deadlift – 4 July – accepted

School of Strength – Clean and Deadlift – 12 September - accepted

Team SAS – Beginner comp, details to follow.

d. Selection criteria, qualifying standards and record standards

No discussion. The Selection Committee and Exco will submit updated Selection Criteria at the SAPF AGM.

**6. ELECTION OF NEW EXECUTIVE COMMITTEE**

Postponed as per special notice and to be reconvened at a meeting to be scheduled.

**7. 2020 YEAR PROGRAM OF EVENTS**

The updated schedule of Gauteng, National and International powerlifting competitions is attached.

## **8. GENERAL**

ML advised that she would like to organise a series of referee clinics, to be held on Saturdays.

- Encourage new referees and existing referees to participate
- to allow for discussion and practice in an informal setting
- can be used as a refresher for existing referees
- can also be used as a rules clinic for new lifters

The meeting was in favour of the idea. ML to provide details.

SP and MP volunteered to assist with Gauteng initiatives and workload wherever needed.

## **9. CLOSING**

CH closed the meeting at 17h00.

Attachments:

1. Financial Statements
2. 2020 Powerlifting Schedule

## Profit & Loss statement for the period ended 31 December

		2019	2018
<b><u>Revenue</u></b>			
Club Competition fees	Adrian	R 3,000.00	R2,700.00
	Chantelle	R -	R1,550.00
	Dan	R 550.00	R0.00
	Rodney	R 250.00	R1,550.00
Gauteng Bench Press		R 1,750.00	R1,250.00
Gauteng Powerlifting		R 7,500.00	R4,050.00
<b>Total Competition fees</b>		<b>R 13,050.00</b>	<b>R11,100.00</b>
<b>Donations</b>		<b>R 793.50</b>	<b>R2,500.00</b>
<b>Gauteng T-Shirts sold</b>		<b>R 28,815.00</b>	<b>R0.00</b>
Club Affiliations			
- Barbell 1610 (Paid into Gauteng and SAPF accounts)		R 400.00	R200.00
- Eleven Eleven		R 200.00	R0.00
- Gauteng North		R 200.00	R0.00
- GotYourSix		R 200.00	R0.00
- SOS		R 200.00	R200.00
- Barbell Bullies		R 200.00	R0.00
- Performance Purists		R 200.00	R0.00
- Team SG		R 200.00	R0.00
- The Bar Strength Club		R 200.00	R0.00
- The Yard		R 200.00	R0.00
- Rassies Gym		R 200.00	R0.00
- Chaos Club		R 200.00	R0.00
- Powerhouse Club		R 200.00	R200.00
<b>Total Club Affiliation fees</b>		<b>R 2,800.00</b>	<b>R600.00</b>
<b>Gauteng referee registration fee</b>		<b>R 150.00</b>	<b>R0.00</b>
<b>Gauteng Powerlifting portion of annual membership</b>		<b>R 29,600.00</b>	<b>R0.00</b>
<b>TOTAL REVENUE</b>		<b>R 75,208.50</b>	<b>R 14,200.00</b>
<b><u>Expenses</u></b>			
Gauteng Bench Press Contribution	Rodney	R -	-R1,550.00
Life time achievement award trophy		-R 793.50	R0.00
Gauteng T-Shirts: Supply of T-shirts		-R 33,721.14	R0.00
Donation to the SAPF		-R 10,000.00	R0.00
SAPF Affiliation fees		-R 300.00	R0.00
Banner for Gauteng Powerlifting		R -	-R2,173.50
Bank Charges: Nedbank		-R 816.00	-R769.75
<b>TOTAL EXPENSES</b>		<b>-R 45,630.64</b>	<b>-R4,493.25</b>
<b>NET PROFIT FOR THE YEAR</b>		<b>R 29,577.86</b>	<b>R9,706.75</b>

## STATEMENT OF FINANCIAL POSITION as at 31 DECEMBER

	2019	2018
<b>Inventory</b>	<b>R 3,795.00</b>	<b>R0.00</b>
23 Gauteng Powerlifting T-Shirts ordered as extras for SA's. T-Shirts stored with Laura de Wet (Barbell Bullies) @R165 cost price each.		
<b>Debtors</b>		
- Dan since 2017	R -	R700.00
- Gauteng North (Sandri) current	R -	R1,250.00
- SAPF: Gauteng Powerlifting revenue received	R 99,878.89	R116,345.03
	<b>R99,878.89</b>	<b>R118,295.03</b>
 <b>Bank Balance: 31 December</b>	<b>R 69,449.75</b>	<b>R25,350.75</b>
 <b>TOTAL ASSETS</b>	<b>R 173,123.64</b>	<b>R 143,645.78</b>
 <b>EQUITY</b>		
Accumulated profits at the start of the year	R 143,545.78	R133,839.03
Plus: Net Profit for the Year	R 29,577.86	R9,706.75
<b>Total Retained Earnings</b>	<b>R 173,123.64</b>	<b>R 143,545.78</b>
 <b>LIABILITIES</b>		
<b>Creditors</b>		
- Adrian Smith of 2018 club membership fee	R -	R100.00
 <b>TOTAL LIABILITIES</b>	<b>R -</b>	<b>R 100.00</b>
 <b>TOTAL EQUITY AND LIABILITIES</b>	<b>R 173,123.64</b>	<b>R 143,645.78</b>



# 2020 Powerlifting Calendar

January	February	March	April	May	June	July	August	September	October	November	December
1 We New Year's Day	1 Sa Gauteng and EC Equipped	1 Su	1 We	1 Fr	1 Mo	1 We	1 Sa	1 Tu	1 Th	1 Su	1 Tu
2 Th	2 Su	2 Mo	2 Th	2 Sa	2 Tu	2 Th	2 Su	2 We	2 Fr	2 Mo	2 We
3 Fr	3 Mo	3 Tu	3 Fr	3 Su	3 We	3 Fr	3 Mo	3 Th	3 Sa	3 Tu	3 Th
4 Sa	4 Tu	4 We	4 Sa SOS Double DL	4 Mo	4 Th	4 Sa SOS Deadly DL	4 Tu	4 Fr	4 Su	4 We	4 Fr
5 Su	5 We	5 Th	5 Su	5 Tu	5 Fr	5 Su	5 We	5 Sa	5 Mo	5 Th	5 Sa
6 Mo	6 Th	6 Fr	6 Mo	6 We	6 Sa	6 Mo	6 Th	6 Su	6 Tu	6 Fr	6 Su
7 Tu	7 Fr	7 Sa	7 Tu	7 Th	7 Su	7 Tu	7 Fr	7 Mo	7 We	7 Sa	7 Mo
8 We	8 Sa	8 Su	8 We	8 Fr	8 Mo	8 We	8 Sa	8 Tu	8 Th	8 Su	8 Tu
9 Th	9 Su	9 Mo	9 Th	9 Sa	9 Tu	9 Th	9 Su	9 We	9 Fr	9 Mo	9 We
10 Fr	10 Mo	10 Tu	10 Fr	10 Su	10 We	10 Fr	10 Mo	10 Th	10 Sa	10 Tu	10 Th
11 Sa	11 Tu	11 We	11 Sa	11 Mo	11 Th	11 Sa	11 Tu	11 Fr	11 Su	11 We	11 Fr
12 Su	12 We	12 Th	12 Su	12 Tu	12 Fr	12 Su	12 We	12 Sa	12 Mo	12 Th	12 Sa
13 Mo	13 Th	13 Fr	13 Mo	13 We	13 Sa	13 Mo	13 Th	13 Su	13 Tu	13 Fr	13 Su
14 Tu	14 Fr	14 Sa	14 Tu	14 Th	14 Su	14 Tu	14 Fr	14 Mo	14 We	14 Sa	14 Mo
15 We	15 Sa	15 Su	15 We	15 Fr	15 Mo	15 We	15 Sa	15 Tu	15 Th	15 Su	15 Tu
16 Th	16 Su	16 Mo	16 Th	16 Sa	16 Tu	16 Th	16 Su	16 We	16 Fr	16 Mo	16 We
17 Fr	17 Mo	17 Tu	17 Fr	17 Su	17 We	17 Fr	17 Mo	17 Th	17 Sa	17 Tu	17 Th
18 Sa	18 Tu	18 We	18 Sa	18 Mo	18 Th	18 Sa	18 Tu	18 Fr	18 Su	18 We	18 Fr
19 Su	19 We	19 Th	19 Su	19 Tu	19 Fr	19 Su	19 We	19 Sa	19 Mo	19 Th	19 Sa
20 Mo	20 Th	20 Fr	20 Mo	20 We	20 Sa	20 Mo	20 Th	20 Su	20 Tu	20 Fr	20 Su
21 Tu	21 Fr	21 Sa	21 Tu	21 Th	21 Su	21 Tu	21 Fr	21 Mo	21 We	21 Sa	21 Mo
22 We	22 Sa	22 Su	22 We	22 Fr	22 Mo	22 We	22 Sa	22 Tu	22 Th	22 Su	22 Tu
23 Th	23 Su	23 Mo	23 Th	23 Sa	23 Tu	23 Th	23 Su	23 We	23 Fr	23 Mo	23 We
24 Fr	24 Mo	24 Tu	24 Fr	24 Su	24 We	24 Fr	24 Mo	24 Th	24 Sa	24 Tu	24 Th
25 Sa	25 Tu	25 We	25 Sa	25 Mo	25 Th	25 Sa	25 Tu	25 Fr	25 Su	25 We	25 Fr
26 Su	26 We	26 Th	26 Su	26 Tu	26 Fr	26 Su	26 We	26 Sa	26 Mo	26 Th	26 Sa
27 Mo	27 Th	27 Fr	27 Mo	27 We	27 Sa	27 Mo	27 Th	27 Su	27 Tu	27 Fr	27 Su
28 Tu	28 Fr	28 Sa	28 Tu	28 Th	28 Su	28 Tu	28 Fr	28 Mo	28 We	28 Sa	28 Mo
29 We	29 Sa	29 Su	29 We	29 Fr	29 Mo	29 We	29 Sa	29 Tu	29 Th	29 Su	29 Tu
30 Th	30 Mo	30 Tu	30 Th	30 Sa	30 Tu	30 Th	30 Su	30 We	30 Fr	30 Mo	30 We
31 Fr	31 Tu	31 Tu	31 Su	31 Su	31 Tu	31 Fr	31 Mo	31 We	31 Sa	31 Mo	31 Th

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International Champs  
SA National Champs  
Provincial champs and qualifiers (proposed)  
Club Competitions (proposed)

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Dates which are coloured red are deadlines for Preliminary or Final Entries for international comps