

14/02/2026 2026 NW Powerlifting Championships, Fochville

Classic Powerlifting - Men	Name	Team	Div	Bwt - kg	IPF Wt Cts	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best Lifters	Place	IPF GL Points	Qualified for SA Classic
Youth																							
	Jurie Bence	NW	M-Y-U	21,20	30	2019	10,0	12,5	15,0	15,0	10,0	12,5	15,0	15,0	20,0	25,0	30,0	30,0	60,0	1/M-Y-U/30/PL	1	16,84	Q
	John Rudolph	NW	M-Y-U	40,90	44	2014	25,0	45,0	55,0	55,0	25,0	30,0	36,0	30,0	55,0	65,0	80,0	80,0	165,0	1/M-Y-U/44/PL	1	33,24	Q
	Dre Smith	NW	M-Y-U	53,20	59	2013	25,0	45,0	55,0	55,0	25,0	30,0	35,0	30,0	55,0	65,0	80,0	80,0	165,0	1/M-Y-U/59/PL	1	28,86	Q
	Zander Esterhuizen	NW	M-Y-U	68,70	74	2014	25,0	45,0	55,0	55,0	25,0	30,0	36,0	30,0	55,0	65,0	80,0	80,0	165,0	1/M-Y-U/74/PL	1	25,18	Q
Subjunior																							
	Ruben Kruger	NC	M-SJ-U	66,00	66	2010	100,0	120,0	130,0	130,0	77,5	87,5	95,0	87,5	120,0	137,5	147,5	147,5	365,0	1/M-SJ-U/66/PL	1	56,90	Q
	Alrich Bekker	Gau	M-SJ-U	77,80	83	2009	160,0	175,0	185,0	185,0	130,0	140,0	140,0	130,0	200,0	215,0	220,0	215,0	530,0	1/M-SJ-U/83/PL	1	75,82	Q
	Mark Forget	Gau	M-SJ-U	74,15	83	2010	140,0	155,0	160,0	160,0	65,0	80,0	85,0	85,0	170,0	200,0	200,0	170,0	415,0	2/M-SJ-U/83/PL	2	60,86	Q
	Ernst Britz	Gau	M-SJ-U	111,60	120	2009	140,0	160,0	180,0	180,0	100,0	115,0	125,0	125,0	160,0	180,0	200,0	200,0	505,0	1/M-SJ-U/120/PL	1	60,63	Q
	Hendre Ackerman	FS	M-SJ-U	134,20	120+	2009	170,0	185,0	190,0	190,0	85,0	95,0	100,0	100,0	160,0	180,0	190,0	190,0	480,0	1/M-SJ-U/120+/PL	1	53,22	Q
Junior																							
	Lethogonolo Zenzile	NW	M-J-U	58,95	59	2006	100,0	115,0	120,0	120,0	55,0	65,0	70,0	70,0	170,0	180,0	190,0	180,0	370,0	1/M-J-U/59/PL	1	61,25	Q
	Gerlo Pieters	Gau	M-J-U	72,65	74	2004	160,0	167,5	177,5	177,5	130,0	135,0	140,0	140,0	200,0	215,0	222,5	222,5	540,0	1/M-J-U/74/PL	1	80,04	Q
	Mokgethi Nthako	NW	M-J-U	72,15	74	2003	135,0	145,0	170,0	145,0	95,0	110,0	120,0	120,0	150,0	200,0	220,0	220,0	485,0	2/M-J-U/74/PL	2	72,15	Q
	Katlego Kgampe	NW	M-J-U	67,45	74	2003	90,0	120,0	135,0	135,0	70,0	90,0	105,0	90,0	170,0	200,0	210,0	210,0	435,0	3/M-J-U/74/PL	3	67,04	Q
	Amani Thiongo	Gau	M-J-U	73,50	74	2002	125,0	135,0	145,0	145,0	90,0	97,5	105,0	97,5	155,0	167,5	177,5	167,5	410,0	4/M-J-U/74/PL	4	60,40	Q
	Tshepiso Masiza	NW	M-J-U	81,45	83	2005	185,0	200,0	212,5	200,0	130,0	142,5	145,0	142,5	255,0	270,0	0,0	255,0	597,5	1/M-J-U/83/PL	1	83,50	Q
	Lesego Ramolapong	NW	M-J-U	75,95	83	2004	120,0	135,0	137,5	137,5	70,0	85,0	87,5	87,5	165,0	167,5	0,0	167,5	392,5	3/M-J-U/83/PL	2	56,85	Q
	Nicholas van der Walt	Gau	M-J-U	84,15	93	2004	185,0	197,5	205,0	205,0	110,0	117,5	120,0	117,5	200,0	225,0	232,5	232,5	555,0	1/M-J-U/93/PL	1	76,30	Q
	Tiaan Bester	NW	M-J-U	88,60	93	2004	180,0	200,0	216,0	200,0	120,0	130,0	136,0	130,0	190,0	205,0	220,0	220,0	550,0	2/M-J-U/93/PL	2	73,69	Q
	Malvern Gundumure	Gau	M-J-U	104,85	105	2003	200,0	212,5	230,0	212,5	140,0	150,0	160,0	150,0	225,0	225,0	247,5	247,5	610,0	1/M-J-U/105/PL	1	75,36	Q
	Kean Geustyn	FS	M-J-U	98,30	105	2006	182,5	190,0	0,0	182,5	125,0	125,0	130,0	130,0	220,0	235,0	0,0	235,0	547,5	2/M-J-U/105/PL	2	69,73	Q
	Hanno Britz	Gau	M-J-U	102,45	105	2007	140,0	147,5	157,5	157,5	100,0	102,5	102,5	100,0	160,0	170,0	175,0	175,0	432,5	3/M-J-U/105/PL	3	54,02	Q
	Neal Goosen	Gau	M-J-U	128,45	120+	2003	250,0	270,0	0,0	270,0	150,0	165,0	172,5	172,5	250,0	275,0	285,0	285,0	727,5	1/M-J-U/120+/PL	1	82,14	Q
Open																							
	Gerlo Pieters	Gau	M-O-U	72,65	74	2004	160,0	167,5	177,5	177,5	130,0	135,0	140,0	140,0	200,0	215,0	222,5	222,5	540,0	1/M-O-U/74/PL	1	80,04	Q
	Thabang Motloung	Gau	M-O-U	79,65	83	1988	160,0	182,5	190,0	190,0	120,0	125,0	130,0	130,0	240,0	265,0	0,0	265,0	585,0	1/M-O-U/83/PL	1	82,69	Q
	Daniel Asibe	NW	M-O-U	82,15	83	1995	195,0	205,0	210,0	210,0	115,0	117,5	120,0	117,5	220,0	230,0	0,0	230,0	557,5	2/M-O-U/83/PL	2	77,58	Q
	Mark Hansen	NW	M-O-U	82,40	83	2000	160,0	175,0	185,0	185,0	120,0	135,0	145,0	135,0	180,0	200,0	220,0	220,0	540,0	3/M-O-U/83/PL	3	75,03	Q
	Tian Britz	NW	M-O-U	81,40	83	2001	170,0	175,0	180,0	180,0	107,5	110,0	112,5	112,5	200,0	207,5	207,5	200,0	492,5	4/M-O-U/83/PL	4	68,85	Q
	Gian Havemann	Gau	M-O-U	91,75	93	2000	250,0	270,0	280,0	280,0	180,0	190,0	190,0	190,0	280,0	300,0	320,0	320,0	790,0	1/M-O-U/93/PL	1	104,03	Q
	Lucas Koarai	NW	M-O-U	84,60	93	1994	220,0	220,0	230,0	230,0	120,0	130,0	140,0	140,0	240,0	250,0	265,0	265,0	635,0	2/M-O-U/93/PL	2	87,06	Q
	Stephan Fouche	NW	M-O-U	92,45	93	1989	160,0	160,0	185,0	185,0	120,0	140,0	147,5	140,0	200,0	220,0	230,0	230,0	555,0	3/M-O-U/93/PL	3	72,82	Q
	Kerone Naidoo	Gau	M-O-U	90,75	93	1995	145,0	157,5	157,5	145,0	102,5	107,5	107,5	107,5	165,0	185,0	200,0	185,0	437,5	4/M-O-U/93/PL	4	57,92	Q
	Deon Smedley	Gau	M-O-U	95,65	105	1984	220,0	230,0	240,0	240,0	130,0	140,0	145,0	145,0	240,0	250,0	260,0	260,0	645,0	1/M-O-U/105/PL	1	83,24	Q
	Erick Potgieter	NW	M-O-U	118,75	120	1991	185,0	190,0	200,0	200,0	150,0	155,0	160,0	160,0	210,0	0,0		210,0	570,0	1/M-O-U/120/PL	1	66,56	Q
	Nicolas Botha	Gau	M-O-U	111,65	120	1998	170,0	180,0	195,0	180,0	110,0	115,0	120,0	115,0	205,0	230,0	230,0	205,0	500,0	2/M-O-U/120/PL	2	60,02	Q
	Joaquim Gerales	FS	M-O-U	158,12	120+	2000	265,0	280,0	0,0	280,0	155,0	165,0	0,0	165,0	235,0	0,0		235,0	680,0	1/M-O-U/120+/PL	1	70,78	Q
	Stanford Thompson	WC	M-O-U	178,90	120+	2002	170,0	180,0	195,0	180,0	165,0	182,5	190,0	190,0	185,0	195,0	205,0	205,0	575,0	2/M-O-U/120+/PL	2	57,36	Q
Master 2																							
	Glen van der Linde	Gau	M-M2-U	73,45	74	1971	130,0	140,0	0,0	140,0	110,0	115,0	120,0	120,0	130,0	140,0	0,0	140,0	400,0	1/M-M2-U/74/PL	1	58,95	Q
	Carel Jansen	Gau	M-M2-U	84,75	93	1976	145,0	157,5	162,5	162,5	107,5	115,0	120,0	115,0	190,0	210,0	217,5	217,5	495,0	1/M-M2-U/93/PL	1	67,80	Q
	Pieter Schoeman	FS	M-M2-U	114,55	120	1969	170,0	180,0	0,0	180,0	110,0	125,0	135,0	135,0	180,0	190,0	200,0	190,0	505,0	1/M-M2-U/120/PL	1	59,92	Q
	Madikane Faku	NW	M-M2-U	122,55	120+	1975	220,0	230,0	245,0	245,0	80,0	85,0	95,0	95,0	270,0	285,0	295,0	295,0	635,0	U/120+/PL	1	73,15	Q
	Warren Bakos	Gau	M-M2-U	134,50	120+	1972	150,0	157,5	162,5	162,5	92,5	100,0	105,0	105,0	180,0	195,0	207,5	207,5	475,0	U/120+/PL	2	52,62	Q
Master 3																							
	Tommy De Nysschen	NC	M-M3-U	78,45	83	1963	100,0	0,0		100,0	120,0	130,0	140,0	140,0	100,0	0,0		100,0	340,0	1/M-M3-U/83/PL	1	48,43	Q
Master 4																							
	Howard Rybko	Gau	M-M4-U	79,65	83	1956	87,5	92,5	97,5	97,5	42,5	50,0	52,5	50,0	165,0	180,0	187,5	187,5	335,0	1/M-M4-U/83/PL	1	47,35	Q

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Classic Powerlifting - Women	Name	Team	Div	Bwt - kg	IPF Wt CIs	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best Lifters	Place	IPF GL Points	Qualified for SA Classic	
Youth																								
	Persais Serge	Gau	F-Y-U	63,35	69	2015	60,0	67,5	72,5	72,5	20,0	25,0	27,5	27,5	65,0	70,0	77,5	77,5	177,5	Best Youth	1	38,70	Q	
Open																								
	Pontsho Sibanyoni	Gau	F-O-U	66,25	69	1996	82,5	90,0	92,5	92,5	32,5	37,5	40,0	40,0	95,0	100,0	110,0	110,0	242,5		1	51,43	Q	
	Sade Zelerize Gertze	Gau	F-O-U	75,25	76	1988	60,0	75,0	90,0	90,0	40,0	-56,0	-56,0	40,0	90,0	112,5	-117,5	112,5	242,5		1	48,04		
	Yvonne Funk	Gau	F-O-U	83,75	84	1993	130,0	140,0	150,0	150,0	75,0	80,0	85,0	85,0	140,0	150,0	160,0	160,0	395,0		1	74,68	Q	
	Monique Slabbert	Gau	F-O-U	80,60	84	1998	120,0	127,5	-132,5	127,5	60,0	65,0	67,5	67,5	120,0	135,0	142,5	142,5	337,5		2	64,82	Q	
	Olivia Perotti	Gau	F-O-U	93,50	84+	1989	185,0	195,0	205,0	205,0	97,5	102,5	105,0	105,0	175,0	185,0	195,0	195,0	505,0	Best Open	1	91,85	Q	
Master 1																								
	Lucy Marutle	Gau	F-M1-U	62,50	63	1978	60,0	67,5	70,0	70,0	30,0	37,5	40,0	40,0	90,0	-107,5	107,5	107,5	217,5	Best M1	1	47,83	Q	
Master 3																								
	Joanne Cooper	Gau	F-M3-U	74,00	76	1964	55,0	62,5	67,5	67,5	32,5	37,5	-40,0	37,5	75,0	87,5	92,5	92,5	197,5	Best M3	1	39,44	Q	

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Equipped Powerlifting - Women	Name	Team	Div	Bwt - kg	IPF Wt CIs	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best Lifters	Place	IPF GL Points	Qualified for SA Equipped	
Open																								
	V'Leen Serge	Gau	F-O	77,85	84	1986	130,0	0,0		130,0	65,0	0,0		65,0	120,0	140,0	160,0	160,0	355,0	1/F-O/84/PL	1	57,63	Q	
	Olivia Perotti	Gau	F-O	93,50	84+	1989	185,0	195,0	205,0	205,0	97,5	102,5	105,0	105,0	175,0	185,0	195,0	195,0	505,0	1/F-O/84+/PL	1	76,37	Q	
	Lauren Jones	Gau	F-O	114,95	84+	1977	150,0	160,0	170,0	170,0	85,0	90,0	0,0	90,0	160,0	175,0	-185,0	175,0	435,0	2/F-O/84+/PL	2	62,07	Q	
Master 1																								
	V'Leen Serge	Gau	F-M1	77,85	84	1986	130,0	0,0		130,0	65,0	0,0		65,0	120,0	140,0	160,0	160,0	355,0	1/F-M1/84/PL	1	57,63	Q	
	Lauren Jones	Gau	F-M1	114,95	84+	1977	150,0	160,0	170,0	170,0	85,0	90,0	0,0	90,0	160,0	175,0	-185,0	175,0	435,0	1/F-M1/84+/PL	1	62,07	Q	

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Equipped Powerlifting - Men	Name	Team	Div	Bwt - kg	IPF Wt CIs	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best Lifters	Place	IPF GL Points	Qualified for SA Equipped
Subjunior	Ernst Britz	Gau	M-SJR	111,60	120	2009	140,0	160,0	180,0	180,0	100,0	115,0	125,0	125,0	160,0	180,0	200,0	200,0	505,0	1/M-SJR/120/PL	1	50,26	Q
Junior	Hanno Britz	Gau	M-JR	102,45	105	2007	140,0	147,5	157,5	157,5	100,0	-102,5	-102,5	100,0	160,0	170,0	175,0	175,0	432,5	1/M-JR/105/PL	1	44,71	Q
Open	Daniel Asiwe	NW	M-O	82,15	83	1995	195,0	205,0	210,0	210,0	115,0	117,5	-120,0	117,5	220,0	230,0	0,0	230,0	557,5	1/M-O/83/PL	1	64,77	Q
Master 1	Edlyn Serge	Gau	M-M1	115,00	120	1984	160,0	0,0		160,0	130,0	0,0		130,0	210,0	0,0		210,0	500,0	1/M-M1/120/PL	1	49,14	Q
Master 3	Tommie de Nysschen	NC	M-M3	78,45	83	1963	100,0	0,0	0,0	100,0	150,0	160,0	-170,0	160,0	100,0	0,0	0,0	100,0	360,0	1/M-M3/83/PL	1	43,00	Q