

OPEN DEADLIFT CHAMPIONSHIPS, ST STITHIANS 24/09/2016
DETAILED SCORESHEET - LADIES

PL.	Lifters	BY	Nation	Weight	All Deadlifts			Place	TOTAL	Wilks
					1	2	3			
Open										
57kg										
1.	Ilona Wilson	1977	Yard	56.85	130.00	140.00	145.00	1	145.0	168.6049
2.	Carol Anthony	1966	School of Strength	56.90	120.00	132.50	-135.00	2	132.5	153.9639
63kg										
1.	Kristen Arnesen	1986	Barbell Bullies	62.40	130.00	160.00	-170.00	1	160.0	173.0859
2.	Megan Leighton	1996	School of Strength	59.95	132.50	142.50	-147.50	2	142.5	158.974
3.	Sasha Payne	1995	School of Strength	59.95	120.00	127.50	135.00	3	135.0	150.607
4.	Eleanor Little	1973		61.95	90.00	100.00	110.00	4	110.0	119.6552
5.	Janice Wagner	1976		61.65	90.00	100.00	-110.00	5	100.0	109.1822
6.	Taryn Lipshitz	1982	School of Strength	59.10	80.00	90.00	100.00	6	100.0	112.805
72kg										
1.	Candice Coetzer	1985	Yard	70.05	165.00	-172.50	172.50	1	172.5	171.5261
2.	Debbie McAlpine	1976	Yard	68.95	130.00	-137.50	-137.50	2	130.0	130.6959
3.	Aimee Joseph	1980	School of Strength	66.10	105.00	115.00	125.00	3	125.0	129.5283
4.	Gaynor Cripps	1976	Barbell 1610	67.80	105.00	115.00	122.50	4	122.5	124.6302
5.	Zanele Ngwenya	1979	Barbell 1610	68.65	100.00	110.00	120.00	5	120.0	121.0127
6.	Candice Firmani	1967	Barbell Bullies	65.50	105.00	-122.50	-122.50	6	105.0	109.5341
7.	Janet van Aswegen	1980		65.65	90.00	105.00	-115.00	7	105.0	109.3499
8.	Bianca Gain	2001	School of Strength	63.35	90.00	100.00	-110.00	8	100.0	106.9471
+84kg										
1.	Lezaan Jordaan	1995	Barbell Bullies	89.95	150.00	172.50	180.00	1	180.0	155.5674
2.	Jacqui Rees	1980	Barbell 1610	92.55	152.50	160.00	-167.50	2	160.0	136.7225
3.	Megan Brook-Sofianos	1992	Barbell 1610	101.75	105.00	112.50	115.00	3	115.0	95.27643
SubJunior										
72kg										
1.	Bianca Gain	2001	School of Strength	63.35	90.00	100.00	-110.00	1	100.0	106.9471
Junior										
63kg										
1.	Megan Leighton	1996	School of Strength	59.95	132.50	142.50	-147.50	1	142.5	158.974
2.	Sasha Payne	1995	School of Strength	59.95	120.00	127.50	135.00	2	135.0	150.607
72kg										
1.	Bianca Gain	2001	School of Strength	63.35	90.00	100.00	-110.00	1	100.0	106.9471
+84kg										
1.	Lezaan Jordaan	1995	Barbell Bullies	89.95	150.00	172.50	180.00	1	180.0	155.5674
Master I										
63kg										
1.	Eleanor Little	1973		61.95	90.00	100.00	110.00	1	110.0	119.6552
2.	Janice Wagner	1976		61.65	90.00	100.00	-110.00	2	100.0	109.1822
72kg										
1.	Debbie McAlpine	1976	Yard	68.95	130.00	-137.50	-137.50	1	130.0	130.6959
2.	Gaynor Cripps	1976	Barbell 1610	67.80	105.00	115.00	122.50	2	122.5	124.6302
3.	Candice Firmani	1967	Barbell Bullies	65.50	105.00	-122.50	-122.50	3	105.0	109.5341
Master 2										
57kg										
2.	Carol Anthony	1966	School of Strength	56.90	120.00	132.50	-135.00	2	132.5	153.9639

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Best Lifters

DETAILED SCORESHEET - MEN

PL.	Lifters	BY	Nation	Weight	All Deadlifts			Place	TOTAL	Wilks
					1	2	3			
Open										
83kg										
1.	Mark Pettit	1982		82.00	200.00	230.00	250.00	1	250.0	168.0906
2	Shau Mafuna	1993	School of Strength	78.45	200.00	215.00	-222.50	2	215.0	148.6311
3	Alexander Shomalistos	1991	School of Strength	79.55	210.00	-230.00	-230.00	3	210.0	143.8798
93kg										
1.	Jean-Arthur Pretorius	1992	School of Strength	84.95	265.00	282.50	-290.00	1	282.5	186.0432
2	Chris Forget	1979		84.40	200.00	215.00	230.00	2	230.0	152.0325
3	Gary Garcia	1991		85.35	180.00	190.00	-195.00	3	190.0	124.7941
4	Justin Furman	2001	GMBC	86.45	100.00	115.00	125.00	4	125.0	81.51777
120kg										
1.	Michael Klinck	1991	School of Strength	106.45	200.00	220.00	232.50	1	232.5	138.277
2	Anthony van Vuuren	1977	Barbell Bullies	118.95	160.00	180.00	200.00	2	200.0	115.2226
3	Lukha de Jesus	1999	Barbell 1610	116.40	165.00	172.50	-180.00	3	172.5	99.91438
+ 120kg										
1	Ruan Roux		Barbell Bullies	137.70	260.00	282.50	290.00	1	290.0	162.4625
Sub-Junior										
93kg										
1	Justin Furman	2001	GMBC	86.45	100.00	115.00	125.00	1	125.0	81.51777
120kg										
1	Lukha de Jesus	1999	Barbell 1610	116.40	165.00	172.50	-180.00	1	172.5	99.91438
Junior										
83kg										
1	Shau Mafuna	1993	School of Strength	78.45	200.00	215.00	-222.50	1	215.0	148.6311
93kg										
1	Justin Furman	2001	GMBC	86.45	100.00	115.00	125.00	1	125.0	81.51777
120kg										
1	Lukha de Jesus	1999	Barbell 1610	116.40	165.00	172.50	-180.00	1	172.5	99.91438