

12/09/23 KZN Club Competition Dec 2023

Women - Classic Powerlifting	Name	Div	Bwt - kg	IPF Wt CIs	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best lifters	Place	IPF GL Points
Subjunior	Sarah-Paige Hall	F-SJ-U	56,60	57	2006	75,0	80,0	87,5	87,5	40,0	42,5	45,0	45,0	90,0	95,0	100,0	100,0	232,5		1	54,83
	Kayleigh Tyra Buse	F-SJ-U	59,50	63	2006	95,0	105,0	112,5	112,5	50,0	60,0	62,5	60,0	115,0	130,0	142,5	142,5	315,0	Bets Subjunior	1	71,62
	Ansu Botha	F-SJ-U	73,00	76	2009	90,0	100,0	105,0	105,0	45,0	47,5	50,0	47,5	100,0	110,0	125,0	125,0	277,5		1	55,80
Open	Michelle Howell	F-O-U	74,60	76	1990	85,0	95,0	97,5	97,5	40,0	45,0	47,5	45,0	110,0	120,0	120,0	120,0	262,5	Best Open	1	52,22
	Thembeke Makhubela	F-O-U	114,30	84+	1996	60,0	60,0	90,0	90,0	45,0	47,5	50,0	50,0	110,0	120,0	135,0	135,0	275,0		1	47,56
	Shelaine Singh	F-O-U	96,80	84+	1998	70,0	80,0	90,0	90,0	45,0	50,0	55,0	50,0	105,0	120,0	130,0	130,0	270,0		2	48,59
	Klara Steyn	F-O-U	84,20	84+	1993	75,0	85,0	95,0	95,0	47,5	52,5	55,0	52,5	90,0	100,0	110,0	110,0	257,5		3	48,58
	Kaylee Schutte	F-O-U	102,40	84+	2000	85,0	90,0	95,0	95,0	40,0	45,0	47,5	47,5	100,0	110,0	115,0	115,0	257,5		4	45,64
Master 2	Vanessa Schlebusch	F-M2-U	52,60	57	1970	50,0	55,0	60,0	60,0	42,5	45,0	47,5	45,0	90,0	100,0	105,0	105,0	210,0	Best Master	1	52,51
Men - Classic Powerlifting	Name	Div	Bwt - kg	IPF Wt CIs	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best lifters	Place	IPF GL Points
Subjunior	Aaryan Valjee	M-SJ-U	58,70	59	2008	90,0	105,0	0,0	105,0	67,5	77,5	80,0	77,5	130,0	140,0	145,0	145,0	327,5	Best Subjunior	1	54,34
Junior	Ashmit Sanker	M-J-U	62,00	66	2003	60,0	80,0	80,0	60,0	50,0	55,0	60,0	60,0	120,0	130,0	145,0	145,0	265,0		1	42,70
	Kyle John Martin	M-J-U	106,90	120	2001	180,0	210,0	230,0	230,0	140,0	160,0	175,0	160,0	240,0	260,0	275,0	275,0	665,0	Best Junior	1	81,42
	Shivek Maharaj	M-J-U	122,00	120+	2004	150,0	165,0	175,0	175,0	55,0	70,0	0,0	70,0	170,0	200,0	200,0	170,0	415,0		1	47,90
Open	Jeremiah Naidoo	M-O-U	52,30	53	2000	85,0	100,0	110,0	110,0	65,0	70,0	80,0	70,0	140,0	160,0	170,0	170,0	350,0		1	61,79
	Matt Glasspool	M-O-U	75,10	83	1999	105,0	130,0	150,0	130,0	85,0	100,0	100,0	85,0	150,0	175,0	200,0	200,0	415,0		1	60,46
	Sherally Ali	M-O-U	89,40	93	1995	140,0	160,0	0,0	160,0	125,0	125,0	140,0	125,0	140,0	160,0	200,0	200,0	485,0	Best Open	1	64,69
	Cameron Damon	M-O-U	119,10	120	2000	160,0	170,0	180,0	170,0	110,0	125,0	135,0	135,0	200,0	210,0	220,0	220,0	525,0		1	61,23
Men - Classic Bench Press	Name	Div	Bwt - kg	IPF Wt CIs	Birth Year					BP-1	BP-2	BP-3	Best BP				Best BP	Best lifters	Place	IPF GL Points	
Subjunior	Jack Vaughan-Davies	M-SJ-U	66,80	74	2008					72,5	77,5	77,5	72,5				72,5	Best Subjunior	1	40,85	
Open	Trevolan Jeremy Naicker	M-O-U	82,90	83						140,0	150,0	160,0	160,0				160,0	Best Open	1	80,42	