South African Powerlifting Federation

10/06/2017

School of Strength - Hit a PB FUNraiser

LADIES

Name	YOB	Bwt	Club		PB	SQ-1	SQ-2	SQ-3	PB	BP-1	BP-2	BP-3	PB	DL-1	DL-2	DL-3	
Christi de Jager	1986		SOS	(Eq)	140	140	**150**	**160**	95	85	92.5	~~97.5~~					
Jacqui Rees	1980		1610	(Eq)	170	155	165	**175**	95	90	~~97.5~~	~~97.5~~	170	155	~~172.5~~	**172.5**	
Mariska Casey	1978		SOS						62.5	60	~~65~~	~~65~~					
Laura de Wet	1974		Barbell Bullies						75	72.5	**75**	**77.5**					
Heather Leighton	1964		SOS						20	**20**	**25**	**27.5**	60	**60**	**70**	**80**	
Thalitha de Wet			Barbell Bullies										50	35	45	**50**	
Henk de Wet	1974		Barbell Bullies		220	200	215	**225**	160	140	150	~~160~~	240	230	**260**	**275**	
Michael Klinck	1991		SOS		230	205	225	**235**	160	130	140	150	220	205	**222.5**	**240**	
Gary Garcia	1991				110	100	**112.5**	**120**	100	90	**100**	~~105~~	190	**190**	~~200~~	~~200~~	
Patrick Casey	1972		FYE		140	**140**	**145**	x	85	82.5	**85**	**87.5**	175	170	**180**	x	
Reyneke Jacobsz	2004				40	**40**	**45**	**50**	20	**20**	**25**	**30**	50	**65**	**75**	**75**	**90**
Keaton Anthony	1994		SOS						47.5	45	**47.5**	**52.5**	100	**100**	**110**	**117.5**	