



South African Powerlifting Federation

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2021 World Classic Powerlifting Championships – Manager’s Report

A team of 11 powerlifters competed for South Africa in the IPF World Classic Powerlifting Championships held in Halmstad, Sweden from 23 September to 3 October 2021. The team consisted of 5 female and 6 male lifters, with 5 Subjunior, 1 Junior and 2 Open lifters competing under Protea colours, and 3 Master lifters competing under Federation colours.

Team South Africa won 7 medals in total, set 2 new African records, 1 Commonwealth record, and 6 South African National records.

Medals

The breakdown of medals won by team South Africa is as follows:

	Bronze	Silver	Gold	Count
Squat	1	1		2
Bench	1	1		2
Deadlift	2			2
Total	1			1
Count	5	2		7

President : Johan Smith
Vice President (I) : Heather Leighton
Vice President (N) : Andre Ludik (interim)
Treasurer : Gail McKenzie-Kerr
Secretary General : Cliff Hayim

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Detailed Results

The full results can be found here: <https://www.powerlifting.sport/championships/results/2019-1/world-classic-powerlifting-championships-2021>

Team South Africa's individual results are as follows:

Team South Africa					Results				Medals/placing				Records
First Name	Surname	Gender	Age	Weight Cat	SQ	BP	DL	Total	SQ	BP	DL	Total	
Aimee	Grefen	Female	Subjunior	52kg	100	42,5	120	262,5	4th	5th	4th	5th	
Mijuane	De Wet	Female	Subjunior	63kg	140	65	140	345	Silver	Bronze	Bronze	Bronze	Commonwealth SJ Squat record, African Sunjunior Squat record, SA Junior Squat record, SA Subjunior Squat, Bench press and Total records, SA Subjunior Single-lift Bench Press record
Heike	Groenewald	Female	Subjunior	69kg	85	52,5	130	267,5	7th	5th	4th	6th	SA Subjunior DL record
Sorah	Garber	Female	Open	63kg	130	85	155	370	13th	8th	13th	12th	
Pia	Marangoni	Female	Master 1	76kg	135	67,5	160	362,5	7th	8th	7th	7th	
Conor	Buck	Male	Subjunior	105kg	210	107,5	232,5	550	Bronze	7th	Bronze	4th	
Taariq	Osman	Male	Subjunior	105kg	190	115	215	520	6th	6th	6th	6th	
Justin	Furman	Male	Junior	120kg	255	150	255	650	9th	12th	11th	11th	
Deon	Smedley	Male	Open	93kg	237,5	145	260	642,5	19th	19th	20th	19th	
Craig	Masson	Male	Master 1	105kg	192,5	160	230	582,5	13th	10th	11th	12th	
Ian	Furman	Male	Master 2	120+kg	180	185	200	565	7th	Silver	7th	6th	African M2 Bench Press record

Referees

SAPF President Johan Smith, in his capacity as Technical Chairman of the IPF, oversaw the running of the championships, as well as officiating on the jury. Heather Leighton contributed as a referee and scorer.

From 2022 the World Classic Powerlifting Championships will be split into 3 events, with the SubJunior and Junior Classic Championships combined with the SJ and Junior Equipped Championships. The Classic Masters will also be combined with the Equipped Masters Powerlifting Championships, and so the Classic Open Championships will be a standalone event, to be hosted in South Africa in June.

Heather Leighton (16/10/2021)